





## Natural Landscapes & Gardens of Morocco

18 APR - 9 MAY 2017

Code: 21704

Tour Leaders

Sabrina Hahn

Physical Ratings

Explore Morocco's rich culture in gardening and landscape design, art, architecture & craft in medieval cities with old palaces and sougs, on high mountain ranges and in pre-Saharan desert fortresses.



## Overview

## **Tour Highlights**

- This tour, led by Sabrina Hahn, horticulturalist, garden designer and expert gardening commentator on ABC 720 Perth, is a feast of splendid gardens, great monuments and natural landscapes of Morocco.
- In Tangier, with the assistance of François Gilles, the UK's most respected importer of Moroccan carpets, spend two days visiting a variety of private gardens and learning about the world of Moroccan interiors. François' work has been featured in many publications such as World of Interiors, House & Garden, Sunday Telegraph, and many more.
- While based in a charming dar in Taroudant for 6 days, join renowned French landscape designers Arnaud Maurières and Éric Ossart, exploring their garden projects designed for a dry climate.
- Explore the work of American landscape architect, Madison Cox, with a visit to Pierre Bergé's Villa Léon L'Africain and Villa Mabrouka in Tangier.
- View the stunning garden of Umberto Pasti, a well-known Italian novelist and horticulturalist, whose garden is a 'magical labyrinth of narrow paths, alleyways and walled enclosures'.
- Enjoy lunch at the private residence of Christopher Gibbs, a British antique dealer and collector who was also an influential figure in men's fashion and interior design in 1960s London. His gorgeous cliff-side compound is set in 14 acres of plush gardens.
- In Marrakesh, visit Jardin Majorelle and Bergé's private gardens at Villa Oasis, the palmeraie Jnane Tamsna, and take afternoon tea in the gardens of La Mamounia one of the most famous hotels in the world.
- Wander through the UNESCO World Heritage-listed medinas of Fes and Tetouan.
- Delight all your senses in Marrakesh's teeming, colourful souqs, with their textiles, jewellery, carpets, carved woodwork, acrobats, snake charmers, letter writers and fortune tellers.
- Journey across the pre-Sahara and through huge date palm plantations of verdant oasis river valleys.
- Encounter the rich urban architecture of Andalusian mosques and madrasas, and desert mud-brick qasbas and villages.
- Cross Morocco's majestic Middle, High and Anti Atlas mountain ranges and past small Berber mountain villages.
- Eat fine local food in old palaces whilst listening to exquisite Andalusian music.
- Stay in a charming riad in Fes and a 19th-century palace in Marrakesh both lovingly restored by local artisans and located in the medina.

## 22-day Cultural Garden Tour of Morocco

Overnight Rabat (1 night) • Tangier (3 nights) • Chefchaouen (1 night) • Fes (3 nights) • Merzouga (1 night) • Tineghir (1 night) • Ait Ben Haddu (1 night) • Marrakesh (3 nights) • Taroudant (7 nights)

#### Overview

This 22-day cultural garden tour of Morocco is led by Sabrina Hahn, ABC radio presenter and expert in Australian and Mediterranean gardens. The tour explores the dynamic relationship between Morocco's unique and diverse environments and the country's gardening traditions. It focuses on five key themes: the tradition of the Andalusian courtyard garden; the cultivation of date plantations and palmeraies in the desert and in the south around Marrakesh; the creation of ecologically sustainable desert gardens; the cultivation of gardens and plantations in high mountain locations, and the innovations of expatriates in garden design. We travel from the rich, well-watered coastal plain across the Atlas mountains to the arid pre-



Sahara, and then south for our six-day program with Arnaud Maurières and Éric Ossart to study landscape design and ecology of the Taroudant region. In the grand, medieval Imperial cities of Fes and Marrakesh we will be introduced not only to traditional 'Andalusian' courtyard gardens but also to the latest in garden design. In cosmopolitan Tangiers, Morocco's equivalent of the Côte d'Azur, we explore the wonderful houses and gardens of international expatriates with local expert François Gilles. Beyond the Atlas Mountains we encounter rich palm oases that follow rivers as they snake through the empty desert. These extraordinary 'rivers of green' are complemented by luscious vegetable gardens in small villages. Here we learn how precious water is shared amongst the village farmers. We stay in a desert house before crossing the High Atlas to Marrakesh, the red city of the south. Here we enjoy extraordinary gardens like that of Yves Saint Laurent and Pierre Bergé in which verdant plants contrast with vivid blue buildings. Further south we encounter powerful contrasts between lowland and mountain plantings, observing many of Morocco's unique flora as well as imported and acclimatised specimens. We'll also come to understand how traditional architecture relates to its garden armature, and how contemporary architects, gardeners and plantsmen have adapted traditional relationships to create new, fascinating environments. To complement this fascinating study of the relationship between diverse ecologies and garden design, we'll learn about the unique history of Morocco, its artistic and architectural traditions. Fes is arguably the least changed medieval city in the world, with lovely 15th-century madrasas and funduks (caravanserai). In exploring Morocco's vivid craft traditions, we'll learn how traditional plant dyes are used in carpets, textiles, the colouring of leather and in painting. We'll come to understand the vital influence of Iberia upon Morocco's development and how the countries six great dynasties, the Idrissi, Almoravids, Almohads, Merinids, Sa'adi and Alawi have interacted with Mediterranean Europe. We'll wander through sough selling all manner of wares from fine copper to carved wood, textiles, ceramics and Morocco's ubiquitous carpets and also have ample opportunities to sample Morocco's fine cuisine in a number of carefully selected restaurants.

## Arnaud Maurières and Éric Ossart in Taroudant

"In 2003, Arnaud Maurières and Éric Ossart began designing gardens in southern Morocco. Their career in France had already been rich and varied. They had participated in the beginnings of both the Courson Plant Fair and the Chaumont Garden Festival before creating many innovative French public gardens. Both men have explored the north and south shores of the Mediterranean, collecting baskets, pottery, carpets and tent hangings. They are fascinated by the way people have lived traditionally, simply and ecologically, indoors and out.

Their gardens are all sensuous, taking inspiration from Persian paradise gardens. Arnaud considers that Taroudant, which enjoys both the cooling breezes from the Atlantic Ocean some 40 miles to the west, and the ochre light of the Sahara to the south, is nevertheless essentially Mediterranean, "a world of earth and wind, of farming and irrigation, of fresh running water, of fruit swollen with sugar and sun, and fragrant flowers."

In Taroudant, the pair began specializing in rammed earth construction, building a series of compounds where earthen enclosures create intricate patterns around enclaves of unusual plantings. Houses and gardens interpenetrate; the view opens skywards. These oases are full of warm, vibrant colours, rich fragrance and irregular textures that blur the strongly graphic layout. Their geometries are never severe. Rammed earth is the local vernacular, practised by skilled craftsmen, so that lines are never quite parallel and surfaces usually rough. Flat spaces are constantly subdivided to create mystery, variety and pleasure-giving shade. Yet there is no confusion, all is harmony. Planes, volumes and colours are carefully balanced in the manner of one of the designers' great models, the Mexican architect Luis Barragán. The Brazilian Roberto Burle Marx and Geoffrey Bawa of Sri Lanka have also inspired them."

Louisa Jones, 'Welcome to the Oasis', Garden Illustrated



## Leaders



## Sabrina Hahn

ABC radio presenter & specialist in Australian & Mediterranean garden design with a special love of travel, Sabrina has led many ASA garden tours to France, Italy and Spain since 2008. In 2017, with the assistance of Arnaud Maurières and Éric Ossart she leads a new garden tour to Morocco.

Sabrina first joined ASA in 2008 and has since led numerous garden tours for ASA to Italy, France and Spain. Sabrina has a great passion for plants, gardens and their place in the greater landscape. She explores the relationship between landscape and people's sense of belonging. Sabrina's love of travel to other Mediterranean climates allows her to share her knowledge of gardening in Western Australia with fellow gardening enthusiasts and translate its place in the Australian landscape. Her plant knowledge has been passed down from 3 generations of obsessive gardeners, leaving her in little doubt of what to study as a career path.

Sabrina started her studies in Horticulture at TAFE, graduated to studying Applied Science and later Social Science. Sabrina has been the ABC gardening talkback expert in Western Australia since 1985, when she began her career in Kalgoorlie. Sabrina also writes a weekly column in the West Australian newspaper on all things green. Her aim is to make gardening an entertaining pastime and educate listeners in the importance of creating biodiversity in their own backyards. She believes gardeners have a role to play in becoming caretakers of sustainable landscapes that allows other species to thrive.

Sabrina can be heard on ABC Saturday mornings on 720 from 9-10am and on all local ABC stations during the graveyard shift with Trevor Chappel at 1.30am on Tuesday mornings.

Sabrina has owned and managed a landscaping business, lectured at University, consulted for prison nurseries, local government, private enterprise and set up edible gardens in schools. She is a well known for her direct and humorous MC work and is a sought after guest speaker.

Her latest venture is working with a philanthropic organisation, EON, in remote Aboriginal communities in the Kimberley, setting up edible gardens to ensure children have access to fresh fruit and vegetables. She has worked closely with community elders to collect and grow bush tucker plants to plant out within the schoolgrounds so that elders can teach children the uses of traditional food and medicine. The program has been highly successful; it is in its fourth year and Sabrina and EON are entering their seventh remote school.

Sabrina continues to work as a horticultural consultant and garden designer for many organisations, government and private bodies, but still enjoys travelling to other countries to discover how landscapes influence culture.

Sabrina's website: https://sabrinahahn.com.au



## Combine this tour with

Bulgaria & the Black Sea: Painted Towns, Byzantine Monasteries & Thracian Treasures  $11\ \text{MAY} - 24\ \text{MAY}\ 2017$ 

A Journey through Minoan Crete, Mycenaean Greece and the Classical World  $_{\rm 17~MAY-6~JUN~2019}$ 





## **Itinerary**

The detailed itinerary provides an outline of the proposed daily program. Participants should note that the daily activities described in this itinerary may be rotated and/or modified in order to accommodate changes in opening hours, road conditions, flight schedules etc. Participants will receive a final itinerary together with their tour documents. Meals included in the tour price are indicated in the detailed itinerary where: B= breakfast, L= light lunch or picnic lunch and D= evening meal.

## Rabat - 1 night

Day 1: Tuesday 18 April, Arrive Casablanca - Rabat

- Arrival transfer from Casablanca to Rabat
- Welcome Dinner at the hotel

Our tour commences in Rabat. Upon arrival in Casablanca, participants taking ASA's 'designated' flight will drive by private coach to our hotel in Rabat, the capital of Morocco. Those taking alternative flights should meet the group at Casablanca airport or at the Golden Tulip Farah Rabat Hotel. Tonight we enjoy a welcome dinner at the hotel. (Overnight Rabat) D

## Tangier - 3 nights

Day 2: Wednesday 19 April, Rabat - Tangier

- Royal Palace (exterior)
- Hassan Tower
- Marinid Necropolis of Chellah
- Welcome Drinks at the private home of interior designer François Gilles, Tangier

Rabat is situated on the southern bank of the Bu Regreg River, across from the town of Salé. A Roman town



existed in the vicinity but modern Rabat is a Muslim foundation. The name 'Rabat' comes from the Arabic word *ribat*, which means a fort on the Islamic frontier, usually manned by Muslims as a religious duty. Such a fort existed on the site of modern Rabat by the 10th century. Rabat's earliest monuments built after the Romans, however, date from the Almohad period (1147-1248). The Almohads expanded the settlement by building a *qasba* (kasbah), or fortress, during the reign of 'Abd al-Mu'min, the second leader of the Almohad movement. 'Abd al-Mu'min's grandson, Ya'qub al-Mansur, transformed Rabat into his capital by constructing a six-kilometre defensive wall around the town, and initiating the construction of the huge Hassan Mosque.

We begin today with a visit to the Hassan Mosque and view the exterior of the Royal Palace. The official residence of King Hassan II of Morocco, this sumptuous building is constructed upon the ruins of an 18th-century palace. It is surrounded by vast lawns with various trees and brilliantly coloured flower beds.

All that remains of the Hassan Mosque is a series of huge columns from its hypostyle prayer hall and the huge Hassan Tower, originally the mosque's minaret. The vast size of the Hassan Mosque gives a measure of the ambition of its founder, the Almohad Caliph Abu Yusuf Yaqub al-Mansur; when he died, the mosque, which would have been the largest in the world, was never completed. The minaret (1195-1196), stands to the north of the mosque's forecourt on an axis with its mihrab in order to emphasise the mosque's orientation. It was meant to be one of the highest minarets in the world, although its upper section was never built. The Hassan Tower, with the beautiful decorative screen-work on its upper façade, provided the model for the Giralda of Seville and the minaret of the Kutubiyya Mosque in Marrakesh. The mausoleum of Muhammad V, an example of modern Moroccan architecture, is located at the south end of the Hassan Mosque site.

We then visit the Chellah, a medieval fortified necropolis built on the ruins of the Roman town. Inside are beautifully landscaped gardens with hundreds of flowers that come into bloom during springtime. The result is an amazing variety of scents. We may also view Roman ruins and the remains of a small mosque and madrasa.

Following lunch at a local seafood restaurant we drive from Rabat to Tangier where we shall spend the next three nights at the Hotel El Minzah. Built in the 1930s, this beautiful hotel is decorated in the traditional Moorish style and is surrounded by ample gardens.

Tangier is one of the oldest continuously inhabited cities in Morocco. Founded by the Phoenicians (c.1100 BC) it was subsequently incorporated into the Roman Empire as Tingis, capital of the province of Mauretania Tingitania. With Rome's decline (4th century AD) it became the only surviving Roman town of any consequence in Morocco. Temporarily lost during the Vandal invasions, Tingis was recaptured by the Byzantines in the 6th century.

In the late 7th century, Tingis was captured by Muslim armies and transformed into the garrison and port of Tangier. It served as a stepping-stone for Muslim attacks on the Iberian peninsula (Spain & Portugal). When the Castilians and Portuguese eventually reconquered Iberia and began attacking north Africa, Tangier became a regular victim of Portuguese raids and was finally captured late in the 15th century. The Portuguese monarchy ceded it to Britain in the 17th century as part of the dowry of Catharine of Braganza, wife of Charles II. But the expense of retaining Tangier against constant Muslim attacks persuaded the British to withdraw in 1684 and Tangier again became a Muslim city. Morocco's 'Alawi dynastly added new defences and a *qasba* and Tangier became a small port trading with Cadiz and other Spanish ports. In the 19th century, Tangier became the 'City of the Consuls', the residence of European diplomats and it became an 'international zone' in the early 20th century during the French Protectorate. Tangier gained a shady reputation for espionage, prostitution and drug-smuggling. Since Independence in 1956 the city has been



gradually re-integrated into the Moroccan cultural mainstream, although it still has a large expatriate community, especially of writers, artists and gardeners.

This evening we enjoy welcome drinks with François Gilles, whose home enjoys spectacular views over the Atlantic. François is a London-based interior designer who has been sourcing Moroccan textiles for over 30 years. We shall then enjoy an evening meal at the Hotel El Minzah. (Overnight Tangier) BLD

Day 3: Thursday 20 April, Tangier

- Cape Malabata
- Villa Léon L'Africain: The private gardens of Pierre Bergé
- Anglican Church of St Andrew (gardens, cemetery)
- Gardens of Grand Hotel Villa de France
- Lunch at the Hôtel Nord-Pinus
- Villa Mabrouka: The private gardens of Pierre Bergé
- Private residence of Anna McKew: Afternoon tea and tour of her woodland garden

When, in 1923, Tangier was declared an international zone the city began to attract artists, poets, and philosophers much as the Côte d'Azur did on the other side of the Mediterranean. Henri Matisse, William S. Burroughs, Jean Genet, Paul and Jane Bowles, Tennessee Williams, Patricia Highsmith and Allen Ginsberg were all inspired by Tangier and foreign residents, many of them artists, today own some of its most stylish homes. Foreign residents include the English antiques expert Christopher Gibbs, the Italian interior designer Roberto Peregalli, the American garden designer Madison Cox and French collector and philanthropist Pierre Bergé. "It is alarming," Truman Capote wrote, "the number of travelers who have landed here on a brief holiday, then settled down and let the years go by".

In the company of François Gilles, we begin the day at Cape Malabata, located 6 miles east of Tangier, for a morning view (with the sun behind us) of the Strait of Gibraltar. Returning to the heart of Tangier we visit the private gardens of Villa Léon L'Africain, purchased in 2007 by Pierre Bergé. The villa, built in 1912 and restored by Studio KO, is recognized as the most beautiful example of the French colonial style in Morocco. The gardens, designed by Madison Cox, were inspired by Oliver Messel's film *Suddenly Last Summer*. "Romantic, full and animated with tree ferns, clivia, water papyrus and caladage pebble paving, Bergé's urban refuge is a sophisticated, poetic response to the local palm-tree-and-rosebush school of garden design".

Nearby is the Anglican Church of St Andrew, where many of the colourful British characters who resided in Tangier are buried. Foremost among them was Harry Maclean, a Scotsman who trained and commanded generations of Moroccan soldiers in the late 19th century. When Matisse came to the city in the winter of 1912, he was astonished by the colours and the "decorative force" that came out with the sun. He painted his famous *La Fenêtre à Tanger* from the window of his hotel (room 35); it depicts St Andrew's Church in a field of blue. We shall visit St Andrew's gardens as well as the impressive gardens of Grand Hotel Villa de France.

Following lunch at Hôtel Nord-Pinus, a renovated pasha's palace overlooking Tangier's old port, we visit the gardens of the Villa Mabrouka, former home of Yves Saint Laurent and Pierre Bergé, located on a cliff, overlooking the Strait of Gibraltar and the southern coast of Spain. Landscape architect Madison Cox designed the espalier gardens with towering palms, lemon trees from Italy, and rolling lawns to frame the unfettered views across the sea.

We end our day with afternoon tea at the private residence of Anna McKew, which is surrounded by a



'magical woodland garden'. (Overnight Tangier) BL

## Day 4: Friday 21 April, Tangier

- Cape Spartel Lighthouse
- Private gardens of Umberto Pasti
- Villa Buckingham: The private gardens of Désirée Buckingham
- Lunch at the private residence of Christopher Gibbs
- Private gardens of Veere Greeney
- Private gardens of Claude-Nathalie Thomas
- Afternoon tea at Villa Joséphine

We spend another day with François Gilles visiting private gardens in the lush hills of the area known as la Montagne. It's here that foreign home owners such as Madison Cox tend their magnificent gardens; Tangier is a landscaper's paradise because just about any plant will thrive here.

We begin with a short drive to Cape Spartel, which lies 14 kilometres west of Tangier. This is the northwestern extremity of Africa's Atlantic Coast. A dramatic drive takes us through la Montagne and over the pine-covered headland to the Cape Spartel Lighthouse.

In the Nouvelle-Montagne we visit the stunning residence and garden of Umberto Pasti, a well-known Italian novelist and horticulturalist. "This is a magical labyrinth of narrow paths, alleyways and walled enclosures. Plants of eucalyptus, palms and bitter orange trees provide peaceful shade from the burning rays of the Moroccan sun. Lush vegetation, fountains and frog song are the only sign of life in this world of tranquility".

Nearby, in the Vieille-Montagne (old mountain) we visit the private gardens of Désirée Buckingham. This is a small, secret garden which has a mystical feel.

Lunch will be served at the private residence of Christopher Gibbs, a British antique dealer and collector who was also an influential figure in men's fashion and interior design in 1960s London. His gorgeous cliff-side compound which is set in 14 acres of plush gardens includes a century-old water garden.

Across the road, we visit the home of Veere Greeney, a New Zealand born interior designer, whose garden provides a unique view of Gibraltar. We also visit the private gardens of Claude-Nathalie Thomas, the translator and friend of the late writer Paul Bowles (*Sheltering Sky*).

We end our day with afternoon tea at Villa Joséphine. This stunning Belle Époque home was built in the early 1920s by the famous English journalist, Walter Harris, reputed to be the model for Indiana Jones. Later a pasha's residence, it was converted to a hotel in 2004. The whitewashed villa is renowned for its lush banks of hydrangea and geranium, and an expansive swimming pool overlooking the Strait of Gibraltar. (Overnight Tangier) BL

## Chefchaouen - 1 night

Day 5: Saturday 22 April, Tangier - Tetouan - Chefchaouen

- Medina of Tetouan
- The Royal Artisan School, Tetouan (Dar Sanaa)
- Old Town of Chefchaouen



Today we travel along the picturesque mountain road from Tangier to Chefchaouen, a small town nestling in a deep, narrow valley at the western end of the Rif mountains, where we spend the night.

We break our journey in the city of Tetouan, situated on the slopes of the fertile Martil Valley. Tetouan, from the Berber word *tit'ta'ouin* means 'springs', which explains the greenery of the town, its many fountains, its flowering gardens and its surrounding fertile plains. The city was of particular importance from the 8th century onwards as it served as the main point of contact between Morocco and Andalusia. After the Spanish Reconquest, the town was rebuilt by Andalusian refugees who had been expelled by Isabella and Ferdinand (1492). This is reflected in its art and architecture, which reveal clear Andalusian influences.

Tetouan's ancient walled medina is a UNESCO World Heritage site whose houses reflect a rich aristocratic tradition. Their tiled lintels, wrought-iron balconies, courtyard gardens and extravagant interiors have a lot in common with the old Muslim quarters of Córdoba or Seville. Despite subsequent conquests, the medina has remained largely intact and one of the most complete in Morocco. Inside the medina proper are most of Tetouan's food and crafts souqs, including the Souk el-Hots where Berber rugs and *foutas* (woven cotton cloth) are sold. Throughout Morocco we will find carpets, textiles and leather that are dyed with natural pigments that are derived from indigenous plants. Deftly woven carpets, expertly crafted leatherwork, intricately carved woodwork, superbly tooled metal work, colourful tiles and exquisite ceramics are all to be found in Tetouan. We visit Dar Sanaa, the Royal Artisan School where local children are apprenticed to masters for 4 years of intense training in traditional artisan work (this school is typically closed on weekends, but we can still visit its workshops).

'Chefchaouen' is a Berber name, meaning 'two horns', which refers to two rocky peaks that dominate the town. The town was founded in the 15th century by a descendant of the Prophet, called Mawlay 'Ali ibn Rashid, and refugees from Spain who sought to create a mountain stronghold where they would be safe at last from the Christians. Around 1760 Sultan Mohammed Ben Abdallah (Mohammed III) ordered the Jewish families to move into the medina, their *mellah* (walled Jewish quarter of a city) taking in the area that today encompasses the southern quarter between the *qasba* and Bab el Aïn. Until this century, Chefchaouen was completely closed to Europeans, who risked their lives if they tried to enter its gates.

The Hispanic origin of Chefchaouen's inhabitants is clearly evident in the architecture of this little town which has much in common with villages of southern Spain. Small, whitewashed ochre houses with balconies, windows covered by ornate metal grilles, tiled roofs and Andalusian-style courtyards, pile up upon one another. Chefchaouen's famous shades of blue arose when the Jews added indigo into the whitewash to contrast the *mellah* against the traditional green of Islam. The town's stone-built Friday mosque resembles rural Spanish churches. The focus of town life is the central plaza where the inhabitants promenade in the balmy dusk air. In the early evening there will be an optional walk to explore the old town of Chefchaouen. (Overnight Chefchaouen) BLD

## Fes - 4 nights

Day 6: Sunday 23 April, Chefchaouen – Volubilis – Fes

• Roman Site of Volubilis

Today we travel south from Chefchaouen to Fes via Volubilis. The Roman city of Volubilis was built in the 1st century BC on the site of earlier Prehistoric and Phoenician settlements when Morocco and Algeria were incorporated into the Roman Empire as the client kingdom of Mauretania. The kingdom was ruled by Juba II, the Roman-educated son of its vanquished Berber ruler. Juba II was a classmate of both Octavian and Cleopatra Selene, daughter of Antony and Cleopatra. When Octavian became Augustus, he married Juba II



to Cleopatra Selene, and made them client rulers of Mauretania. They founded two capitals: Iol Caesarea in Eastern Algeria and Volubilis in Morocco. The wealth of Volubilis was based on local production of grain, olive oil and copper which were exported to the rest of the empire.

In 40 AD Caligula had Juba's son, Ptolemy, assassinated. Mauretania went into revolt only to be formally annexed to Rome and made into the directly-governed province of Mauretania Tingitania. The wealth of Volubulis' agricultural hinterland ensured its ongoing importance to the Romans. Despite the shrinking Roman presence in Morocco from the 3rd century onwards, Volubilis probably remained partly Romanised until the 7th century.

We visit the ruins of Volubilis, which is set in broad wheat bearing plains as it was in the Roman period. Its monuments include the well-preserved Basilica and Arch of Caracalla and there is a fine collection of very important Roman mosaic floors. We also explore the House of Orpheus, the Baths of Gallienus, the Forum, the Temple of Saturn and a number of houses. From Volubilis we travel southeast into the fertile Sais plain to the city of Fes, where we shall spend the next few nights. (Overnight Fes) BLD

## Introduction to Fes

Fes is the oldest of Morocco's imperial cities and is still its historic religious and cultural centre. Fes is actually composed of three discrete entities: Fes al-Bali (old Fes), wedged into the narrow valley of the Wad Fes (River Fes); Fes al-Jadid (New Fes), originally a royal complex; and the Ville Nouvelle (New Town), the modern French-built section of the city.

Fes al-Bali, was founded by Idris I around 799. His son, Idris II made Fes his capital in 809 and its population was swelled by immigrants from other Arabo-Islamic lands. Fes soon became an important centre for religious scholarship, commerce and artisanship. Fes benefited from its position at the juncture of land trade routes to and from al-Andalus (Islamic Spain), sub-Saharan Africa and the Islamic east.

The 11th-12th century Almoravid dynasty conquered North Morocco and incorporated Muslim Spain into its empire. Although the Almoravids founded Marrakesh as their capital in 1070, they also built mosques, baths, *funduqs* (multi-storey lodging houses for merchants and their wares), and fountains in Fes. Many Hispano-Muslim artisans moved to Fes to work on Almoravid buildings, which were renowned for their stuccowork decoration.

After 1154 the Almohads gave the city new walls which still define the limits of Fes al-Bali to the present day. The Qarawiyyin Mosque could now hold approximately 20,000 worshippers. The Qarawiyyin is quite different to Hispano-Muslim mosques and medieval European cathedral architecture for despite its vast size it hides within the narrow streets of the city and has no defined exterior or monumental façade.

In the 1240s the Marinid dynasty replaced the Almohads and fought against the Christians in Spain. Moroccan rulers henceforth dedicated themselves to holy war (jihad) against the aggressive Christians. Much of Fes' exquisite architecture dates from the Marinid period (13th-15th century). They amalgamated Moroccan and Hispanic elements in a style subsequently known as 'Andalusian', which remains dominant in Fes and other Moroccan cities to this day. The Marinids built the royal complex of Fes al-Jadid which included palaces, mosques and residential quarters for the sultan's troops. They commissioned a series of palaces and funduqs in Fes al-Bali and introduced the 'madrasa' or theological college to Morocco, constructing a series of wonderful madrasas in Fes. These madrasas have a central courtyard, a prayer hall, and several storeys of student rooms wrapped around the courtyard and prayer hall. They are all decorated in the distinctive registers of carved cedarwood, stuccowork, and mosaic tile, a hallmark of the Moroccan Andalusian style. The Marinids also created the shrine of Idris II.



In the 15th century Morocco broke up into small principalities ruled by strong men able to resist Spanish and Portuguese aggression. Fes' cultural and commercial life was nevertheless enriched by Jewish and Hispano-Muslim migrants fleeing Spain. Fes consequently maintained its religious and cultural importance despite the 16th-century Sa'di dynasty's choice of Marrakesh as their capital. The 'Alawi sultans also recognised the importance of Fes and added palaces, fortifications and the Jewish quarter (mellah).

## Day 7: Monday 24 April, Fes

- Burj al-Janub
- Al-Andalus Mosque
- Sahrij Madrasa
- The Dyers' Street
- The Tanneries
- Sougs of Fes
- Lunch at Le Jardin des Biehn
- Dinner at La Maison Bleue

We start today with a visit to the Burj al-Janub, or South Tower, which gives a panoramic view of Fes from the alternate side to the North Tower. We then explore Fes al-Bali visiting the al-Andalus quarter; Marinid madrasas in the city and the sougs, or markets.

The al-Andalus quarter lies on the eastern side of the Wad Fes, and has its own great mosque with a dramatic monumental gateway with a horseshoe arch. One of the most beautiful Marinid madrasas in Morocco, the Sahrij Madrasa, is located close by. The small, perfectly proportioned courtyard of the madrasa is tiled with turquoise-tinted tiles whose colour is picked up and reflected by the large central pool. This intimate space is enclosed by carved wood screens.

From the Sahrij we descend to the river and cross to the Qarawiyyin quarter of the city to see the street of the dyers and the tanneries. Every morning, when the tanneries are at their most active, cascades of water pour through holes that were once the windows of houses. Here, hundreds of skins lie spread out on the rooftops to dry, while amid the vats of dye and pigeon dung tanners treat the hides. The rotation of colours in the honeycombed vats follows a traditional sequence – yellow (supposedly 'saffron', in fact turmeric), red (poppy), blue (indigo), green (mint) and black (antimony) – although vegetable dyes have largely been replaced by chemicals, to the detriment of workers' health. This 'innovation' and the occasional rinsing machine aside, there can have been little change here since the sixteenth century, when Fes replaced Córdoba as the pre-eminent city of leather production.

During the day we break for lunch at Le Jardin des Biehn, a large Andalusian garden in the middle of the medina, scented by Isfahan roses, jasmine, orange blossom and bergamot. The gardens, surrounded by a former 20th-century summer palace, were redeveloped by Michel Biehn. Its quadrants are divided by mosaic paths, with tingling streams and fountains, and include flowers, aromatic herbs, fruits and vegetables.

Dinner tonight will be at La Maison Bleue restaurant, a traditional Moroccan residence built in 1915 by Sidi Mohammed El Abbadi, a judge and astronomer. (Overnight Fes) BLD

## Day 8: Tuesday 25 April, Fes

• Palace and Andalusian Gardens of Fes, including the Jnane Sbil Garden (Bou Jeloud Garden) & Museum Dar Batha



- Lunch at Restaurant NUR
- Bu 'Inaniyya Madrasa
- Qarawiyyin Mosque (exterior)
- Shrine of Mawlay Idris II (exterior)
- 'Attarin Madrasa
- Fondouk el-Nejjarine

Fes was one of the first cities in the world to build a water distribution network which enabled it to develop the art of gardening. This morning we return to Fes' medina for a walking tour which explores the city's palaces and Andalusian gardens.

The 19th-century Jnane Sbil Park (formerly Bou Jeloud Gardens), covering an area of 7.5 hectares, underwent 4 years of extensive renovations and was reopened in 2012. Renovations works included the rehabilitation of its old and ingenious hydraulic systems (including fountains, *seguias*, channels and *norias*), restoration of the central boulevard and bamboo garden, as well as the creation of the Garden of Scents. The Oued Fes (Fes river) and the Oued Jawahir (river of pearls) flowed through the garden; a water wheel remains as a reminder of how the medieval city provided power to its craftsmen and their workshops.

From Jnane Sbil Gardens we proceed through the vividly decorated Bab Bou Jeloud Gate to Fes al-Bali, unique in its maintenance of an urban plan dating to the ninth century. The narrowness of its steep, winding streets means that motor vehicles may not enter and donkeys, mules and handcarts still transport food and merchandise around the city. Many of the religious, domestic and commercial structures lining the streets date to the fourteenth century, providing a unique insight into the physical experience of living in a medieval city.

In Fes al-Bali we begin with a visit to the Dar Batha Museum, a collection of antique Moroccan woodwork, marblework and other craftwork housed in a converted 'Alawi palace. This museum contains the original carved wood doors of some of Fes' madrasas and a marble doorway from the Sa'di palace in Marrakesh, along with many other artefacts which demonstrate Moroccan adaptation of Hispano-Muslim styles. The palace's garden shaded with citrus trees and perfumed with orange blossom, red roses and sweet-scented jasmine, provided a serene escape from the bustling medina. Its layout is based on the principles of *charbagh* – a Persian-style garden where the quadrilateral layout is divided by walkways or flowing water that intersect at the garden's centre. In Persian, *char* means 'four' and *bagh* means 'garden'. This highly structured geometrical scheme, became a powerful metaphor for the organisation and domestication of the landscape, itself a symbol of political territory. The gardens were restored by landscape architect, Carey Duncan in 2005. Duncan worked with Cotecno and Architect Raffael Gorjux from Italy recreating the Andalusian Garden while keeping existing large trees, but replanting the undergrowth which was either bare or overtaken by weeds, and revitalising the existing planting.

Midday we dine at Restaurant NUR which operates as a venue for an intriguing new visiting-chef-in-residence project. Each visiting chef is invited to create a daily menu based on seasonal produce sourced from Fes's central market or nearby farms. The restaurant is owned by Stephen di Renza, a former fashion director for Neiman Marcus and Bergdorf Goodman, who divides his time between Fes and Marrakesh where he is the creative director for the Jardin Majorelle.

Following lunch we visit the 14th-century Bu 'Inaniyya Madrasa and the 'Attarin Madrasa, built around 1325. The 'Attarin is a relatively small and intimate madrasa decorated with rich tile work. Both madrasas served as residences for students at the great mosques of Fes rather than as teaching centres.

We also visit the Qarawiyyin Mosque and the shrine of Mawlay Idris II. The two buildings form the sacred



core of the city, and the prestigious markets for perfumes, spices and silk garments are located nearby adding pungency and fragrance to the air. Although non-Muslims may not enter these buildings, we can view their interiors through their gateways.

Finally we visit the Fondouk el-Nejjarine, home to the Museum of Wooden Arts and Crafts which showcases the skill of woodcarvers and artists both in the embellishments of the building and the intricately decorated items on display. Various types of timber are used in Moroccan woodcarving, including oak, mahogany, acacia and cedar, with the latter being one of the most popular, most likely due to its availability in Morocco, particularly in the Middle Atlas regions, but also because of its durability, warm shades of color and its texture which is particularly suited to carving. Declared a national monument in 1916, the *funduq* was originally built in the 18th century as a *caravanserai* (roadside inn) where travellers could rest before continuing their, sometimes arduous, journey. These buildings, which are found throughout Morocco, were typically built in a square or rectangular shape around an inner courtyard, usually with a fountain in the middle creating an oasis from the Moroccan heat. (Overnight Fes) BL

## Merzouga - 1 night

Day 9: Wednesday 26 Apri, Fes - Ifrane - Midelt - Merzouga

- Ifrane
- Midelt

Today we travel from Fes to Merzouga, on the edge of the Sahara, through the Middle Atlas mountains. We shall pass through Ifrane, a small mountain town built by the French to escape the summer heat of the plains. The town is famous for its luscious gardens. Just outside Ifrane we drive through huge cedar forests, second only to those of Lebanon. These forests provided the wood to be carved into the magnificent decoration of Moroccan monuments. From Ifrane we will drive to Midelt through some of Morocco's most magnificent scenery in which broad high plains are framed everywhere by snow-capped mountains.

Midelt, where we eat lunch, marks the start of one of the main routes through the eastern High Atlas mountains to the Sahara. This route was carved through the mountains by the Wad Ziz, a river which snakes south alongside the road. As we drive south the cedars and oaks of the north gradually give way to barren rock, clusters of date palms marking water sources, and finally the sand of the desert. We emerge from the mountains into the fertile Ziz Valley down which vast numbers of date palms stretch to the horizon like brilliant green rivers; dates are a Moroccan staple and one of the country's major exports, (Overnight Merzouga) BLD

## Tineghir - 1 night

Day 10: Thursday 27 April, Merzouga - Rissani - Erfoud - Tineghir

- Dawn Camel Excursion (Optional)
- Tomb of Mawlay 'Ali al-Sharif, Rissani
- Rissani Market
- Moroccan khettara

After an optional dawn excursion to the sand dunes of Merzouga to watch the sunrise, we depart for Rissani, the capital of the province of Tafilalt and ancestral home of the 'Alawi dynasty. Rissani lies alongside the ruins of the early Islamic town of Sijilmassa which controlled Moroccan trade with sub-Saharan Africa from the early 8th century until the 14th century. Sijilmassa's vast ruins reflect the wealth of this medieval city, but by the 16th century it was no more than one of a number of fortified mud-brick villages (*qsars*).



These mud-brick villages are composed of many small houses wedged together whose outer walls form a continuous outer rampart through which a single ornate portal provides access to the village. The modern town of Rissani, constructed this century, itself grew out of the largest set of local *gsars*.

The 'Alawi dynasty's founder Mawlay 'Ali al-Sharif died a hero fighting the Portuguese in North Morocco. His tomb in Tafilalt became a local shrine, set amid date palms, irrigation canals and brilliant green *qsar* gardens. We shall visit the mausoleum of Mawlay 'Ali al-Sharif (gardens only) and the Ksar Oulad Abdelhalim, a restored 18th-century kasbah or fortified house. In Rissani's Thursday market, we may view wandering traders, nomads, Berbers and Arab desert dwellers who come to sell all kinds of clothing, wares, plants, spices and vegetables, and animals.

After lunch in Erfoud, we take the Tinjdad road west to the town of Tineghir at the mouth of the Tudgha Gorge. This road marks the start of the Route of the Qasbas, so-called because of the many fortified houses, or *qasbas*, which line its edges. Along the way we stop to view part of the 300-kilometre network of *khettara* (qanat) – subsurface irrigation channels which were excavated in the Tafilalt basin beginning in the late 14th century. More than 75 of these chains provided perennial water following the breakup of the ancient city of Sijilmassa. *Khettara* continued to function for much of the northern oasis until the early 1970s, when new technologies and government policies forced changes. (Overnight Tineghir) BLD

## Ait Ben Haddu - 1 night

Day 11: Friday 28 April, Tineghir - Tudgha Gorge - Taourirt - Ait Ben Haddu

- Qsars of Tineghir
- Tudgha Gorge
- Qasba de Taourirt

Near Tineghir the High Atlas meets the Jabal Saghru, a small massif which is part of the Anti Atlas range. The deep gorges of Tudgha and Dades mark the fault line between these two mountain ranges. Both gorges were carved out of the rock by torrents of melt water from the peaks above them. As they widen, small terraces of crops line each watercourse and villages cling to their sides, placed above the line of the torrential meltwaters which can close the gorges in spring. Here the mud-brick is the same brilliant red as the soil, creating a striking contrast to the rich green crops.

This morning we visit the *qsar* (fortified village) of Tineghir and then head up the Tudgha Gorge. En route we shall take a leisurely walk through one of the rich, cultivated areas nestling on the banks of the Wad Tudgha. After lunching in the Tudgha Gorge, we shall return to the Route of the Qasbas and continue west.

This afternoon we visit the Qasba of Taourirt located in the town of Ouarzazate. Built late in the 19th century, the qasba became important in the 1930s when the local Glawi dynasty's powers were at their peak. The qasba was never actually resided in by the Glawi chiefs but rather by their second tier of command, including their sons and cousins and their massive entourages of extended family members, servants, builders, and craftsmen. The qasba has close to 300 rooms grouped in more than 20 riads (apartments).

Then we drive to Ait Ben Haddu, one of the fortified villages under control of the Glawi family in the late 19th and early 20th centuries, where we spend the night. (Overnight Ait Ben Haddu) BLD

## Marrakesh - 3 nights

Day 12: Saturday 29 April, Ait Ben Haddu - Marrakesh



- Ksar of Ait Ben Haddu
- Tiz n'Tishka Pass

This morning we visit Ait Ben Haddu. Located in the foothills of the High Atlas, Ait Ben Haddu is the most famous *qsar* in the Ounila Valley, and a striking example of southern Moroccan architecture. This fortified village in its dramatic landscape is regularly used as settings for films.

This afternoon we cross the High Atlas by way of the Tiz n'Tishka Pass to Marrakesh, leaving behind the landscapes of the pre-Sahara with its *pisé qasbas* and *qsars*, the verdant palm groves of the Ziz valleys, and the rocky drama of the gorges. (Overnight Marrakesh) BLD

## Introduction to Marrakesh

Marrakesh is the 3rd imperial city we visit, founded in 1070 by the Almoravid Abu Bakr. He chose the site because it was well watered and flat: perfect as a camping ground for the Almoravid army, composed of nomads from the Sahara. Marrakesh began as the perfect springboard for the Almoravid conquest of North Morocco, but it soon became the Almoravid capital by virtue of its location on the trans-Saharan trade route.

After the Almoravids had conquered much of Spain, a period of cultural and artistic exchange ensued bringing the sophisticated urban culture of al-Andalus (Iberia) to Marrakesh. All that remains of Almoravid Marrakesh is an exquisite *qubba*, (domed chamber), which may indicate the site of the lost Almoravid great mosque of Marrakesh.

In 1147 Marrakesh fell to the Almohads, who then captured North Morocco, Muslim Spain, and North Africa as far as Tunis. The most famous Almohad ruler, Ya'qub al-Mansur, builder of the Qasba of the Udaya and Hassan Tower in Rabat and the Giralda of Seville, constructed a spectacular Almohad great mosque (1190), sister to the great mosques of Rabat and Seville here. The mosque soon became known as the Kutubiyya, or Booksellers' Mosque, as a result of the book market which grew up in its shadow.

The minaret of the Kutubiyya is one of the most important extant Almohad buildings as the only Almohad minaret which has survived intact. Like the Hassan Tower, the minaret's façades are decorated with intricate screenwork, punctuated on the upper levels with small windows. It is crowned with a small domed pavilion surmounted with a gold spike holding three gold balls and a crescent, and gives an impression of how the Hassan Tower would have looked. Ya'qub al-Mansur also enclosed the city in a new set of walls punctuated by gateways, of which the most important is the Bab Agnaou. The Almohads also constructed the suburban Menara Gardens with their huge central pool and olive groves as a place for recreation and physical training of the Almohad army.

The Marinids showed little interest in Marrakesh but nevertheless commissioned the Bin Yusuf or Yusufiyya Madrasa here. Like Morocco's other Marinid madrasas, the Yusufiyya has a central courtyard leading to a prayer hall flanked by students' cells.

The Sa'di dynasty added palaces, shrines and mosques to Marrakesh. The greatest Sa'di sultan, Ahmad al-Mansur al-Dhahabi, embellished the Sa'di tomb complex and renovated the Yusufiyya Madrasa. The Sa'di reproduced Andalusian stucco work in marble from Italy.

Fes, Meknes, Rabat and Marrakesh all became 'Alawi capitals when this dynasty supplanted the Sa'adi. Many 'Alawi sultans loved Marrakesh and built palaces and gardens here. Mawlay 'Abd al-Rahman



(1822-1859) restored the Agdal gardens and his son, Sidi Muhammad sponsored agricultural projects in the area. His grandson's minister, Mawlay al-Hassan (1873-1894), built the Bahia and Dar Si Sa'id palaces.

Day 13: Sunday 30 April, Marrakesh

- Bahia Palace & courtyard gardens
- Sa'di Tombs
- Bab Agnaou
- Kutubiyya Mosque
- Le Jardin Secret
- La Mamounia: historical gardens and afternoon tea

This morning we visit the 19th-century Bahia Palace, a fine example of Andalusian-style architecture. This was previously the home of Grand Vizier Si Moussa in the 1860s and embellished from 1894 to 1900 by slave-turned-vizier Abu 'Bou' Ahmed. The name 'Bahia' means 'palace of the beautiful." There are 160 different rooms in the palace which sprawl out in an open, rambling fashion. Decorations take the form of subtle stucco panels, *zellij* decorations, tiled floors, smooth arches, carved cedar ceilings, shiny marble (*tadlakt*) finishes and *zouak* painted ceilings. It has three beautiful courtyard gardens, rich with intoxicating roses, jacaranda, jasmine, orange blossom and pomegranates.

We also see the Sa'di Tombs. Sultan Ahmed al Mansour constructed the Sa'di Tombs in Marrakech during his rule of Morocco (16th century) as a burial ground for himself and some 200 of his descendants. The most significant chamber in the tombs is the Hall of Twelve Columns. Here rests the Sultan Ahmed el Mansour and his entire family. This chamber has a vaulted roof, Italian marble columns, beautifully decorated cedar doors and carved wooden screens. Inside the inner mausoleum lies Mohammed esh Sheikh, founder of the Sa'di dynasty, as well as the tomb of his mother. The tombs are surrounded by a small garden with richly coloured and scented roses.

We end the morning visiting the 12th-century, horseshoe-arched Bab Agnaou and the Kutubiyya Mosque. The Almohad Bab Agnaou is one of the 19 gates of Marrakesh. The Kutubiyya Mosque, Marrakesh's largest, is ornament with curved windows, a band of ceramic inlay, pointed merlons, and decorative arches. It was completed under the reign of the Almohad Caliph Yaqub al-Mansur (1184-1199).

Following lunch at the La Maison Arabe's renowned restaurant 'Les Trois Saveurs', we visit Le Jardin Secret, a public garden designed by English landscape architect, Tom Stuart-Smith. The garden is located on the former site of the Riad of the Governor of the medina in the 19th century. Described by Tom Stuart-Smith: "Part of the garden is a faithful reconstruction of an Islamic garden that could have existed in Marrakech in the 19th century. The smaller garden has been largely reconfigured and is a more romantic interpretation of a Moroccan garden, full of the sorts of flowers and colour that would not be found in the more traditional garden. The west courtyard has a citrus grove with underplanting of *Stipa tenuissima*, California poppy, Lavender and Tulbaghia."

We end the day with a visit to the gardens of La Mamounia one of the most famous hotels in the world (1929) and beloved of Winston Churchill. Its vast gardens are cared for by 40 gardeners who twice a year plant 60,000 annuals to enhance its grounds. They garden has immaculately mown grass under citrus and olive orchards, a desert garden, a rose garden and a tropical garden as well as many fountains. At the back of the 15-hectare garden there is a herb and kitchen garden whose produce is used in the hotel's daily meals. We will be served Moroccan style afternoon tea in the garden. (Overnight Marrakesh) BL

Day 14: Monday 1 May, Marrakesh



- Jardin Majorelle and Musée d'Art Berbère
- Villa Oasis: the private garden of Pierre Bergé
- Gardens of Jnane Tamsna with Gary Martin and Meryanne Loum-Martin
- Yusufiyya Madrasa
- Jama' al-Fana'

Marrakesh, perhaps known best for its *souqs* (markets), squares and spices, also has many lush gardens. Green spaces have always been an integral part of life in Marrakesh. The city's gardens have also inspired many artists, fashion designers and writers over the years. The British writer Osbert Sitwell said Marrakesh "is the ideal African city of water-lawns, cool, pillared palaces and orange groves." Matisse, Delacroix, Yves Saint Laurent, The Beatles, The Rolling Stones and Jean-Paul Getty visited too, finding inspiration and spending long periods in the city.

Early this morning we visit the Jardin Majorelle, created by the French painter Jacques Majorelle (1886-1962) and later owned by Yves Saint Laurent. The garden presents a cacophony of pink bougainvillea, blush-coloured water lilies, and a vast array of cacti. The inner walls are painted a vibrant "Majorelle" blue, named after the garden's founder. Majorelle's art-deco studio houses a Berber Art Museum which displays valuable ceramics, weapons and magnificent jewellery, textiles, carpets, woodwork and other treasures. We also, by special invitation, will visit the gardens of Villa Oasis, Yves Saint Laurent's private home adjoining The Majorelle Garden.

At midday we move to Jnane Tamsna for lunch. Owned by ethnobotanist Gary Martin and his wife Meryanne Loum-Martin, this beautifully designed boutique guesthouse boasts a magnificent botany collection. It is set in the Palmeraie area of Marrakesh where tens of thousands of palm trees create shade for other plants to prosper, providing the atmosphere of an oasis. The free-flow approach (there are no formal lawns), adds to the ambience with grounds that encourage aromatic herb gardens, olive groves, lemon trees, vegetable plots and flower beds. The organic gardens are spread over nearly 9 hectares, and are watered constantly by traditional groundwater flow (*khettara*) and drip irrigation, while the air is naturally scented by gardenia, jasmine and white bougainvillea.

In the afternoon we visit the religious heart of old Marrakesh where the Almoravid Qubba, the Yusufiyya Madrasa and Yusufiyya Mosque stand, probably on the site of the original Almoravid great mosque of Marrakesh. We shall also walk through the old medina visiting the city's fascinating souqs. Marrakesh's souqs are renowned for their vast size and the quality and variety of crafted goods on sale there. As in other Moroccan cities, each different craft can be found in its own particular street or alley: we shall see streets dedicated to gold jewellery, silver, cedar wood carving, silk robes, textiles, leather slippers, copper utensils, ceramics, rugs and carpets. The market area is covered by reed lattices whose dappled shade shelters the alleys from the hot southern sun.

We walk through the old city to its commercial and recreational heart, the Jama' al-Fana', an extraordinary public arena lined with booths selling fresh orange and grapefruit juice, nuts and sweets. In the centre a number of stalls offer snacks and meals of infinite variety, and numerous people provide public services and entertainments. Dentists, preachers, acrobats, black musicians from the Gnawa religious brotherhood, letter writers, snake charmers and story tellers all mingle in the Jama' al-Fana' from dusk late into the night. This square is very dear to the people of Marrakesh, a place to meet and promenade. This is evening is at leisure. You may wish to stay on in the Jama' al-Fana' to enjoy its extraordinary atmosphere. (Overnight Marrakesh) BL

## Taroundant - 7 nights



Day 15: Tuesday 2 May, Marrakesh - Tnine Ourika - Ouirgane - Tin Mal - Taroudant

- Private gardens of Dar Azaren, Tnine Ourika
- Lunch at Domaine de la Roseraie, Ouirgane
- Tin Mal Mosque, Tin Mal

Today we journey south to Taroudant. We follow one of the most spectacular routes in Morocco that winds its way up and then down through the High Atlas, above the beautiful valleys and past isolated villages, eventually reaching the Tizi-n-Test pass, with its breathtaking views across the Souss Valley to the Anti Atlas.

Thirty kilometres south of Marrakesh we visit the secluded retreat of Dar Azaren owned by Liliane Fawcett. This *dar* (house), set in 6.5 hectares, is nestled within olive groves and walled gardens, and offers spectacular views of the High Atlas Mountains. The grounds and gardens, conceived by Arnaud Maurières and Éric Ossart, blend subtle plantations of fragrant flowers and sculptural cacti with local crops.

We break for lunch in Ouirgane, a small village surrounded by stunning greenery, red-earth hills and pine forests. Lunch will be served in the Domaine de la Roseraie which is set in the middle of 25 hectares of flower beds, olive trees, orchards and, as the name suggests, plenty of rose bushes. Winding paths through the estate offer unique views over the Toubkal range. (Mt Toubkkal is the highest peak in the Atlas mountains and in North Africa at 4137 metres).

The small village of Tin Mal, cradle of the Almohad Empire and later its spiritual centre, is located deep in the foothills of the High Atlas. The High Atlas Almohad Berber leader Ibn Toumert built an exquisite small mosque here (1125) that presaged the far more monumental Almohad mosques of Marrakesh, Rabat, and Seville. His successor Abd el Moumen completed the mosque after Almoravid Marrakesh had fallen to him. Tin Mal has the exquisite abstract decoration of its larger counterparts. Today the roofless mosque retains its beautiful arcades that cast lovely shadows in the clear, bright Morrocan sun. The arch before its mihrab has a particularly intricate profile.

We continue south along windy roads to Taroudant, known as the 'pearl of the Souss Valley'. Here our group will stay in Dar Al Hossoun designed by Arnaud Maurières and Éric Ossart. (Overnight Taroudant) BLD

Day 16: Wednesday 3 May, Full day program with Arnaud Maurières and Éric Ossart, Taroudant

- Dar Al Hossoun
- Dar Igdad and L'Orange Bleue
- Dar Ahbab
- Dar El Nour

For over 25 years Maurières and Éric Ossart have been designing gardens in France and throughout the Mediterranean region. When they moved to southern Morocco they realised the importance of designing low maintenance gardens for a dry climate. Since 2002, they have been working to create gardens in the olive groves to the west of Taroudant. Their work focuses on preserving areas of unspoiled natural wilderness, designing and building gardens and rammed-earth houses that have by stages added an entirely new neighbourhood to the city.

We begin this morning with a tour of Dar Al Hossoun, Dar Igdad and L'Orange Bleue. Dar Al Hossoun was Ossart & Maurières' very first build, one of the most widely publicised examples of their work as landscape



architects. Surrounded by a garden that served originally as a test bed to study plant performance in the arid, pre-Saharan environment of the Souss Valley, the property boasts hundreds of species of plants proved to be drought-tolerant, plus an impressive 500m square sunken garden for fragile species not usually found in this region.

The Dar Al Hossoun build prompted the construction of the two adjoining properties, Dar Igdad and L'Orange Bleu, which marked Ossart & Maurières' very first venture into steppe planning: with groups of grasses, drought-tolerant shrubs (grown mainly from seeds collected in Madagascar and Mexico) and succulents featuring a rich collection of *opuntia* (prickly pear).

Dar Igdad, meaning 'the house of the birds' in Berber was begun in 2007 on the site of a former olive grove. Like Dar Al Hossoun, it is surrounded by high earthen walls in a rich mahogany colour, against which still stand many of the grove's original multi-trunked trees. The garden, which featured in *Garden Illustrated* by Louisa Jones, is drought tolerant. The most spectacular part, a vast meadow, appears natural but is actually composed of species from similar *biotopes* from all over the world, like American agaves and African euphorbias that grow among the meadow's Sahara grasses.

Following a buffet lunch in the sunken garden of Dar Al Hossoun we continue with a visit to Dar Ahbab. These two houses and gardens were specifically designed for a relatively small plot of land, focusing on the affinity between rammed-earth buildings and natural swimming pools. The gardens appear wild, but do in fact contain at least 200 different species of carefully selected plants.

At Dar El Nour we see Ossart & Maurières' most recent designs, one completed in 2014 and the other in 2015. Both gardens offer an unusually broad range of steppe plants, making it possible to track growth from planting to maturity.

Tonight we dine together at Dar Igdad, followed by a screening (with commentary) of Sarah Amrouni's film Chasseurs de graines pour jardins fous ('Hunting for Seeds for Crazy Gardens'). (Overnight Taroudant) BLD

Day 17: Thursday 4 May, Taroudant - Tiout Oasis - Taroudant

• Tiout Oasis and the Anti Atlas

In the company of Ollivier Verra, owner of Dar Al Hossoun, we subdivide into two groups to take two small coaches on a scenic drive through the Souss Valley to the fertile oasis of Tiout, located on the northern edge of the Anti Atlas mountains.

In the Souss Valley we'll witness the tremendous contrast between commercially farmed irrigated cash crops (such as oranges, maize or bananas) and subsistence farming of arid land including the strange sight of goats grazing in the native *argania* (trees). *Argania spinosa*, endemic to the semi-desert Sous Valley and the Algerian region of Tindouf, is a source of argan oil used for dipping bread, on couscous, salads, and in natural cosmetics. In Morocco, *arganeraie* forests now cover some 8,280 km², designated as a UNESCO biosphere reserve.

The Tiout Oasis, formed by a now dried-up ancient lake, is probably the westernmost of all the oases that have survived from antiquity. It provides a perfect demonstration of the traditional custom of sharing irrigation water and also reflects the diverse richness of sub-Saharan arable farming. Our excursion includes a guided tour led by a local farmer, with lunch under Berber canvas at the heart of the oasis.

Tonight we dine together at Dar Al Hossoun. This will be followed by a screening (with commentary) of



## Jardin d'Eden. (Overnight Taroudant) BLD

Day 18: Friday 5 May, Tour of Taroudant's secret gardens by horse carriage with Arnaud Maurières and Éric Ossart

- Tour of Taroudant's secret gardens by horse & carriage
- Dar Kasbah
- Dar Louisa
- Dar El Hana
- Lunch at Dar Sidi ou Sidi, the private home of Arnaud Maurières and Eric Ossart
- Sidi Hussein
- Les Jardins de Andrew

Taroudant, a walled Berber market town, lies just south of the High Atlas and to the north of the Anti Atlas. It gained commercial and political importance thanks to its position at the heart of the fertile Souss Valley. The Sa'adi made it their capital for a short time in the 16th century before moving on to Marrakesh. The 7.5 kilometres of ramparts surrounding Taroudant are among the best-preserved *pise* (reinforced mud) walls in Morocco. As the sun moves across the sky their colour changes from golden brown to the deepest red.

Built in the 16th and 17th century, a string of mighty defensive towers create the gates of the city. One of the most commonly used of these gates is the impressive, triple-arched Bab el-Kasbah, approached along an avenue of orange trees. Beyond and to the right past an olive press stands another gate, Bab Sedra that leads to the old *qasba* quarter – a fortress built by Moulay Ismail in the 17th century that is now the poorest part of town.

At the heart of this ancient city lies the medina, home to traditional Moroccan houses with interior gardens or courtyards, many of them built or restored by Ossart and Maurières. These are the riads for which Morocco is famous – havens of freshness usually exclusively reserved for their owners, and now ours to discover on this enchanting tour.

Situated at the foot of ramparts, Dar Kasbah is a modestly-sized house that enjoys stunning views of the city and the Anti Atlas Mountains beyond. It is a fine example of modern rammed-earth architecture in an urban setting.

Both the house and garden of Dar Louisa were designed by Ossart and Maurières. Here everything is arranged around a central courtyard, taking inspiration from traditional Andalucian architecture. It features a beautiful small fountain (which is also a small dipping pool) surrounded by a garden of exotic bougainvillea, fruit and palm trees. The interior of the house was designed by François Gilles.

Dar El Hana is located in Taroudant's former Jewish quarter and is the setting for a most unusual house whose design took its lead from the medina and its traditional way of life.

Today lunch will be served in the Dar Sidi ou Sidi, the private home of Arnaud Maurières and Eric Ossart, tucked away deep in the souq, at the heart of the old town. The house, a fine example of Taroudant vernacular architecture, features a terrace-planted botanic garden housing Ossart and Maurières' private plant collection.

After lunch we visit Sidi Hussein, the house of five courtyards. This is one of Ossart and Maurières' most ambitious projects in the medina. It is composed of several buildings, each one arranged around an amazing inner garden but all built in different styles to reflect the changing face of Taroudant architecture.



The site was formerly occupied by badly dilapidated houses that were demolished to free up some 1,000 square metres of building space.

Nearby, we visit Les Jardins de Andrew. Andrew is an eccentric British collector with a taste for whimsical constructions. Andrew's garden, located outside the ramparts, is punctuated by fanciful creations that lend an air of mystery to their lush surroundings. Ossart and Maurières describe their work thus: "using the same plants as at Dar Igdad, we laid out here a very formal garden corresponding exactly to the architecture of the house. Keeping in mind the advice of the great Brazilian designer Roberto Burle Marx, we used the right plant in the right place, whether rare or commonplace, native or exotic. We often use bold swaths of the same plant to get different moods even in this relatively small garden".

Tonight we dine together at Dar Annour. This will be followed by a screening (with commentary) of Isa Genini's film *La route du cédrat* ('The Citron Trail'). (Overnight Taroudant) BLD

Day 19: Saturday 6 May, Taroudant

• Assads and the Vallée des Cédrats (Valley of Citron)

In the company of Ollivier Verra, we again divide the group and take two small coaches on a scenic drive through the Vallée des Cédrats. This lush valley, tucked away in the foothills of Morocco's arid Anti Atlas, has been the home of citron cultivation for some 200 years – a unique place of terraced citron trees, kept generously watered by a desert spring. The citron itself is rich in symbolism, mentioned in the *Torah* as being required for ritual use during the Feast of *Sukkot* (Hebrew for 'booths' or 'huts'). According to tradition, the Jews brought the first *etrogs* (Yiddish for 'citron') back to Israel from their exile in Egypt. Today's citrons are cultivated by Muslims but still sold to rabbis from all over the world – discerning customers who come here to make their selection at the beginning of *Sukkot*. Today's visit includes a tour of the village and orchards, finishing with a walk along the terraces to the spring that makes it all possible. A picnic lunch will be provided.

Tonight we dine in a private house located in the Taroudant medina. (Overnight Taroudant) BLD

Day 20: Sunday 7 May, Taroudant with Arnaud Maurières and Éric Ossart

- Claudio Bravo palace and gardens
- Afternoon at leisure in Taroudant to explore the town's souq and ramparts

In the company of Arnaud Maurières and Éric Ossart, we spend the morning in Taroudant visiting the Claudio Bravo palace and gardens. Chilean painter Claudio Bravo spent his last years building an enormous palace in Taroudant in which to house his collections. The gardens surrounding the palace are equally enormous and are arranged around a large pond that provides water for citrus and banana trees; the interior gardens were designed by Ossart and Maurières.

Today, Taroudant is an important hub in southern Morocco well known for its handicrafts, jewellery design, Berber crafts and woodwork. Within the walled inner city there are two main squares – Place Assarag (Place Alaouyine) and Place Talmoklate (Place en Nasr) – which mark the centre of town, with the main souq area between them. The pedestrian area of Place Assarag is the centre of activity, and comes alive in late afternoon as the sun's heat eases off and people come out to promenade. Lately it has seen the return of performers such as storytellers, snake charmers and musicians – as in Marrakesh's Jemaa el-Fnaa, but on a smaller scale. Following lunch at Dar Igdad we spend a few lazy hours in the gardens around our riads, or you may wish to take a stroll around the Taroudant souq.



Tonight we dine together at Dar Al Hossoun. This will be followed by a screening of Jacques Becker's Ali Baba et les 40 voleurs (Ali Baba and the Forty Thieves) – a 1954 film shot in Taroudant, starring French actor and singer Fernandel. (Overnight Taroudant) BLD.

Day 21: Monday 8 May, Taroudant: Afensou and the upper valley of the Oued Ouaer – with Arnaud Maurières and Éric Ossart

- Trek to explore the argan plantations and other flora in the lowlands of Tamaloukt
- High-altitude garden designed by Éric Ossart and Arnaud Maurières, Afra
- Trek across high plateaux to study flora found at medium altitude around Imoulass
- Farewell Dinner at DarAl Hossoun

Taroudant stands at the foot of the Western High Atlas Mountains, which reach a maximum elevation at Djebel Aoulim of 3400 metres. In the upper valleys are ancient mud brick and pisé villages nestling in high-altitude oases – traditional settlements planted with palm trees, olive groves and even walnut trees in the highest villages. The tracts of land in between them provide an ideal habitat for a wealth of native flora. In the company of Arnaud Maurières and Éric Ossart we trek along the hillcrests (nothing too demanding) to an argan plantation, taking in the view of the Souss Plain and exploring the flora that grows in the lowlands around Tamaloukt (Argana spinosa, Warionia saharense, Narcissus boissieri, Astragalus akkaensis, etc).

In the village of Afra we visit Ossart & Maurières' high-altitude garden – the perfect location for hundreds of different plant species, including some rare specimens.

Following a light lunch at Had Imoulas, we trek across the high plateau (again, nothing too demanding) through thickets of *thuja* (a tree of the coniferous family, close to cedar, which grows only in Morocco, specifically in the Atlas Mountains, used by artisans for making tables, boxes etc) and the flora found at medium altitude around Imoulass (*Callitris articulate, Polygala balansae, Thymus saturejoïdes, Salvia taraxifolia, Chamacytisus albidus*, etc).

We return to our riads in Taroudant for a farewell meal at Dar Al Hossoun. (Overnight Taroudant) BLD

Day 22: Tuesday 9 May, Taroudant - Agadir, Tour Ends.

• Airport transfer for those taking the ASA 'designated' flight

This morning we shall transfer to Agadir airport in order to board our domestic flight to Casablanca. Group members taking the ASA 'designated' flight will transfer to the airport for the flight home. Those not taking this flight can use a taxi or contact ASA to arrange a private transfer. B



## Accommodation

## 22-day Cultural Garden Tour of Morocco

All hotels are rated 3-5-star locally and are comfortable and conveniently situated. All rooms have en suite bathroom. Several hotels have swimming pools. Double/twin rooms for single occupancy may be requested – and are subject to availability and payment of the Double (as Single) Supplement. Further information on hotels will be provided in the 'Tour Hotel List' given to tour members prior to their departure.

- Rabat (1 night): 5-star Golden Tulip Farah Rabat Hotel a modern hotel situated on the sea front overlooking the Atlantic Ocean and the famous Bouregreg Mouth, next to the Hassan tower and the Mohamed V. Mauloseum. www.goldentulipfarahrabat.com
- Tangier (3 nights): 3-star El Minzah Hotel by Le Royal Hotels & Resorts built in a pure Hispano-Moorish style is located in the city centre of Tangier, on the Straits of Gibraltar. www.leroyal.com
- Chefchaouen (1 night): 3/4-star Riad Dar Echchaouen a traditional guest house featuring a terrace with views over the old medina of Chefchaouen, the mountains and river of Ras El Ma. www.darechchaouen.com
- Fes (3 nights): 5-star Palais Schéhérazade & Spa this charming 19th century palace has been lovingly restored by local artisans and features ceramic *zelliges*, plaster and sculpted wood. Located in the heart of Fes's medina, it features a gastronomic Moroccan restaurant, spa centre, lush garden rich with orange trees and jasmine, a swimming pool bordered by century-old palm trees, and a panoramic terrace overlooking the medina. www.sheheraz.com
- Merzouga (1 night): 3-star Tomboctou Kasbah located in the Erg Chebbi Desert in Merzouga, at the foot of the Golden Sand Dunes. It has a swimming pool, restaurant and terrace with a panoramic view of the desert. www.xaluca.com
- Tineghir (1 night): 3-star Hotel Tomboctou a charming hotel housed in an old *qasbah* located in the centre of town. www.hoteltomboctou.com
- Ait Ben Haddu (1 night): 3-star Hotel Riad Ksar Ighnda located on the edge of the desert, near the UNESCO World-Heritage listed Ksar Ait Ben Haddu. www.ksar.ighnda.net
- Marrakesh (3 nights): 5-star Riad Palais Sebban a 5-minute walk from Jama' al-Fana' and the Kutubiyya Mosque, this stylish riad dates from the 19th century and combines Moroccan and Andalusian architecture. It features a full-service spa, restaurant and an outdoor pool. www.riad-palais-sebban.com
- Taroudant (7 nights): Dar al Hossoun a beautiful eco-friendly guesthouse surrounded by 100 acres of olive groves. Rooms are spread over three areas of Dar al Hossoun: Al Hossoun, around the main courtyard, in the citrus orchard and Al Borj, around the dry garden courtyard. Each suite or room is individually designed and decorated with local authentic rugs, cushions, tapestries, terracotta earthenware and has direct access and nice views to the gardens designed by Ossart & Maurières. alhossoun.com

Note: Hotels are subject to change. In this instance a hotel of similar standard will be provided.

## Double (as Single) Supplement

Payment of this supplement will ensure accommodation in a double (or twin) room for single occupancy throughout the tour, except in Tineghir, where accommodation will be in a twin-share room for 1 night. Some participants who take the Double (as Single) Supplement may be required to share a 2-bedroom suite at Dar Al Hossoun. This is a luxury suite with two bedrooms and a shared living area. The bathroom is shared but there are two separate toilets. The number of rooms available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.



## Tour Map





## **Tour Price & Inclusions**

AUD \$10,780.00 Land Content Only - Early-Bird Special: Book before 30 June 2016

AUD \$10,980.00 Land Content Only

AUD \$1750.00 Double (as Single) Supplement (excluding Tineghir, which is twin-share for 1 night)

For competitive Economy, Business or First Class airfares and/or group airfares please contact ASA for further information.

## Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with en suite bathroom in 3-5-star hotels.
- All meals indicated in the tour itinerary, where: B=breakfast, L=lunch & D=evening meal
- Drinks at welcome and farewell meals. Other meals include mineral water & tea/coffee
- 2 x 500ml bottle mineral water per person per day for excursions
- Transportation by air-conditioned coach
- Airport-hotel transfers if travelling on the ASA 'designated' flights
- Porterage at hotels and Casablanca Airport
- Lecture and site-visit program
- Tour notes
- Entrance fees to museums and monuments
- Local guide in Morocco
- Tips for the coach driver, local guides and restaurants for included meals.

## Tour Price (Land Content Only) does not include:

- Airfare: Australia-Casablanca, Agadir-Australia
- Personal spending money
- Airport-hotel transfers if not travelling on ASA 'designated' flights
- Luggage in excess of 20kg (44lbs)
- Costs for taking photographs (a supplement at some sites may be required in Morocco)
- Travel insurance
- Visas (if applicable)





## Physical Endurance & Practical Information

Physical Ratings

The number of flags is a guide to the degree of difficulty of ASA tours relative to each other (not to those of other tour companies). It is neither absolute nor literal. One flag is given to the least taxing tours, seven to the most. Flags are allocated, above all, according to the amount of walking and standing each tour involves. Nevertheless, all ASA tours require that participants have a good degree of fitness enabling 2-3 hours walking or 1-1.5 hours standing still on any given site visit or excursion. Many sites are accessed by climbing slopes or steps and have uneven terrain.

## This 22-day Cultural Garden Tour of Morocco involves:

- Extensive walking through narrow streets and busy markets, and some walking on uneven ground during garden and other site visits.
- Travelling long distances by coach through steep and winding mountain roads and deserts.
- Regular early-morning starts (8.00 or 8.30am).

## Other considerations:

- 3- to 5-star hotels with eight hotel changes.
- You must be able to carry your own hand .luggage. Hotel porterage includes 1 piece of luggage per person.
- Risk of gastric ailments (you should consult your doctor about medication before departure)

It is important to remember that ASA programs are group tours, and slow walkers affect everyone in the group. As the group must move at the speed of the slowest member, the amount of time spent at a site may be reduced if group members cannot maintain a moderate walking pace. ASA tours should not present any problem for active people who can manage day-to-day walking and stair-climbing. However, if you have any doubts about your ability to manage on a program, please ask your ASA travel consultant whether



this is a suitable tour for you.

Please note it is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour participant to refrain from a particular activity on part of the tour. For further information please refer to the Booking Conditions on the last page of this tour itinerary.

## **Practical Information**

Tour members will receive prior to departure practical notes which include information on visa requirements, health, photography, weather, clothing and what to pack, custom regulations, bank hours, currency regulations, electrical appliances and food. The Department of Foreign Affairs & Trade website has advice for travellers: www.smartraveller.gov.au

## Clothing

It is important that women dress modestly, for example long skirts or dresses (below the knee) with long sleeves. Tight-fitting clothes must be avoided and although this is not strictly followed by Westerners, it is far better to adopt this practice and avoid causing offence. Shorts should never be worn in public and beachwear is prohibited for anywhere except the beach and hotel facilities (note: please do remember to bring your swimsuit as there will be a number of occassions where you will have the opportunity to swim). During visits to mosques women will also be required to wear a headscarf.

## Visa Requirements

A visa is not required for travel into Morocco if you hold an Australian or New Zealand passport and it has a least 6 months validity from the date you depart Morocco. If you plan to travel on another passport please contact your ASA Travel Consultant for advice as to your visa requirements.

## Visiting Mosques

Morocco has not experienced the problems created by militant Islamic movements in neighbouring Algeria and is one of the most politically stable countries in the Arabo-Islamic world. Nonetheless, it is a very devout country that wishes to protect its religious places from the ravages of tourism in order to preserve the quality of its religious life. We shall, therefore, have little access to the mosques of Morocco which are living religious spaces. However, we will visit a few mosques which have been opened to the non-Muslim public, in addition to a rich array of other monuments, including madrasas (theological colleges), palaces, qasbas (fortresses), qsars (fortified villages), and the traditional souqs, or markets, of Morocco's imperial cities.

## **Booking Conditions**

## Make a Reservation

## ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$500.00 per person payable to Australians Studying Abroad.



## Passport Details

All participants must provide no later than 75 days prior to the commencement of the program a photocopy of the front page of their current passport.

## Double (as Single) Supplement

Payment of this supplement will ensure accommodation in a double (0r twin) room for single occupancy throughout the tour, except in Tineghir, where accommodation will be in a twin-share room for 1 night. Some participants who take the Double (as Single) Supplement may be required to share a 2-bedroom suite at Dar Al Hossoun. This is a luxury suite with two bedrooms and a shared living area. The bathroom is shared but there are two separate toilets. The number of rooms available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.



# Reservation Application

TOUR NAME .	
TOUR DATES.	

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

and resourced, some separation and separation process year section is approved, some year a real community and
Applicant Details (as in passport)         TITLE Mr
Passport     Number     Expiry date     /     /     Nationality       Colour copy of my current valid passport enclosed     I'm renewing my passport     ASA has a colour copy of my current passport
Travel Plans    I wish ASA to book my airfare, please contact me to discuss my options.   Business Class   Economy Class     I plan to leave Australia before the tour commences. Planned departure date   / /     I will be arranging my airfare independently and taking the Land Content Only option.  Frequent Flyer   Name of Airline   Airline Seat preference     Membership # (please note request only)  Tour Accommodation (rooming preferences)  I/we would like:   a twin-bedded room   a double-bedded room   a room for sole occupancy   I am travelling:   on my own   with a friend/family member   Travel Companion
Meals Please X the box if you CAN NOT eat any of the following:  I do not have any specific dietary requests Fish poultry red meat dairy products eggs pork nuts  Allergies: Refer to the Medical Information  Other
Correspondence Your preferred method of correspondence Postal Mail Email Address
Emergency Contact Details  Note: this person MUST be available by telephone and be present in Australia for the duration of your tour with ASA  Name Relationship to Traveller  Address  TEL. (AH) _ (



## Medical Information

YES NO

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at www.asatours.com.au
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions
  of ASA's Tour Leaders in relation to your suitability to participate in
  activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. www.traveldoctor.com.au tel:1300 658 444; www.travelvax.com.au tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include generic names of each medication (consult your local pharmacy for information).

Please mark  ${\bf X}$  in the YES or NO box to every question below and provide details where necessary:

#### **Participation Criteria**

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

- Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions?

  Can you walk unassisted on and over uneven surfaces?
- 3. Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?
- 4. Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?
- 5. Can you organise, manage and carry your own luggage?
- 6. Can you follow and remember tour instructions and meet punctually at designated times and places?
- 7. Can you administer your own medication?
- 8. Do you have impaired vision or hearing which may impact your capacity to participate on this tour?

## Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

1.	Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program?  If yes, please specify	
	If yes, how will you manage this on tour?	
٨١	lorging and/or Food Intoloronge	
AS tha	lergies and/or Food Intolerances A will make reasonable endeavours to organise meals to suit y at you give ASA adequate notice of your specific dietary requergies. You may be required to research dietary alternative stinations may be able to offer suitable food substitutes.	uirements or
1.	Do you have any food allergies or intolerances? If yes, please specify	YES NO
2.	Have you ever had an anaphylactic reaction to anything? If yes, please specify	00
3.	Do you carry an epipen?  Do you have any other allergies or reactions to anything, including medical drugs?  If yes, please specify	

## **Existing Medical Conditions**

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

son	ne destinations may be unavailable, inadequate, inconvenient (	or unreliable.
1.	Have you any significant medical conditions that may impact your capacity to complete this tour? If yes, please specify	YES NO
	If yes, how will you manage this on tour?	
2.	Do you require some form of powered medical aid, such as a CPAP machine?	00
	These machines may not be operable on certain international fl	ghts, modes

**Diabetics:** You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

	plicators, storage and refrigeration equipment, as well a pplements. Accommodation may not provide refrigerat	
3.	Are you diabetic?	$\bigcirc$

4.	Do you suffer from travel sickness?
	Remember to use an appropriate medication while on tour

Are you insulin dependent?



# Declaration, Liability and Booking Conditions

#### **Declaration**

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept that there are inherent dangers and risks that may occur during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but for the purpose of making bookings with and engaging services provided for the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of travelling to, on and from any tour.

I understand and acknowledge that this Release and Indemnity applies with respect to:

- 1. Every general risk to which I or my personal belongings may be exposed in the course of travelling to, on or from any ASA tour
- 2. Every special risk, in particular medical risks, to which I may be exposed in the course of travelling to, on or from any ASA tour arising from, including, but not limited to:
  - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
  - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
  - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally.
- 3. All claims arising as a result of my or ASA's cancellation or termination of my continued participation on a tour for whatever reason (refund conditions in ASA's Booking Conditions excepted).

## Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products or services. If a service provider does not deliver the product or service for which you have contracted, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (eg. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, cancellation, failure, accident, act, omission or negligence of any such service provider however caused (contingencies). You must take out adequate travel insurance against such contingencies

ASA's liability in respect of any tour will be limited to the refund of amounts received from you less all non-refundable costs and charges and the costs of any substituted event or alternate services provided. The terms and conditions of the relevant service provider from time to time comprise the sole agreement between you and that service provider.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

## **Booking Conditions**

#### **DEPOSITS**

A deposit of \$500.00 AUD per person is required to reserve a place on an ASA tour.

## **CANCELLATION FEES**

If you decide to cancel your booking the following charges apply:

More than 75 days before departure: \$500\*

75-46 days prior 25% of total amount due

45-31 days prior 50% of total amount due

30-15 days prior 75% of total amount due

14-0 days prior 100% of total amount due

\*This amount may be **credited** to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.

We take the day on which you cancel as being that on which we receive written confirmation of cancellation.

### **UNUSED PORTIONS OF THE TOUR**

We regret that refunds will not be given for any unused portions of the tour, such as meals, entry fees, accommodation, flights or transfers.

## WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. If an ASA tour is forced to cancel you will get a full refund of all tour monies paid. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to daily itineraries. We will inform you of any changes in due course.

#### TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

#### **FINAL PAYMENT**

The balance of the tour price will be due 75 days prior to the tour commencement date.

PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW		
I accept the conditions on this booking form	I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements	
Applicant's Signature		
Print Full Name	Dated	



# Payment Form

Tour / Course Name		
Name of Traveller 1  Name of Traveller 2		
I have enclosed a payment to the value of \$ (i	ncluding CC or bank fee if applicable) for this tour	
The above amount is payable for:  Intention to Travel Tour Deposit  Balance of Payment Upgrade from Intention to Tra  Travel Insurance Other (eg. Airfares, Accommo	vel to a Deposit dation)	
By Cheque Please make cheques payable to Australians Studying Abroad  Direct Deposit or Internet Banking You will need to:  1. Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch 2. Include any fees levied by the banks 3. Provide a reference number (Mobile or last name recommended).  4. Complete section below, including confirmation no. (given when transaction completed).  Australians Studying Abroad bank details Bank ANZ Branch 420 St Kilda Road, Melbourne Vic Swift Code ANZBAU3M BSB 013-423 Account No 3472-32759  Bank confirmation No.  Reference used: Mobile or last name recommended	Credit Card Payment  Credit card fees apply: Mastercard & Visa 1.95% American Express 2.80%  Please debit my: Mastercard Visa American Express  I authorise ASA to debit my credit card for the amount due plus the applicable fee as above  Credit Card Number  Expiry Date Security Code (CVC)  Bank the Card is linked to (eg. NAB or ANZ)  Cardholders Name  Cardholders Billing Address  Postcode  State Country  Phone	
Date Money Transferred	Email Cardholders Signature	