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# Finland: Architecture and Design 2020

1 SEP – 14 SEP 2020

Code: 22026

Tour Leaders    **Stephen Crafti**

Physical Ratings   

For 14 days, architecture and design writer Stephen Crafti charts the very latest in Finland contemporary art, architecture, furniture and fashion.

## Overview

With architecture and design writer [Stephen Crafti](#), explore the very best of Finland's modernist and contemporary art, architecture, furniture and fashion in Helsinki, Jyväskylä, Seinäjoki and Turku.

- Begin in Finland's capital, Helsinki, at the time of [Helsinki Design Week](#), visiting the [Design Museum](#) and the [Museum of Finnish Architecture](#).
- Accompanied by an architect, discover Helsinki's rich architectural history; visit Eliel Saarinen's Central Station, the [Chapel of Silence, Oodi](#) – the new Helsinki Central Public Library, and tour the famous [Finlandia Hall](#).
- Meet with Tuuli Sotamaa in her renowned design studio [Ateljé Sotamaa](#).
- Tours of the Artek Flagship store and the Aalto House and Studio introduce us to Alvar Aalto, - Finland's most famous architect of the 20th century.
- At Marimekko Outlet, see some examples of world-renowned Marimekko prints.
- Tour the private showroom of [Marita Huurinainen](#), famous for her 'wave shoes'.
- Meet new artists at the Design Lab at the [Iittala & Arabia Design Centre](#).
- View contemporary art at [Kiasma](#) and [Didrichsen Art Museum](#), a private seaside villa designed by Alvar Aalto's assistant, Viljo Revell.
- Meet Finnish designer [Harri Koskinen](#) and learn about his internationally renowned range of products.
- Experience a private visit of the multi-award winning [Amos Rex Art Museum](#), accompanied by project mastermind Asmo Jaaksi, JKMM Architects.
- Travel through Finnish forests to Lahti to view its wooden architecture and understand more about the relationship Finns share with wood; in Haltia, tour the award-winning [Finnish Nature Centre](#).
- Visit the Alvar Aalto Museum and [Workers Club](#) in Jyväskylä, his town hall at Säynätsalo, and his experimental house at Muuratsalo. In Seinäjoki, tour the striking Aalto Centre, view his [Sanatorium](#) at Paimio and, by special arrangement, see the world-famous [Villa Mairea](#) in Noormarkku.
- Visit Sibelius' turn-of-the-century villa at Ainola, [Villa Kokkonen](#) by Aalto and Villa Hvitträsk, Saarinen's home and studio.
- Take a private tour of the award-winning '[Summer Villa](#)', a minimalist seaside residence designed by Haroma & Partners.
- Relax in [Löyly Sauna](#), with an exclusive architectural visit with head designers Ville Hara and Anu Puustinen ([Avanto Architects](#)). Enjoy its sea views and an optional 'Löyly' (meaning steam enveloping) experience.
- Dine at the [Savoy](#), the 80-year-old museum-like restaurant which bears the hallmark of Alvar Aalto and his then newly founded furniture design brand Artek, looking over the rooftops of Helsinki.
- By special appointment, visit and enjoy Farewell Dinner at [Ultima](#), designed by Ateljé Sotamaa, the architects behind the Finnish Pavilion in World Expo 2017.

### 14-day Architecture and Design Tour of Finland

Overnight Helsinki (6 nights) • Jyväskylä (2 nights) • Seinäjoki (1 night) • Turku (2 nights) • Helsinki (2 nights)

### Informal Professional Development for Architects

Practising architects who travelled on this program in past years qualified for Informal Professional Development points. The tour program includes over 10 hours of on-site learning delivered by qualified architects. Please refer to the daily schedule for the description of the sites visited. For details about the Continuing Professional Development point requirements please refer to the Australian Institute of

Architects website: [www.architecture.com.au](http://www.architecture.com.au)

## Leaders



**Stephen Crafti**

A leading architecture & design writer of over 40 books & many articles including for 'The Age', 'Sydney Morning Herald' & 'Wallpaper' magazine (London), Stephen has pioneered ASA's new special design tours to London, Japan, Belgium, Berlin & Hamburg.

Stephen Crafti is a leading Architecture & Design Writer. With more than 40 books to his name and writing for Australia's leading newspapers and magazines, including the *Sydney Morning Herald*, *The Age* and *The Australian Financial Review*, Stephen is highly regarded in his field. Whether it's writing about a contemporary home or a design luminary, he makes the subject both intriguing and highly accessible. He started writing on architecture and design in the early 1990s, after purchasing a modernist 1950s home. "I've always been drawn to design, whether it's a building, an interior, a beautifully crafted chair or fashion. I'm fascinated with the stories behind each creation. I never stop looking. It's a continual search for the best in design, whether in Australia or overseas".

Stephen Crafti also produces and hosts 'Talking Design', a popular fortnightly RMIT podcast, which features interviews with experts and professionals from all areas of the design world. To listen, please visit: [www.rmit.edu.au/news/podcasts/talking-design](http://www.rmit.edu.au/news/podcasts/talking-design)

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### Combine this tour with

#### Belgium: Architecture and Design 2020

16 SEP – 26 SEP 2020



## Itinerary

The following itinerary lists a range of museums, galleries, buildings and design projects which we plan to visit. Many are accessible to the public, but some require special permission, which may only be confirmed closer to the tour's departure. The daily activities described in this itinerary may change or be rotated and/or modified in order to accommodate alterations in museum opening hours and privately hosted visits. Participants will receive a final itinerary together with their tour documents prior to departure. The tour includes breakfast daily, lunches and evening meals as indicated in the itinerary where: B=breakfast, L=lunch, and D=evening meal.

### Helsinki - 6 nights

Day 1: Tuesday 1 September, Arrive Helsinki

- Airport transfer for participants arriving on the ASA 'designated' flight
- Welcome Drinks at Ateljee Rooftop Bar

Participants taking the ASA 'designated' flight are scheduled to arrive into Helsinki in the morning and will transfer directly to the [Sokos Hotel Vaakuna](#). If you are travelling independently, please make your own way to the hotel. After dropping off your luggage, we shall have a short introductory meeting in the hotel foyer, and then proceed with a short orientation walk followed by welcome drinks. (Overnight Helsinki)

Day 2: Wednesday 2 September, Helsinki

- Architecture walking tour of Helsinki
- Finlandia Hall
- Design Museum
- Galleria Bronda Oy
- Welcome Dinner at Savoy Restaurant

Led by a local architect, we begin our day with a walking tour of cutting edge Helsinki architecture. It includes visits to Kamppi (the Chapel of Silence) with its curved shape, the Temppeliaukion Church, the famous 'Rock Church' designed by Timo and Tuomo Suomalainen in 1968 and 1969, the state-of-the-art music venue Musiikkitalo, and Oodi – the new Helsinki Central Public Library.

We are introduced to the grandfather of Finnish architecture and design, Alvar Aalto. This iconic Finn served in the Finnish Civil war in 1918 whilst in the midst of his architecture studies. In the early 1920s, he began his architecture career, following the styles of classicism and functionalism. He then went through an experimental period and began designing building interiors. He became increasingly successful, inventing the widely used three-legged stool, and introducing the patented bent wood manufacturing process. Aalto's designs include libraries in Russia, theatres in Germany and churches in Italy. Later in his career he was commissioned for key projects in Helsinki such as Finlandia Hall, a key landmark that we visit this morning. Constructed in 1971, the congress and events centre is a modernist building featuring a tower with a high empty space for better acoustics (hidden from guests by a latticed ceiling). The interior of the building is a tribute to Aalto's attention to detail.

We travel by public transport to reach the Design Museum, which presents the development of Finnish design from the late 19th century to today. It showcases the biggest names of Finnish design, from Akseli Gallen-Gallela and Alvar Aalto to Tapio Wirkkala and Timo Sarpaneva. The permanent exhibition dates back to the 1870s and looks at craft, fashion, furniture design and industrial design. The museum was founded in 1873 as a study collection for the Helsinki Arts and Crafts School and has operated in its current premises since 1978.

After a visit to Galleria Bronda Oy, an exhibition space for contemporary art since 1978, we walk back to our hotel for a short rest.

Tonight, we enjoy a welcome meal at the Savoy Restaurant, the 80-year-old museum-like restaurant which bears the hallmark of Alvar Aalto and his then newly founded design brand Artek, looking over the rooftops of Helsinki. The restaurant's best-known interior design detail is the Savoy Vase – the famous undulating vase whose first models were created in 1936 – designed by Alvar and his wife Aino Aalto. (Overnight Helsinki) BD

### Day 3: Thursday 3 September, Helsinki

- Harri Koskinen Studio – Friends of Industry Ltd.
- Marimekko Outlet: see some examples of world class print-designs
- Lunch at newly refurbished Maritori Restaurant
- Ivana Helsinki House: guided tour with house host
- Iittala & Arabia Design Centre and Design Lab: meet artists
- Amos Rex Art Museum with architect Asmo Jaaksi, JKMM Architects

Today we meet Harri Koskinen, who established his design studio, Friends of Industry Ltd. in Helsinki in 1998. In his work Koskinen focuses mainly on product design, though his studio also offers concept design and exhibition architecture. Koskinen's impressive list of clients includes companies such as Artek, Design House Stockholm, Iittala, Magis, Issey Miyake, Montina, Muji, Panasonic, Seiko Instruments, Swarovski and Venini. In 2004, he received the Italian Compasso d'Oro Award for the Muu chair designed for Montina. Koskinen's works have been presented in numerous exhibitions all over the world. His Block lamp for Design House Stockholm (1996) is included in the collection of MoMA. He also has works in the permanent collections of the Design Museum in Helsinki and in the Chicago Athenaeum: Museum of Architecture and Design. Koskinen's recent productions include an incense holder for Lisl, OMA tableware for Arabia and

men's underwear for Black Horse.

We continue our exploration of Finnish design with a visit to the Marimekko Outlet, to see the world class Marimekko print-designed clothes, textiles and interior design pieces. Following our visit to the Marimekko Outlet, we have lunch at the newly refurbished Maritori Restaurant.

Next, we visit Ivana Helsinki Studio. Paola Ivana Suhonen is the Helsinki born designer, artist and film-maker behind the independent fashion and cinema brand Ivana Helsinki. Her brand is the only Scandinavian womenswear collection to be accepted into the official Paris Fashion Week "IN" Show calendar and has been featured in several alternative projects where fashion, design and modern art have been combined. We are introduced to the brand and the Ivana Helsinki House by the house host.

In the surrounding area, we observe the participatory architectural planning in residential suburb of Arabianranta. Literally 'the coast or shoreline of Arabia', this extraordinary old mixed industrial and residential precinct gained its name long before the Arabia ceramics factory, the largest ceramics centre in Europe, was built there. The name Arabia, or rather, 'Arabian ja Kaanaan maa' (the land of Arabia and Canaan) is already found in 18th-century documents whereas the Arabia factory was not founded until 1871.

Nowadays, Arabianranta is undergoing a fascinating revival in which ultra-modern development contrasts to older industrial plant style. It is fundamentally a place of contrasts: 'old and new', 'nature and urbanity', 'industry and residence', 'work and peace', 'art and technology'. Arabianranta is home to 10,000 people, a workplace for 5000 and a campus for 6000 students and professionals. The highlight of our exploration is a visit to littala & Arabia Design Centre, Finland's most celebrated design and lifestyle brands, littala and Arabia. In their Design Lab Centre, we meet new artists in residence.

For our last visit of the day, we return the centre of Helsinki to visit Amos Rex, a multi-award winning art museum by architecture firm JKMM. We are accompanied for the visit by architect Asmo Jaaksi, the mastermind of the project. Amos Rex, formerly known as Amos Anderson Art Museum, brings contemporary architecture to the modernist Lasipalatsi (*Glass Palace*), a functionalistic building designed in 1938 by then architecture students Viljo Revell, Niilo Kokko and Heimo Riihimäki. Originally it was only built to be a temporary building, but later became an icon of functionalist architecture. It was recently renovated to revive its original lustre. Opened in autumn 2018, Amos Rex is now a meeting place for art and urban culture, consisting of an art museum within its underground exhibition spaces, the meticulously renovated Lasipalatsi and its cinema Bio Rex, as well as a vibrant event forum on Lasipalatsi Square, which serves as the roof of the exhibition hall (*Overnight Helsinki*) BL

#### Day 4: Friday 4 September, Helsinki

- Architecture walking tour of Helsinki
- Marita Huurinainen Showroom
- Lunch at Dylan Marmoripiha Restaurant in the Rautalo building
- Artek Flagship Store
- Museum of Finnish Architecture: guided tour
- Artek 2nd Cycle

We begin the day with another walking tour of Helsinki, with an emphasis on Art Nouveau and Neo-classical architecture. We stop first to visit Helsinki Main Railway Station built by Eliel Saarinen, between 1903 and 1919. Then we walk to Pohjola Insurance Building; this Art Nouveau building was designed by Eliel Saarinen and built in 1901 by Gesellius, Lindgren and Saarine.

The Neo-classical Senate Square in Helsinki is undoubtedly one of the most beautiful urban squares in the world. In the heart of Helsinki, one can still feel the presence of both Russia and Sweden – and that of Europe, along the lush, lively Esplanade Park with its neo-renaissance palaces and cafés. Then we visit Akateminen Bookstore, the Academic Bookstore, the masterpiece designed by the renowned Alvar Aalto in 1969.

At the end of our tour, we meet with designer Marita Huurinainen at her showroom, which features modern wooden clogs, evening wear and other creations. Of particular fame is her award-winning 'wave shoe', innovatively designed to be flexible to walk in, even though it is made from wood.

We enjoy lunch at Dylan Marmoripiha, located in the historic Rautatalo building designed by Alvar Aalto.

Then we visit the Artek Flagship Store. When Artek first opened in 1935, it mainly sold furniture designed by two of its cofounders, the architect and designer couple Alvar Aalto and his wife, Aino. It still sells classic Aalto, but also stocks the works of other famous Finnish and international designers.

We finish the day with a short walk from Artek Flagship Store is the Museum of Finnish Architecture where, whose huge collection consists of 85,000 black-and-white photographs, 30,000 slides, 500,000 original drawings, copies of drawings, documents and models. Our visit here provides an excellent overview of Finnish 20th-century architecture. (Overnight Helsinki) BL

#### Day 5: Saturday 5 September, Helsinki

- The Aalto House and Studio: guided tour
- Artek 2nd Cycle
- Galleria Bronda
- The Finnish Design Market

We commence with a visit of the Family Home and Office designed by Aino and Alvar Aalto in 1934-36. The building presents a severe façade to the street, hiding an interior that experiments with the 'Romantic Functionalist Style' that Aalto fully developed in the later Villa Mairea. Nearby we visit Aalto's studio of 1955, which is often considered one of his finest buildings from the '50s.

We then visit Artek 2nd Cycle, a shop featuring a vintage collection of Alvar Aalto furniture as well as other Finnish and international brands.

We follow this visit with a viewing of Galleria Bronda, an exhibition space for contemporary art since 1978, which has organised over 400 exhibitions.

We end our day with a visit to the Design Market. Held at the beginning of Helsinki Design Week, the Design Market is the biggest design stock sale event in the Nordic countries. Located in the Cable Factory, it provides visitors with an opportunity to find items made from Finnish raw materials. We transfer back to the hotel, and spend the rest of the evening at leisure. (Overnight Helsinki) B

#### Day 6: Sunday 6 September, Helsinki

- Villa Ainola: guided tour
- Villa Kokkonen, Järvenpää: guided tour, music performance & buffet lunch
- Löyly Sauna: architectural visit with Ville Hara and Anu Puustinen, Avanto Architects, optional sauna visit and view from the terraces

Today we begin with a guided tour of Villa Ainola. Jean Sibelius and his family moved into this villa in 1904 after it was designed by Lars Sonck according to just two simple requests from the composer: a view of Lake Tuusula and a green fireplace in the dining room. The current appearance of the house is an authentic representation of the house as it was in 1969, when Aino Sibelius passed away there, 12 years after the death of her composer husband. We visit Aino's garden, sauna and Sibelius' tomb.

We next transfer to one of Aalto's last works, Villa Kokkonen, in Järvenpää, designed for the composer Joonas Kokkonen. Completed in 1969, it has been seen as a precursor to Finlandia Hall in Helsinki. The heart of the home is the large study, which was designed around a grand piano, a unique orchestration of architecture, design and music. At Villa Kokkonen we enjoy a buffet lunch and a music performance.

To conclude the day's program, we return to the city centre to visit the recently opened Löyly Sauna which we tour with the architects Ville Hara and Anu Puustinen, Avanto Architects. Löyly is the Finnish word for the steam that envelopes you when water is thrown on the hot sauna rocks. This steam is essential to the sauna experience, which tour participants can either partake in at leisure or, alternatively, you may wish to climb atop the building to admire sea views. We enjoy a drink on the terrace. (Overnight Helsinki) BL

### Jyväskylä - 2 nights

Day 7: Monday 7 September, Helsinki — Lahti — Jyväskylä

- Sibelius Hall, Lahti: guided tour
- Piano Pavilion, Lahti: guided tour & lunch
- Alvar Aalto's Church of the Cross, Lahti: guided tour

Today we depart Helsinki and drive north towards Lahti. We begin our exploration of this town with a visit of Sibelius Hall, a congress and concert centre completed in 2000 and situated by the Lake Vesijärvi, in the birthplace of Lahti's industrial district. The very spacious Forest Hall and the stunning lake scenery create an incredible atmosphere, and as architects Hannu Tikka and Kimmo Lintula explain, the main source of inspiration in the design was Finnish forests. This is the biggest public wooden building to be constructed in Finland in the last 100 years.

Continuing with the wood theme, we visit the Piano Pavilion, built in 2008 from eco-friendly materials and part of the wooden architecture park being built in the area. According to Swedish-born Gert Wingårdh, the building resembles a ship that is about to launch.

We finish our time in Lahti with a visit to Aalto's Church of the Cross (1970-1978), described as Gethsemane, a garden of peace in Lahti's city centre. The church's brilliant light-filled interior and excellent acoustics make a stunning concert space.

The end of the day sees us continuing the drive through Finnish woodlands before we check in to Hotel Yöpuu, a stylish boutique hotel. (Overnight Jyväskylä) BLD

Day 8: Tuesday 8 September, Jyväskylä

- Muurame Church
- Muuratsalo Experimental House
- Saynatsalo Town Hall
- University of Jyväskylä incl. main building with library, Lozzi Restaurant & Training School
- Alvar Aalto Museum

- Workers' Club

Today is filled with visits to Alvar Aalto buildings. With an expert local guide, we venture onto the island of Muuratsalo, which features a typical Finnish mixed forest, with birch and pine predominating. Here, we view Aalto's Experimental House which along with Villa Mairea (visited on day 10) is one of the best examples of Alvar Aalto's residential architecture.

Other Aalto buildings visited today are Muurame Church (1926-29), Saynatsalo Town Hall and Jyväskylä Workers' Club (1949-1952). James Maude Richards, British architectural writer, said of the Town Hall in 1978: 'It is intimate and idiosyncratic, with an unusual layout directly responsive to the genus loci.' The dark red brick, wood and copper of the buildings, and their abruptly varied roof shapes, seen through closely planted trees, visually link the whole group to the rugged landscape.

We conclude our day with visits to the Aalto Museum and a tour of Aalto's University of Jyväskylä, including: the main building with the library, the Lozzi Restaurant and the training school. In the museum, we see displays of his architecture, furniture, textiles and glassware, documenting the rapid economic growth and industrialisation that Finland experienced during the first half of the 20th century. (Overnight Jyväskylä) BL

### **Seinäjoki - 1 night**

Day 9: Wednesday 9 September, Jyväskylä — Petäjävesi — Seinäjoki

- Petäjävesi Old Church, Petäjävesi
- Lunch at Hotel Alma
- The Aalto Centre: guided tour

This morning we drive west towards Seinäjoki with a stop on the way in Petäjävesi, where the UNESCO World Heritage Old Church is located. Built in the 1760s for a small Lutheran parish, it was the town's main church until 1879 when the new church was built. From the time when the new church started to be used, the old church was completely abandoned and consequently its preservation was ensured due to minimal interference from heating systems and other modifications. Features of the Petäjävesi Old Church include the steep pitched roof recalling the Gothic tradition, the interior's hand-carved log surfaces with their silky patina and the silvery sheen on the seasoned walls, the elaborately carved pulpit, pews, chandeliers, and galleries with balustrades, which are entirely the work of local craftsmen and artists.

Upon arrival in Seinäjoki, we enjoy lunch at Hotel Alma. This refurbished building, just over a century old, was formerly a meeting point for railroad workers. Standing on the Hotel's terrace, you can view the famous silhouette of Lakeuden Risti, a modern church designed by Alvar Aalto.

This afternoon, we visit the Aalto Centre in Seinäjoki, an internationally unique architectural complex, comprised of six buildings and Kansalaistori, the 'Citizens' Square', built in 1988. Our walking tour takes us to four of the buildings designed by Alva Aalto: Lakeksien Risti Church, City Hall, the Theatre and the Library. The church was designed by Aalto in response to a competition to find a church for a 'small but rapidly evolving market town'. Then, there is the city hall, whose unique facade of dark blue ceramic tiles, designed by Aalto to be 'that of the Seinäjoki Hall and of nowhere else', is characteristic of a more diverse modernistic expression that Aalto developed later in his career. Next, we view the Seinäjoki theatre that Aalto designed in 1968, but was only completed almost 20 years later in 1987 under the supervision of Elissa Aalto. The façade is constructed of ceramic blocks. The airy foyer is furnished with Artek pieces and houses Aalto's unique collection of bent wood reliefs. We finish the tour of the centre with the library,

whose fan-shaped main room is the most striking feature. Light falls through the window slats casting beautiful shapes on the ceiling, walls and shelves. The restored Aalto-designed library was opened in May 2015. (Overnight Seinäjoki) BL

### Turku - 2 nights

Day 10: Thursday 10 September, Seinäjoki — Noormarkku — Rauma — Turku

- Villa Mairea: guided tour
- Old Rauma: walking tour
- Saint Henry's Ecumenical Art Chapel, Turku

A scenic drive through the sparsely populated Noormarkku region brings us to Villa Mairea, an Alvar Aalto masterpiece of 20th-century architectural design. This villa is representative of the stage in Aalto's career when he was moving from reduced functionalism to more organic but modern architectural expression in the late 1930s. It was built for Maire and Harry Gullichsen, a wealthy and open-minded couple, friends of Aalto. The couple was so supportive of Aalto's modern design, that whilst the early stages of the building were being completed, they were convinced by Aalto to accept a hurried new project that was based on the concept of a continuous 250-square-metre living space, intended to resemble the limitless space of nature. This would accommodate all the collective functions of the house as well as the owner's art collections.

We stop for lunch in Rauma, one of the oldest harbours in Finland, and then take a walking tour through Old Rauma. This UNESCO World Heritage medieval town is one of the finest examples of a Nordic city constructed in wood.

In the archipelago of Turku stands Saint Henry's Ecumenical Art Chapel, a steeply arching structure with a shiny copper exterior and a warm wooden interior designed by Matti Sanaksenaho, in 2005. Sanaksenaho writes, "*The chapel grows from its site, which is a hillock surrounded by pines. It rises from the landscape as a traditional sacral building.*" (Overnight Turku) B

Day 11: Friday 11 September, Turku – Kustavi – Turku

- Haroma & Partners' Summer Villa, Kustavi (to be confirmed)
- Lunch at Heikinkarin Ranthuone, Kustavi
- Guided tour of Paimio Sanatorium

This morning we meet with Haroma & Partners, a small architecture firm established in 2004 and winners of 'house of the day' in Modern House in 2015. We drive a short distance west of Turku to view the prize-winning Summer Villa by Haroma & Partners, a minimalist single-storey house comprised of timber and glass. The house is located in the serene province of Kustavi.

After our visit to the Summer Villa, we stop for lunch in Kustavi's beautiful lake district.

On the opposite side of Turku lies Paimio, where Alvar Aalto's Paimio Sanatorium was built as an isolation hospital for tuberculosis patients in the 1920s. Winning an award for the design of this hospital at the age of 30, this design helped Aalto prove himself as an innovative and radical man with a social conscience. The design shows that Aalto had a profound concern for the diverse physical and psychological needs of patients with tuberculosis. Considerable emphasis was laid upon the peacefulness of the environment, hygiene and user comfort as well as humane, sustainable solutions. (Overnight Turku) BL

## Helsinki - 2 nights

Day 12: Saturday 12 September, Turku — Haltia — Hvitträsk — Helsinki

- Architecture tour of The Finnish Nature Centre, Haltia
- Villa Hvitträsk, Kirkkonummi
- Visit and Farewell Dinner at Ultima restaurant, designed by Ateljé Sotamaa

We depart Turku and drive back towards Helsinki. Situated on the edge of Nuuksio National Park, Haltia is a striking model of sustainable architecture. Designed by Lahdelma and Mahlamäki Architects, and inspired by a mythical goldeneye bird from the Finnish epic poem *Kalevala*, the graceful building won the Finnish Wood Prize in 2013. It is the first public building in Finland built entirely of wood.

We next visit Villa Hvitträsk, built at the beginning of the 20th century, and designed in the National Romantic style. This villa was home to architects Eliel Saarinen and Armas Lindgren, and was visited by esteemed figures such as Jean Sibelius, Axel Gallen-Kallela and Maksim Gorki.

Tonight, we visit and dine at Ultima, a new restaurant in South Harbour, in the centre of Helsinki. Ultima's award-winning architects, brother and sister team Kivi Sotamaa and Tuuli Sotamaa, explore how architecture, design and art can be used to help people reimagine their relationship to food. As a finale to our tour, Kivi Sotamaa and Tuuli Sotamaa will show us around the restaurant and join us for our farewell meal. The restaurant is described as "an experiment in changing peoples' relationship to food through innovative cuisine, design and hyperlocal production of food". Here, Finland's top chefs and owners Henri Alén and Tommi Tuominen explore the culinary applications of circular economy as well as the most innovative food and farming technologies today. (Overnight Helsinki) BLD

Day 13: Sunday 13 September, Helsinki

- Museum of Contemporary Art Kiasma
- Guided tour of Didrichsen Art Museum
- Optional: littala Flagship Store

This morning we visit the Museum of Contemporary Art Kiasma, designed by the American architect Steven Holl. The museum, highly controversial at the time of its design in 1998, exhibits the contemporary art collection of the Finnish National Gallery.

We then take a guided tour of the Didrichsen Art Museum. Located on Kuusisaari island in Helsinki, the Didrichsen Art Museum is a unique combination of an art museum and a private villa by the seaside. Villa Didrichsen was designed by Viljo Revell, who worked as Alvar Aalto's assistant in the world exhibition in Paris and whose influences included the well-known modernist architect, Swiss-French Le Corbusier.

This afternoon, you may wish to spend some time at leisure or visit the littala Flagship Store, designed by Kaj Franck, which has served generations of littala customers since it first opened in the 1950s. The historic space presents the littala collection, along with a wide selection of Arabia products. (Overnight Helsinki) B

Day 14: Monday 14 September, Depart Helsinki

- Airport transfer for those taking the ASA 'designated' flight

The tour ends in Helsinki. Participants travelling on the ASA 'designated' flight will transfer to the airport to

take their flight home. Alternatively, you may wish to extend your stay in Europe. Please contact ASA if you require further assistance. B

## Accommodation

### 14-day Architecture and Design Tour of Finland

ASA has selected a range of 4-star hotels that are themselves historical buildings and/or are located in historical centres. All hotels provide rooms with en suite bathroom.

- Helsinki (6 nights): 4-star Original Sokos Hotel Vaakuna – designed for the Summer Olympics by architect Erkki Huttunen, this functionalist Vaakuna building is located close to Helsinki Central Station. [www.sokoshotels.fi](http://www.sokoshotels.fi)
- Jyväskylä (2 nights): 4-star Boutique Yöpuu Hotel – a unique hotel, centrally located and housed in a historical stone building. Features Restaurant Pöllöwaari. [hotelliyopuu.fi](http://hotelliyopuu.fi)
- Seinäjoki (1 night): 4-star Original Sokos Hotel Vaakuna – located close to Market Square, this recently refurbished hotel features a guest sauna. [www.sokoshotels.fi](http://www.sokoshotels.fi)
- Turku (2 nights): 4-star Radisson Blu Marina Palace Hotel – overlooking the Aura river in central Turku, this eco-friendly hotel features Baroque style bedrooms. [www.radissonblu.com](http://www.radissonblu.com)
- Helsinki (2 nights): 4-star Hotel Helka – a stylish hotel located close to the Helsinki design district featuring decor by Artek and other Finnish designers. [www.hotelhelka.com](http://www.hotelhelka.com)

Note: *Hotels are subject to change, in which case a hotel of similar standard will be provided.*

### Single Supplement

Payment of this supplement will ensure accommodation in a single-occupancy room throughout the tour. In most hotels, this will be a double/twin room for single occupancy, except in Jyväskylä, where accommodation will be in a single room for 2 nights. The number of rooms available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.

## Tour Map



## Tour Price & Inclusions

AUD \$7980.00 Land Content Only – Early-Bird Special: Book before 30 September 2019

AUD \$8180.00 Land Content Only

AUD \$1550.00 Single Supplement

For competitive Economy, Business or First Class airfares and/or group airfares please contact ASA for further information.

### Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with en suite bathroom in 4-star hotels.
- Breakfast daily, lunches and evening meals as indicated in the itinerary, where: B=breakfast, L=lunch and D=evening meal
- Drinks at welcome and farewell meals. Other meals may not have drinks included.
- Porterage of one piece of luggage per person at the hotel, except at the Hotel Helka, where porterage is not included
- Lecture and site-visit program
- Public transport in Helsinki as per the itinerary
- Airport-hotel transfers if travelling on the ASA 'designated' flights
- Entrance fees as per the itinerary
- Use of audio headsets during site visits
- Tips for the coach driver, local guides and restaurants for included meals

### Tour Price (Land Content Only) does not include:

- Airfare: Australia-Helsinki, Helsinki-Australia
- Airport-hotel transfers if not travelling on the ASA 'designated' flights
- Personal spending money
- Luggage in excess of 20kg (44lbs)
- Travel insurance
- Porterage at Hotel Helka



## Physical Endurance & Practical Information

Physical Ratings 

The number of flags is a guide to the degree of difficulty of ASA tours relative to each other (not to those of other tour companies). It is neither absolute nor literal. One flag is given to the least taxing tours, seven to the most. Flags are allocated, above all, according to the amount of walking and standing each tour involves. Nevertheless, all ASA tours require that participants have a good degree of fitness enabling 2-3 hours walking or 1-1.5 hours standing still on any given site visit or excursion. Many sites are accessed by climbing slopes or steps and have uneven terrain.

This 14-day Architecture and Design Tour of Finland involves:

- Exploring Helsinki, Jyväskylä, Seinäjoki and Turku on foot.
- Extensive walking (up to 5km per day) and standing during museum and other site visits. Walking tours may include steep slopes, flights of stairs, cobbled streets and uneven ground.
- Regular use of Helsinki's public transport system.
- You must be able to carry your own hand luggage. Hotel portage includes 1 piece of luggage per person.
- 4-star hotels with four hotel changes.
- The use of audio headsets, which amplify the voice of your guide (despite noisy surroundings). This technology also allows you to move freely during site visits without missing any information.

It is important to remember that ASA programs are group tours, and slow walkers affect everyone in the group. As the group must move at the speed of the slowest member, the amount of time spent at a site may be reduced if group members cannot maintain a moderate walking pace. ASA tours should not present any problem for active people who can manage day-to-day walking and stair-climbing. However, if you have any doubts about your ability to manage on a program, please ask your ASA travel consultant whether this is a suitable tour for you.

**Please note:** it is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour participant to refrain from a particular activity on part of the tour. For further information please refer to the ASA Reservation Application Form.

### Practical Information

Prior to departure, tour members will receive practical notes which include information on visa requirements, health, photography, weather, clothing and what to pack, custom regulations, bank hours, currency regulations, electrical appliances and food. The Department of Foreign Affairs & Trade website has advice for travellers: [www.smartraveller.gov.au](http://www.smartraveller.gov.au)

## Booking Conditions

### Make a Reservation

#### ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$500.00 per person payable to Australians Studying Abroad.

### Passport Details

All participants must provide no later than 75 days prior to the commencement of the program a photocopy of the front page of their current passport.

### Single Supplement

Payment of this supplement will ensure accommodation in a single-occupancy room throughout the tour. In most hotels, this will be a double/twin room for single occupancy, except in Jyväskylä, where accommodation will be in a single room for 2 nights. The number of rooms available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.



# Reservation Application

TOUR NAME \_\_\_\_\_  
TOUR DATES \_\_\_\_\_

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

## Applicant Details (as in passport)

TITLE Mr  Mrs  Ms  Miss  Dr  Other \_\_\_\_\_

FIRST NAME \_\_\_\_\_ Preferred FIRST NAME \_\_\_\_\_

MIDDLE NAME \_\_\_\_\_ SURNAME \_\_\_\_\_

POSTAL ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ COUNTRY \_\_\_\_\_ POSTCODE \_\_\_\_\_

TEL. (AH) (\_\_\_\_\_) TEL. (BH) (\_\_\_\_\_) Mobile Tel: \_\_\_\_\_

EMAIL address \_\_\_\_\_

Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ GENDER Male  Female

Passport Number \_\_\_\_\_ Expiry date \_\_\_\_ / \_\_\_\_ Nationality \_\_\_\_\_

Colour copy of my current valid passport enclosed  I'm renewing my passport  ASA has a colour copy of my current passport

## Travel Plans

I wish ASA to book my airfare, please contact me to discuss my options.  Business Class  Economy Class

I plan to leave Australia before the tour commences. Planned departure date \_\_\_\_ / \_\_\_\_

I will be arranging my airfare independently and taking the Land Content Only option.

Frequent Flyer \_\_\_\_\_ Name of Airline \_\_\_\_\_ Airline Seat preference \_\_\_\_\_  
Membership # \_\_\_\_\_ (please note request only)

## Tour Accommodation (rooming preferences)

I/we would like:  a twin-bedded room  a double-bedded room  a room for sole occupancy

I am travelling:  on my own  with a friend/family member Travel Companion \_\_\_\_\_

## Meals

Please X the box if you **CAN NOT** eat any of the following:

I do not have any specific dietary requests  fish  poultry  red meat  dairy products

eggs  pork  nuts

Allergies: Refer to the Medical Information  Other \_\_\_\_\_

## Correspondence

Your preferred method of correspondence  Postal Mail  Email Address \_\_\_\_\_

## Emergency Contact Details

Note: this person **MUST** be available by telephone and be present in Australia for the duration of your tour with ASA

Name \_\_\_\_\_ Relationship to Traveller \_\_\_\_\_

Address \_\_\_\_\_

TEL. (AH) (\_\_\_\_\_) TEL. (BH) (\_\_\_\_\_) Mobile Tel: \_\_\_\_\_

EMAIL address \_\_\_\_\_

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at [www.asatours.com.au](http://www.asatours.com.au)
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. [www.traveldoctor.com.au](http://www.traveldoctor.com.au) tel:1300 658 444; [www.travelvax.com.au](http://www.travelvax.com.au) tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include **generic names** of each medication (consult your local pharmacy for information).

Please mark X in the YES or NO box to every question below and provide details where necessary:

### Participation Criteria

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

- |   | YES                   | NO                               |
|---|-----------------------|----------------------------------|
| 1. Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions?           | <input type="radio"/> | <input checked="" type="radio"/> |
| 2. Can you walk unassisted on and over uneven surfaces?   | <input type="radio"/> | <input checked="" type="radio"/> |
| 3. Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?        | <input type="radio"/> | <input checked="" type="radio"/> |
| 4. Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?               | <input type="radio"/> | <input checked="" type="radio"/> |
| 5. Can you organise, manage and carry your own luggage?   | <input type="radio"/> | <input checked="" type="radio"/> |
| 6. Can you follow and remember tour instructions and meet punctually at designated times and places?  | <input type="radio"/> | <input checked="" type="radio"/> |
| 7. Can you administer your own medication?  | <input type="radio"/> | <input checked="" type="radio"/> |
| 8. Do you have impaired vision or hearing which may impact your capacity to participate on this tour? | <input type="radio"/> | <input checked="" type="radio"/> |

### Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

- YES    NO
1. Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program?  
If yes, please specify

If yes, how will you manage this on tour?

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### Allergies and/or Food Intolerances

ASA will make reasonable endeavours to organise meals to suit you, provided that you give ASA adequate notice of your specific dietary requirements or allergies. You may be required to research dietary alternatives, as not all destinations may be able to offer suitable food substitutes.

- YES    NO
1. Do you have any food allergies or intolerances?  
If yes, please specify

- 
2. Have you ever had an anaphylactic reaction to anything?  
If yes, please specify
- 

Do you carry an epipen?

- YES    NO
3. Do you have any other allergies or reactions to anything, including medical drugs?  
If yes, please specify
- 

### Existing Medical Conditions

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

- YES    NO
1. Have you any significant medical conditions that may impact your capacity to complete this tour?  
If yes, please specify

If yes, how will you manage this on tour?

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2. Do you require some form of powered medical aid, such as a CPAP machine?

These machines may not be operable on certain international flights, modes of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

**Diabetics:** You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

3. Are you diabetic?
- Are you insulin dependent?
4. Do you suffer from travel sickness?  
Remember to use an appropriate medication while on tour.



# Declaration, Liability and Booking Conditions

## Declaration

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept that there are inherent dangers and risks that may occur during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but for the purpose of making bookings with and engaging services provided for the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of travelling to, on and from any tour.

I understand and acknowledge that this Release and Indemnity applies with respect to:

1. Every general risk to which I or my personal belongings may be exposed in the course of travelling to, on or from any ASA tour
2. Every special risk, in particular medical risks, to which I may be exposed in the course of travelling to, on or from any ASA tour arising from, including, but not limited to:
  - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
  - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
  - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally.
3. All claims arising as a result of my or ASA's cancellation or termination of my continued participation on a tour for whatever reason (refund conditions in ASA's Booking Conditions excepted).

## Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products or services. If a service provider does not deliver the product or service for which you have contracted, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (eg. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, cancellation, failure, accident, act, omission or negligence of any such service provider however caused (contingencies). You must take out adequate travel insurance against such contingencies.

ASA's liability in respect of any tour will be limited to the refund of amounts received from you less all non-refundable costs and charges and the costs of any substituted event or alternate services provided. The terms and conditions of the relevant service provider from time to time comprise the sole agreement between you and that service provider.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

## Booking Conditions

### DEPOSITS

A deposit of \$500.00 AUD per person is required to reserve a place on an ASA tour.

### UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions of the tour, such as meals, entry fees, accommodation, flights or transfers.

### WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. If an ASA tour is forced to cancel you will get a full refund of all tour monies paid. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to daily itineraries. We will inform you of any changes in due course.

### TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

### FINAL PAYMENT

The balance of the tour price will be due 75 days prior to the tour commencement date.

### PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW

I accept the conditions on this booking form     I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements

Applicant's Signature

Print Full Name

Dated

