



# Cherry Blossom and the Art of the Japanese Garden 2026

26 MAR - 9 APR 2026

Code: 22650

Tour Leaders

Jim Fogarty

Fitness Level

Level 1 - Active

For people with active lives and good mobility

Jim Fogarty explores the many different meanings of traditional & modern Japanese gardens. The tour is timed for springtime when the countryside explodes into symphonies of glorious cherry blossom.



# Overview

Travel with Jim Fogarty, award-winning landscape architect and author, and one of Australia's most knowledgeable experts on Japanese gardens. He won the award for Best Design at the 2009 World Garden Competition in Shizuoka Prefecture, and Gold and Best in Show at the 2011 Gardening World Cup Nagasaki. Over many years Jim has carried out his own research into Japan's most iconic gardens uncovering layers of fascinating history not widely known, and has a passionate interest in contemporary influences of Japanese garden design.

- Experience the nation's celebration of the *sakura* season when the countryside explodes into symphonies of glorious cherry blossom.
- Visit a diverse range of traditional gardens including Kinkaku-ji (Golden Pavilion) and Ryoan-ji (Dragon Peace Temple) in Kyoto, Isuien Garden in Nara and Kenrokuen Garden in Kanazawa.
- In Tokyo visit the Jiyu Gakuen School designed by Frank Lloyd Wright.
- Explore splendid art collections including Tokyo's Nezu Museum and the National Museum; Japanese prints at the Japan Ukiyo-e Museum; and the magnificent collection of kimonos at Itchiku Kubota Art Museum.
- In Hakone visit the Lalique Museum and Open-Air Museum containing sculptures by Rodin and Miro, the largest collections of work by Henry Moore, and over 300 works by Pablo Picasso.
- Experience Japan's unique culture at a tea ceremony in Kanazawa, sample Japanese sake and an array of traditional cuisine including the delicious small dishes presented as a *kaiseki* feast.
- View the great Buddha at Nara's impressive Todai-ji Temple, the world's largest timber building.
- Explore the historic Kiso Valley where we find the well-preserved distinctive wooden architecture of the Edo era and stroll along a section of the Nakasendo Highway.

Overnight Tokyo (1 night) • Hakone (2 nights) • Kyoto (6 nights) • Kanazawa (1 night) • Matsumoto (2 nights) • Tokyo (2 nights)

## Introduction

The tour has been timed to visit Japan when its countryside explodes into symphonies of glorious cherry blossom. In historic centres like Kyoto and Nara and in Tokyo you'll discover how Japan's gardens can be experienced on many levels and are renowned for subtly combining artifice and nature, blurring the boundaries between garden and landscape. Some gardens are tiny and minimalist, conveying subtle meanings through ingenious combinations of moss, stones, rock and water. Others are grand, framing rich palaces and temples. We combine garden visits with expressions of traditional Japanese culture like tea ceremonies, sake making and cuisine. Kyoto gardens include extensive, ancient temple and garden complexes such as Ginkaku-ji (Silver Pavilion), Kinkaku-ji (Golden Pavilion) and Ryoan-ji – the famed Dragon Peace Temple. Throughout, garden visits are also combined with an appreciation of Japan's traditional architecture and great museums to enrich your understanding of Japanese aesthetics. In eighth-century capital Nara, architectural treasures, great collections and fine gardens include the Todai-ji Temple, the world's largest timber building, and Kofuku-ji Temple with a five-storey pagoda and treasure trove of Buddhist statues. At Kanazawa we explore traditional construction techniques at Kanazawa Castle, Nagamachi Samurai Residence and Higashichaya District's many old Samurai houses. Kanazawa's Kenrokuen Garden is the 'garden of the six sublimities'. In Tokyo highlights include Rikugien Garden (c.1700) with manicured grass, artfully contorted pine trees held up by wooden supports, wooden tea houses, crooked rustic bridges over gurgling streams and a lake filled with carp and tiny turtles. We make a very special day tour to villages in Kiso Valley, walking a section of the Nakasendo Highway to encounter carefully preserved monuments to Japan's feudal past. Tokyo National Museum and the private Nezu Museum offer masterpieces to further inspire you, while at Hakone we visit the charming Rene Lalique



museum and the Open-Air Museum, a sculpture garden with views to Mt Fuji housing masterpieces by Pablo Picasso, Henry Moore, Rodin and Miro.

# **Testimonials**

Wow, what a tour! We were very spoilt seeing Cherry Blossom in every city we visited and other Japanese plants were in bloom, giving great ideas for a Japanese garden. The art galleries and museums just added the final element to this tour. Marisa, VIC.

My recent trip to Japan was so much fun. I enjoyed every aspect of the tour, the Japanese people went out of their way to make us feel welcome and comfortable. The food was a great adventure and delicious. The hotels were very comfortable and in wonderful locations. Our drivers and guides were excellent. The gardens were beautifully maintained and peaceful places to wander. The cherry blossom was fabulous as were all the Japanese people who came to enjoy the leaves while they were at their best. Helen, VIC.



# Leaders



# Jim Fogarty

Award-winning landscape designer and gardening media personality, with an extensive knowledge of Japanese garden design. Jim is a graduate of Burnley Horticultural College (Uni. Melb), and has led tours to Japan since 2017.

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Jim has twice presented at the Chelsea Flower Show in London as well as successfully exhibiting in the USA, Korea, Malaysia and Singapore. His many awards include a gold medal at the RHS Chelsea Flower Show 2011, and Gold & Best in Show at the RHS Hampton Court Palace Flower Show 2014. Jim is a past National President and Life Member of the Horticultural Media Association of Victoria. He has written for the Melbourne Age newspaper and was a contributor for Burke's Backyard Magazine in Australia. In 2006 he wrote the garden design chapter in the 42nd edition of the Yates Garden Guide, which continues to be republished. Jim runs a successful company in Melbourne designing residential gardens. Project sizes range from small front gardens and outdoor rooms to coastal gardens and larger estates. His work has enabled him to travel extensively throughout Asia, the USA and Europe. He has been leading ASA tours to Japan since 2017.

# Combine this tour with

Southern Japan: Ancient Forests, Mountain Shrines & the Spirit of the Samurai 2026 13 APR – 27 APR 2026





# **Itinerary**

The following itinerary describes a range of gardens, museums and other sites which we plan to visit. Many are accessible to the public, but others require special permission which may only be confirmed closer to the tour's departure. The daily activities described in this itinerary may change or be rotated and/or modified in order to accommodate alterations in opening hours, flight and train schedules and confirmation of private visits. Participants will receive a final itinerary together with their tour documents prior to departure. The tour includes breakfast daily, lunches & dinner indicated in the detailed itinerary where: B = breakfast, L=lunch and D=dinner.

# Tokyo - 1 night

Day 1: Thursday 26 March, Arrive Tokyo

- Tour commences at 10.00am in the foyer of the Tokyo Prince Hotel
- Welcome Meeting
- Nezu Museum
- Rikugi-en Garden
- Welcome Dinner

Meeting Point: The tour commences at 10.00am in the foyer of the Tokyo Prince Hotel.

Following a short welcome meeting we drive to the Nezu Museum, showcasing traditional Japanese and Asian works of art once owned by Kaichiro Nezu, a railroad magnate and politician. The museum has a collection of 7000 works of calligraphy, paintings, sculptures, bronzes, and lacquer ware. We will also explore the building's surroundings – one of Tokyo's finest gardens.

We transfer to Rikugi-en, considered on the the country's most beautiful gardens. It is a strolling garden of the Edo Period, where paths lead visitors around a pond and through forested areas of man-made hills. 'Rikugi-en' means 'six poems gardens' and was laid out to reproduce scenes from famous poems.



Tonight we enjoy a Welcome Dinner at our hotel. (Overnight Tokyo) D

# Hakone - 2 nights

Day 2: Friday 27 March, Tokyo – Yokohama – Hakone

- Sankei-en Garden, Yokohama
- Hakone Open-Air Museum

This morning we depart Tokyo by coach and travel south-west to Hakone. On the way we visit the beautiful Sankei-en Garden, a spacious Japanese style garden in southern Yokohama in which are set a number of historic buildings from across Japan. There is a pond, small rivers, a profusion of flowers and wonderful scrolling trails. The garden, built by Hara Sankei, was opened to the public in 1904. Among the historic buildings in the park are the elegant residence of a *daimyo* (feudal lord), several tea houses, the main hall and three storied pagoda of Kyoto's old Tomyoji Temple. A boxed lunch will be provided.

We then continue to Hakone, located on the shore of Lake Ashi with views across to the iconic Mt Fuji, arguably Japan's most important landmark, which stands as the symbol of the nation's identity. It has been pictured countless times, not least in Katsushika Hokusai's *Thirty-Six Views of Mount Fuji* (1826-1833).

We visit the Hakone open-Air Museum, where sculptures by Rodin, Miro and Bourdellemare are exhibited within the garden. The museum has one of the largest collections of work by Henry Moore and over 300 works by Pablo Picasso.

Tonight we dine together at the hotel on the shores of the beautiful Lake Ashi, and enjoy a glass of sake with a *keiseki* dinner of many small and beautifully presented dishes. (Overnight Hakone) BLD

Day 3: Saturday 28 March, Hakone - Kawaguchiko - Hakone

- Itchiku Kubota Art Museum, Kawaguchiko
- Oishi Park
- Lalique Museum, Hakone

This morning we drive to Kawaguchiko where we visit the Itchiku Kubota Art Museum. When the artist Itchiku Kubota was young, he encountered an example of 'Tsujigahana' at the Tokyo National Museum. 'Tsujigahana' was a technique used in dying kimonos during the 15th and 16th century, an art that was later lost. Kubota-san revived the art and created a series of kimonos decorated with mountain landscapes in all four seasons and Mount Fuji. These kimonos are displayed in a breathtaking setting. The main building is a pyramid-shaped structure supported by sixteen *hiba* (cypress) beams more than 1000 years old. Other parts of the museum are constructed of Ryukyu limestone. The museum's unique architecture is set against a lovely garden and red pine forest.

We visit the nearby Oishi Park on the shores of Lake Kawaguchi – another scenic spot to view Mt Fuji.

After time at leisure for lunch we return to Hakone to visit the Lalique Museum, a collection of over 1,500 Art Nouveau and Art Deco pieces by the French master jeweller and glass artist, including over 200 pieces of jewellery. (Overnight Hakone) BD

# Kyoto - 6 nights

Day 4: Sunday 29 March, Hakone - Kyoto



- Shinkansen (Bullet Train) to Kyoto
- Fushimi Inari Taisha Shrine
- Tofuku-ji Temple Complex

This morning we transfer by coach to Shizuda, from where we take the Shinkansen to Kyoto, the capital of Japan from the late 8th century (c.794 AD) until 1868, when the court was moved to Tokyo. It is home to 17 World Heritage Sites, 1600 Buddhist temples and 400 Shinto shrines, yet much of the city centre is modern. One of the finest of its contemporary buildings is its dramatic railway station.

On arrival visit one of the most famous and spectacular sites in Kyoto, the Fushimi Inari Taisha. We will set off from the hotel early to avoid the crowds who come to see the thousands of beautiful vermillion *torii* (gates) that line the paths to the main buildings of the complex, creating extraordinary tunnels. The shrine is the principal residence of the *kami* Inari, the Shinto god of rice and commerce, and throughout the complex are numerous statues of foxes, believed to be Inari's messengers.

Then visit to the superb Tofuku-ji Complex, filled with beautiful and diverse sub-gardens. Hojo-Teien, a garden designed in 1939 by Shigemori Mirei, may be familiar to many who have read books on Japanese gardens for it combines 20th-century design with elements from Japanese tradition. Mirei implements subtle, restrained design themes such as chequer-boards of stone in moss to allow the natural form and colour of maples on the surrounding hills to make full impact. (Overnight Kyoto) B

Note: Our luggage will be transported separately to our hotel in Kyoto.

Day 5: Monday 30 March, Kyoto

- Ryoan-ji (Dragon Peace Temple)
- Kinkaku-ji (Temple of the Golden Pavilion)
- Daitoku-ji Buddhist Complex incl. the Ryogen-in, Zuiho-in, Korin-in and Daisen-in

Kyoto is notable for its extraordinary diversity of Japanese gardens, including many of the finest traditional temple gardens. Our first visit in Kyoto is to Ryoan-ji – the Dragon Peace Temple. No other garden in the world is so simple, elegant and refined. The garden comprises 15 rocks in a sea of raked gravel surrounded by a compacted mud wall coated in oil that is in itself a national treasure. The garden dates from 1500 as part of a temple of the Renzai sect of Zen Buddhism. The temple burned but was reconstructed in its original form. The garden constitutes the supreme example of a dry garden where gravel and rock symbolise plant and water elements. Indeed, apart from the moss on the rocks, no other plants grow in it. The meaning of the garden remains unknown. It might symbolise islands in a sea, mountains seen through clouds or tigers and cubs crossing a river, but this doesn't matter since this is a garden to encourage contemplation, the enclosing wall separating the visitor from the world outside, and the verandah creating a horizontal boundary.

We then visit the Golden Pavilion (Kinkaku-ji). During the 15th century the Chinese Sung Dynasty exercised an enormous influence in Japan as artists, poets and Zen priests were gathered together by Yoshimitsu, the third Ashikaga shogun (1358-1409). Yoshimitsu began construction of the Golden Pavilion just before he retired in 1394, handing power to his nine-year-old son so that he could move to his estate. Little of his work remains but we can sense the character of the garden in its pond, rock-work and extensive plantings.

The pavilion at Kinkaku-ji recalls Sung period architecture but it is a recreation, having been burned down in the 1950s. The present building is an exact replica, except that where Yoshimitsu proposed only to gild the ceiling of the third storey with gold, now the whole building is gilded. Yoshimitsu positioned his palace on



the edge of a lake. The ground floor was a reception room for guests and departure point for leisure boating, the first storey was for philosophical discussions and panoramic views of the lake while the upper floor acted as a refuge for Yoshimitsu and was used for tea ceremonies. The size of the gardens is increased visually by the water's convoluted edge, the use of rocks and clipped trees and by visually 'borrowing' a distant view of Mt Kinugasa that creates a sense of gradation between foreground, middle-ground and deep distance.

We conclude the day with a visit to Daitoku-ji, a large complex of Zen temples with prayer halls, religious structures and 23 sub-temples with some of the most exquisite gardens in Kyoto, some quite small, including raked gravel gardens and, in the Daisen-in, one of the most celebrated small rock gardens in Japan. The Japanese consider Daitoku-ji one of the most privileged places to study and it is associated with many of Japan's most famous priests. Unlike many of the larger public Buddhist temples of earlier sects, the Rinzai sect monasteries were intimate, inward looking and remained isolated from the outside world.

The temple received imperial patronage and grew out from its centre in an organic way. A transition occurred as the complex expanded from a formal centre to semiformal and informal precincts. The central north-south walkway is most formal with wide paths to accommodate processions and ceremonies, while to the side are sub-temples with gates. As you walk through one of these gates you immediately come upon a less formal world with narrow paths, turns and walkways. The temple site contains a number of notable gardens including Daisen-in, Korin-in and Zuiho-in and Ryogen-in. (Overnight Kyoto)

# Day 6: Tuesday 31 March, Kyoto

- Tenryu-ji
- Ginkaku-ji (Silver Pavilion)
- Shisen-do
- Renge-ji

We first visit the Tenryu-ji, which dates from the period of shogun Ashikaga Takauji (1339). He commissioned the priest Muso Kokushi – one of Japan's best known garden designers, who also designed the moss garden at Saiho-ji – to create this garden. Kokushi's work modified an estate of Emperor Gosaga from 1270. He changed its form to include an Heian-style pond garden with popular, contemporary Chinese aspects. These included most notably a group of seven vertical rocks near the rear shore of its pond. These contrast markedly with Japanese rock work that takes a more horizontal form. This is one of the earliest gardens to show *shakkei*, the incorporation of borrowed landscape into a garden's design.

Originally constructed as the retirement villa of the Shogun Ashikaga Yoshimasa (1435-1490), the Ginkaku-ji (Silver Pavilion) became a Zen temple upon his death. The garden is complex, comprising two distinct sections, a pond area with a composition of rocks and plants, and a sand garden with a truncated cone, the 'Moon-Viewing Height' suggesting Mt Fuji; and a horizontal mound, 'the Sea of Silver Sand' named for its appearance by moonlight.

The intimate gardens of Shisen-do are considered masterworks of Japanese gardens. Its street walls mask the tranquillity and beauty to be found within. Raked sand, clipped azaleas and the tree-covered hillsides of Higashiyama form the main components of this garden designed by Ishikawa Jozan (1583-1672). The azaleas give way to natural vegetation beyond the garden boundary but it is the close harmony between the indoor spaces of the pavilion and the garden beyond that is most striking. The veranda offers a transition between its dark interior and the light-filled garden.



Our final visit for the day is Renge-ji – a temple garden known for reflecting the beauty of seasonal change. Capturing the essence of Japanese gardens, it includes a central pond surrounded by plantings linking to the hillside beyond. Stones, bridge and plantings are all reflected on the water-surface, giving a sense of spaciousness. (Overnight Kyoto)

Day 7: Wednesday 1 April, Kyoto - Nara - Kyoto

- Isui-en Garden
- Yoshiki-en Garden
- Todai-ji Temple
- Touin Teien Garden
- Kofuku-ji Temple

We spend the day in the ancient Japanese city of Nara, the national capital prior to Kyoto. During this period Buddhism became firmly established in Japan under the patronage of nobles who sponsored the buildings and works of art that we shall visit.

Our first destination is to the small Isui-en, a traditional Japanese garden notable for its extensive use of moss and its exquisite tea pavilion. This garden is a *kaiyushiki teien* (strolling) style design that allows the visitor to easily walk through the garden and view it from many different angles. Next door is Yoshiki-en, another historic garden named after the Yoshikigawa River that flows between the two gardens. Here we find three gardens – a pond garden, a moss garden and a tea ceremony garden.

We then visit the impressive Todai-ji, founded in 745 by Emperor Shomu. Although rebuilt following a fire in 1709 to two-thirds of its original size, it nevertheless remains the largest timber building in the world. Two seven-metre tall guardian gods flank the entrance, to the great Buddha Hall, the Daibutsu-den, which houses the 15-metre-tall bronze statue of the great Buddha. The original casting was completed in 752, when an Indian priest stood on a special platform and symbolically opened its eyes by painting on the Buddha's eyes with a huge brush. This ceremony was performed before the then retired Emperor Shomu, his wife Komio and the reigning Empress Kogen, together with ambassadors from China, India and Persia.

After time at leisure for lunch we transfer to Touin Teien, a strolling garden on the Nara Palace Site. The area was excavated in 1967 and completely reconstructed in preparation for being opened to the public in 1998. Its layout and structures reflect both Chinese and Japanese styles.

A short distance away is Kofuku-ji, founded in 669. This temple complex contains a five-storey pagoda, a fine collection of Buddhist statues in the kokuhokan (National Treasure Building) and a 15th-century hall to the north of the pagoda. The kokahokan is a treasure trove of early Buddhist statues and although it is not large, each piece has been carefully chosen as a masterpiece of its style and period.

We return to Kyoto were we dine at a local restaurant. (Overnight Kyoto) D

Day 8: Thursday 2 April, Kyoto

- Heian Jingu Shrine
- Murin-an Gardens
- Afternoon at Leisure

Our day starts at one of the newest religious sites in Kyoto, the Heian Jingu Shrine, which boasts the



largest *torii* (sacred gate) in Japan and lovely gardens. The shrine was built in 1896 to commemorate the city's 1100th anniversary and to honour its founder, Emperor Kammu, and also to celebrate the culture and architecture of the city's Heian-past. It is constructed on the site of the original Heian Hall of State but is a smaller and somewhat imperfect recreation of this earlier building. Four gardens surround the main shrine buildings on the south, west, middle and east, covering an area of approximately 33,000 square metres. The gardens are designated as a national scenic spot representative of Meiji-era (1868-1912) garden design.

We then visit the beautiful Murin-an gardens, a strolling garden of the Meiji Period. The garden was created by Japanese master gardener Ogawa Jihee in 1894. The garden uses the eastern hills of Kyoto as a viewpoint, which allow it to appear as an extension of the mountain scenery. It has a small stream that is fed by the waters of Lake Biwa, Japan's biggest lake. Large parts of the garden are lawn, probably an influence of English landscape gardens.

The rest of the afternoon is at leisure to further explore this fascinating city. (Overnight Kyoto)

# Day 9: Friday 3 April, Kyoto

- Nanzen-ji Temple Complex incl. the Hojo-Teien, Tenju-an, Suirokaku and Konchi-in
- Lunch at a local restaurant
- Daigo-ji

Nanzen-ji is one of the most famous Rinzai Zen temples in Japan. It was founded in 1291 by Emperor Kameyama, and was rebuilt several times after devastating fires. At the entrance to the complex one passes through the huge Imperial gate, built in 1628 by Todo Takatora, and into the complex with its series of subtemples. We will see the *hojo*, or abbot's quarters, which is notable for both it's beautiful golden screen paintings and the tranquil sand and rock garden. We will also explore the sub-temple Konchi-in, which was added to the complex in 1605, and other small gardens of this extensive complex.

Following lunch at a local restaurant, we visit Daigo-ji, a World Heritage Site that is also known at the 'Temple of the Flowers'. The Shingon Buddhist temple has several small buildings as well as a five-storey pagoda that is the oldest building in Kyoto. Here we can hope to see the beautiful cherry blossom for which the garden is famed! (Overnight Kyoto) L

## Kanazawa - 1 night

Day 10: Saturday 4 April, Kyoto - Kanazawa

- Shinkansen train to Kanazawa
- Tea Ceremony at the Nishida Family Gardens 'Gyokusen-en'
- Ishikawa-ken History Museum
- Ishikawa Prefectural Museum of Traditional Art & Crafts

This morning we transfer to Kyoto station and take the Shinkansen train to Kanazawa, considered one Japan's best-preserved Edo-period cities. Kanazawa is a popular place for the Japanese to visit, but perhaps because of its remote location and very cold winters few foreigners make the journey to experience its rich cultural legacies.

After time at leisure for lunch at the Oumi-cho Ichiba market, we visit a former samurai residence belonging



to the Nishida family with a beautiful charming garden 'Gyokusen-en', where we shall partake in a traditional tea ceremony.

The feudal atmosphere of Kanazawa still lingers in the Nagamachi district, where old houses of the Nagamachi Samurai line the streets that once belonged to Kaga Clan. The T-shaped and L-shaped alleys are distinct characteristics of the feudal town, and the mud doors and gates of the houses remain the same as they were 400 years ago. The houses with their samurai windows (*bushimado*) and mud walls under the yellow Kobaita wooden roofs, which were protected from snow by straw mats (*komo*), evoke a bygone era. We will visit the Ishikawa-ken History Museum that is dedicated to the history of this prefecture.

We finish the day with a visit to the Ishikawa Prefectural Museum of Traditional Art & Crafts. This collection focuses on the 36 different crafts produced in the region, from centuries-old treasures to contemporary works by local craftspeople who maintain these traditional practices. (Overnight Kanazawa)

Note: Our luggage will be transported separately to our hotel in Matsumoto. An overnight bag will be needed for use in Kanazawa.

# Matsumoto - 2 nights

Day 11: Sunday 5 April, Kanazawa – Matsumoto

- Kanazawa Castle (exterior)
- Kenroku-en, Kanazawa
- Higashi-Chayagai District, Kanazawa
- Nomura-ke (restored samurai residence & house garden)
- Train from Kanazawa to Nagano

Our first destination this morning is Kanazawa Castle, the seat of power of the local Maeda clan, hereditary feudal lords (*daimyo*) of the Kaga province from 1583. Burnt down on a number of occasions, only the superb Ishikawa Gate and the Sanjikken Nagaya samurai dwelling survive from the original construction.

Kenroku-en is Kanazawa's prime attraction and one of the three most famous gardens in Japan, along with Koraku-en (Okayama) and Kairaku-en (Mito). Kenroku-en was once the outer garden of Kanazawa Castle and there has been a garden on the site since the late 1600s. The original garden, begun by the fifth Maeda lord, Tsunonori Maeda, was called 'Renchi tei' but it was almost entirely burnt out in 1759. It was restored in the 1770s and in 1822 became known as Kenroku-en, a name that means 'the garden of six sublimities' or, 'a garden combining the six aspects of a perfect garden'. These six features were what the Chinese traditionally believed were necessary for the ideal garden – spaciousness and seclusion, artifice and antiquity, water-courses and panoramas: all these characteristics are to be found in the 25 acres of this beautiful garden.

Across the Asano River is the district of Higashi-Chayagai, Kanazawa's most famous geisha district. Many of the tall wooden-latticed houses on the narrow streets are still used by geisha for high-class entertainment as they have done since 1820, when the area was established as a geisha quarter. Geishas are young girls or women extensively trained as entertainers and skilled in a number of traditional Japanese arts such as classical music and dance as well as the performance of the exacting rituals of a Japanese tea ceremony. This district has been designated as one of Japan's cultural assets.



During the Edo Period (1603-1867), the scale and dispensation of land to samurai families who lived in this district, and others in the city, was a fairly accurate indicator of rank. One of the larger Nagamachi estates was assigned to Nomura Denbei Nobusada, a senior official in the service of the first feudal lord of the Kaga domain. The reforms that accompanied the Meiji Restoration in 1868 decimated the lifestyles of the socially privileged. The samurai, whose social class was nullified, not only had their stipends terminated, but their estates were also appropriated by the state. Consequently, the Nomura family, whose considerable land holdings dated back 12 generations, lost their home and were reduced to turning a section of the remaining part of their property over to the cultivation of fruit and vegetables. Though they were discouraged from public displays of ostentation, merchant families and those of former samurai were not prohibited from commissioning the construction of exquisite gardens.

We visit the restored residence of Nomura, displaying the lifestyle and artefacts of the era, and explore its garden which features trees that are over 400 years old. Broad, irregularly shaped stepping stones provide access to the inner garden whose attractive entrance is flanked by a Chinese maple tree with leaves that turn a brilliant red in autumn.

We then take an afternoon Shinkansen to Matsumoto. (Overnight Matsumoto) B

Day 12: Monday 6 April, Matsumoto – Kiso Valley – Matsumoto

- Nakasendo Highway Walk
- Magome Village
- Tsumago Village

Today we drive out of Matsumoto and head to the Kiso Valley for a taste of how Japan looked prior to urbanisation. Developed by Shogun Tokugawa leyasu as one of the five main highways linking his capital Edo (Tokyo) with the rest of Japan, the valley contains eleven post towns and some of them have been preserved as a virtual museum of the feudal past.

As we follow the valley we'll enjoy features of the Nakasendo route, including Kiso Fukushima, the gateway to the sacred mountain of Ontake. We first visit Magome, which means 'horse-basket', because this is where travellers were forced to leave their horses before tackling the mountainous roads ahead.

The highway route continues to Tsumago and we will walk part of the way, along the cobbled path that winds through the forested hills, over streams and past charming hamlets.

Tsumago was a ghost town 30 years ago, with its traditional Edo-era houses on the point of collapse. Its restoration sparked the idea of cultural preservation in Japan. The pedestrian-only street is similar to that once encountered by lords and their samurai centuries ago. Preserved in the town is Okuya Kyodokan, a designated post inn where the *daimyo's* (feudal lord) retinue rested. On the opposite side of the street the Kyu-honjin is where the *daimyo* used to stay. (Overnight Matsumoto) B

## Tokyo - 2 nights

Day 13: Tuesday 7 April, Matsumoto - Tokyo

- Japan Ukiyo-e Museum
- Matsumoto Rising Castle



#### • Nakamachi-dori Street

We this morning we focus upon Matsumoto itself. We visit the Japan Ukiyoe Museum located a short drive out of the town centre. This privately owned museum in a contemporary building desgined by Shinohara Kazuo, houses the world's largest collection of traditional woodblock prints (uniko-e).

We then visit Matsumoto-jo, the imposing castle approached across a moat. Matsumoto-jo was founded by the Ogasawara clan in 1504 but it was another lord, Ishikawa, who remodelled the fortress in 1593 and built the imposing black five-tier donjon that is now the oldest keep in Japan.

We cross the river and stroll through the historic Nakamachi-dori, a street lined with restored white-walled traditional inns, restaurants and antique shops. Here we will enjoy some free time for lunch before boarding our coach and driving to Tokyo. (Overnight Tokyo) B

# Day 14: Wednesday 8 April, Tokyo

- Jiyu Gakuen School
- Tokyo National Museum
- Ekouin Nenbutsudo Temple
- Farewell dinner at a local restaurant

We begin our day with a visit to the Jiyu Gakuen School. This is a beautifully preserved building designed by Frank Lloyd Wright in 1921, one of 12 buildings the American designed during the two years he lived in Japan. Only three of Wright's buildings survived the 20th century, and we shall be taken on a tour of this very special building.

Established in 1872, the Tokyo National Museum is the oldest and largest museum in Japan. The museum holds over 110,000 objects, which include more than 87 Japanese National Treasures and 610 Important Cultural Property holdings. The museum's collections focus on ancient Japanese art and Asian art along the Silk Road but there is also a large collection of Greco-Buddhist art.

During our travels we have encountered many traditional and historic temples and explored the variety of gardens that play such an important role in the complex. Our day concludes with a visit to the Ekouin Nenbutsudo Temple. This is a newly built modern temple in the lively heart of Tokyo. Here we will see the skill with which the architects have utilised the precious space available, and how the traditional components of a temple complex have been reinterpreted in a contemporary structure. In place of a small stroll garden using moss or stone or sand, here bamboo is used to create a green space for contemplation in this busy metropolis.

Tonight enjoy a 'Farewell Dinner' at a local restaurant. (Overnight Tokyo) BD

# Day 15: Thursday 9 April, Depart Tokyo

- Koishikawa-Korakuen Garden
- Tour concludes at the Tokyo Prince Hotel at 12.00pm

We then visit a rare surviving 17th-century strolling garden, located in the west of the city. Koishikawa-korakuen was designed in part by Zhu Shun Shui, a Ming dynasty refugee from China, and the garden recreates both Japanese and Chinese landscapes. Here we will find waterfalls, ponds, stone lanterns, a small lake with gnarled pines and humped bridges.







Our tour official concludes at the Tokyo Prince Hotel at 12.00pm. Please contact ASA if you require assistance with a transfer to either the Narita or Haneda Airports. B



# Accommodation

All hotels are rated 4-star locally (3-star apartment-hotel in Kyoto) and are comfortable and conveniently situated. All rooms have en suite bathroom. Further information on hotels will be provided in the 'Tour Hotel list' given to tour members prior to their departure.

- Tokyo (1 night): 4-star Tokyo Prince Hotel a modern hotel in the Minato-ku district.
- Hakone (2 nights): 4-star The Prince Hakone Lake Ashinoko a modern resort hotel on the shores of Lake Ashinoko. The hotel has it's own onsen (hot spring baths) and on a clear day Mount Fuji can be seen from the garden.
- Kyoto (6 nights): 3-star Mimaru Kyoto Shinmachi Sanjo a modern apartment hotel centrally located close to supermarkets, convenience stores and restaurants. Each apartment is 35-40 sqm and includes a small well-equipped kitchen and laundry. Breakfast is not served at the apartment-hotel, but can be purchased from the stores located 50m away.
- Kanazawa (1 night): 4-star ANA Crowne Plaza Hotel a modern hotel conveniently located near the Kanazawa train station.
- Matsumoto (2 nights): 3-star Tabino Hotel Matsumoto a modern hotel located a kilometre from Matsumoto Castle in the centre of the town.
- Tokyo (2 nights): 4-star Tokyo Prince Hotel as above.

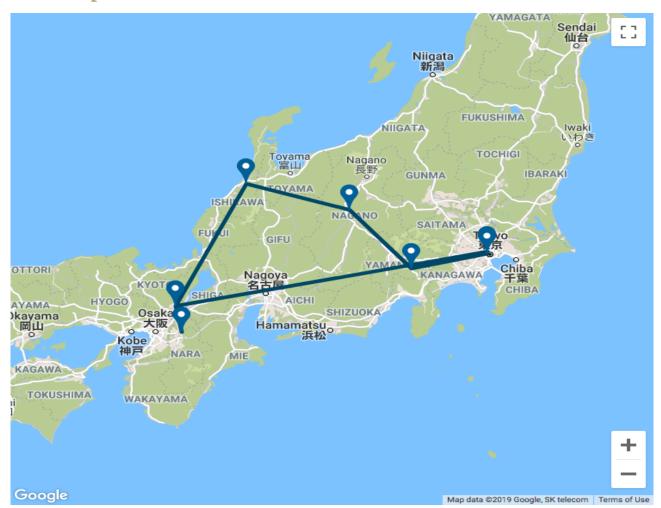
Note: Hotels are subject to change. In this instance a hotel of similar standard will be provided.

# Single Supplement

Payment of this supplement will ensure accommodation in a room for single occupancy throughout the tour. The number of rooms available for single occupancy is extremely limited. People wishing to take a Single Supplement are therefore advised to book well in advance.



# Tour Map





# Tour Price & Inclusions

AUD \$13,990.00 Land Content Only – Early Bird Special: Book before 30 June 2025

AUD \$14,390.00 Land Content Only

AUD \$2930.00 Single Supplement

# Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with private facilities in hotels generally of 4-star standard (3-star apartment-hotel in Kyoto)
- Buffet or served breakfast (not in Kyoto), lunches & evening meals as indicated in the itinerary where: B=breakfast, L=lunch & D=dinner
- Drinks at welcome and farewell meals. Other meals may not have drinks included.
- Transportation by air-conditioned coach and rail as outlined in the itinerary
- Porterage of one piece of luggage per person at hotels (not at airports or train stations)
- Lecture and site-visit program
- Entrance fees to all sites
- Use of audio headsets during site visits
- Tour notes
- Tips for the coach driver, local guides and restaurants for included meals.

# Tour Price (Land Content Only) does not include:

- International Airfare: Australia-Tokyo, Tokyo-Australia
- Personal spending money
- Airport-hotel transfers
- Luggage in excess of 20kg (44lbs)
- Travel insurance.





# Fitness Criteria & Practical Information

Fitness Level



Level 1 - Active

For people with active lives and good mobility

## You must be able to:

- manage at least five hours of physical activity per day with ease.
- walk at a regular pace up to 5-7km per day on flat or undulating terrain; some stretches include steeper slopes or several flights of stairs (eg at temple complexes).
- keep up with the group at all times.
- stand for one to two hours during visits to galleries and museums without the need to sit.
- to carry your hand luggage up and down stairs as you change platforms with a limited time to make the train connection.

#### Fitness Levels

Please also view the fitness criteria required for our tours, graded from Level 1 to Level 3, at www.asatours.com.au/fitness-level/

All ASA tours are active programs suitable for people with a good level of mental and physical fitness and good mobility. They are not suitable for people who lack stamina, have difficulty walking at the group's pace or who have mobility issues. An unavoidable aspect of every tour is the need to manage walking, stair-climbing and standing for long periods of time.

It is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour participant to refrain from a particular activity on part of the tour. Before enrolling on an ASA tour please read the fitness requirements carefully.



# Overnight Bags & Luggage Transfer

This tour involves four journeys on Japan's high-speed bullet trains. Larger suitcases are not permitted on these trains; the group's luggage will be transferred by truck to the hotel. On one occasion a small overnight bag will be required rather than a large suitcase.

# **Booking Conditions**

# ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$1000.00 per person payable to Australians Studying Abroad.



# Reservation Application

TOUR NAME	
TOUR DATES	

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

	a tour confirmation.
Applicant Details (as in passport)           TITLE Mr	POSTCODE
Passport Number Expiry date/ Nat  Colour copy of my current valid passport enclosed I'm renewing my passport ASA has a co	•
Covid Certificate	
Travel Plans  I plan to leave Australia before the tour commences. Planned departure date/_  I will be arranging my airfare independently and taking the Land Content Only option  Tour Accommodation (rooming preferences)  I/we would like: a twin-bedded room a double-bedded room a room for I am travelling: on my own with a friend/family member Travel Companion	r sole occupancy
Meals       Please X the box if you CAN NOT eat any of the local Information         □ I do not have any specific dietary requests       □ fish □ poultry □ red meat □ eggs □ pork □ nuts         □ Allergies: Refer to the Medical Information       □ Other □ Description	
Correspondence Your preferred method of correspondence Postal Mail Email Address	
Emergency Contact Details  Note: this person MUST be available by telephone and be present in Australia for the duration of your tour work.  Name Relationship to Traveller Address	



# **Medical Information**

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at www.asatours.com.au
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. www.traveldoctor.com.au tel:1300 658 444; www.travelvax.com.au tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include generic names of each medication (consult your local pharmacy for information).

Please mark  ${\bf X}$  in the YES or NO box to every question below and provide details where necessary:

#### **Participation Criteria**

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. You must also be fully vaccinated against Covid-19. If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

1. Can you walk and stand unassisted for at least 2-3 hours

a day in hot, humid conditions?

YES NO

2.	Can you walk unassisted on and over uneven surfaces?	$\bigcirc$
3.	Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?	ŌŌ
4.	Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?	$\bigcirc$
5.	Can you organise, manage and carry your own luggage?	$\bigcirc$
6.	Can you follow and remember tour instructions and meet punctually at designated times and places?	$\bigcirc$
7.	Can you administer your own medication?	$\bigcirc$

You do NOT have impaired vision or hearing which may

impact your capacity to participate on this tour?

# Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

dee of a wanting marrie, whose a wanter, whose first in the constant of motorised decetes.		
1.	Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program? If yes, please specify	YES NO
	If yes, how will you manage this on tour?	
ASA that alle	ergies and/or Food Intolerances  A will make reasonable endeavours to organise meals to suit you t you give ASA adequate notice of your specific dietary requir rgies. You may be required to research dietary alternatives, tinations may be able to offer suitable food substitutes.	rements or
1.	Do you have any food allergies or intolerances?  If yes, please specify	YES NO
2.	Have you ever had an anaphylactic reaction to anything? If yes, please specify	00
3.	Do you carry an epipen?  Do you have any other allergies or reactions to anything, including medical drugs?  If yes, please specify	00
Ex	isting Medical Conditions	

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

YES NO

1.	impact your capacity to complete this tour?  If yes, please specify	00
	If yes, how will you manage this on tour?	
2.	Do you require some form of powered medical aid, such as a CPAP machine?	$\bigcirc\bigcirc$
	These machines may not be operable on certain international flig of transport, in remote or other areas with inadequate or unrel sources without a fully charged independent long life battery of	liable power
time this app	betics: You may be travelling and sightseeing for many e. Insulin dependent diabetics must carry extra supplies or medication cannot be obtained in some destinations), slicators, storage and refrigeration equipment, as well as any plements. Accommodation may not provide refrigerators in	f insulin (as regulators, necessary
3.	Are you diabetic?	$\bigcirc$

Are you insulin dependent?

Do you suffer from travel sickness?

Remember to use an appropriate medication while on tour.



# Declaration, Liability and Booking Conditions

# **Declaration**

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept the inherent dangers, risks and uncertainties in travel and those beyond ASA's control and understand they may occur before or during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but only for the purpose of making bookings with and engaging services associated with the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of booking, preparing for, travelling to, on and from or cancelling any tour.

I release and indemnify ASA with respect to:

- 1. Every general risk to which I or my personal belongings may be exposed in the course of preparing for, travelling to, on or from any ASA tour;
- 2. Every special risk, in particular medical risks, to which I may be exposed in the course of preparing for, travelling to, on or from any ASA tour arising from, including, but not limited to:
  - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
  - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
  - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally; and
  - d. any event or happening beyond ASA's control
- 3. All claims arising as a result of my or ASA's cancellation or termination of any tour, part of a tour or of my continued participation on a tour for any reason (subject to ASA's refund conditions below).

# Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products, services, terms and conditions. If a service provider cancels or does not deliver the product or service for which you have contracted, and does not give a refund, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (e.g. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, border closures, cancellation, failure, accident, act, omission or negligence of any tour service provider or authority however caused (contingencies). You must take out such travel insurance as is available against such contingencies.

ASA's liability in respect of any tour cancelled or changed will be limited to the partial refund of amounts you have paid, less an administration fee of \$500 and other costs and charges of third party service providers. No compensation will be payable to you by ASA where ASA cancels or changes a tour, or any part of a tour.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate and in the best interests of health, safety and wellbeing of tour participants. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

# **Booking Conditions**

# **DEPOSITS**

A non-refundable deposit of \$1000.00 AUD per person is required to reserve a place on an ASA tour.

#### **CANCELLATION FEES**

If you cancel your booking the following charges apply:

More than 75 days before departure: your initial deposit of \$1000.00 is non-refundable.\*\*

75-31 days prior 50% of total amount due 30-0 days prior 100% of total amount due

\*\*\$500.00 of this amount (ie 50% of your deposit) may be credited to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.

We take the day on which you cancel as being that on which we receive written confirmation of cancellation.

## **UNUSED PORTIONS OF THE TOUR**

We regret that refunds will not be given for any unused portions or services of the tour, such as meals, entry fees, accommodation, flights or transfers.

# WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to itineraries. We will inform you of any changes in due course.

#### TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

#### **FINAL PAYMENT**

The balance of the tour price will be due 75 days prior to the tour commencement date.

PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW		
I accept the conditions on this booking form	I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirement	
Applicant's Signature		
Print Full Name	Dated	



# Payment Form

Tour / Course Name			
Name of Traveller 1			
I have enclo	sed a payment to the value of \$ (in	ncluding CC or bank fee if applicable) for this tour	
The above amount is payable for:  Intention to Travel Tour Deposit  Balance of Payment Upgrade from Intention to Travel to a Deposit  Travel Insurance Other (eg. Airfares, Accommodation)			
Welcome to o can only acce  via credit  via bank to	pt payment as follows: card with the applicable fee - the credit card compar	ent and do not have an Australian bank account/credit card, we ny/bank will set the exchange rate mith 21705) as a reference and ask your bank to allow for all charges.	
By Cheque (accept Australian cheques only) Please make cheques payable to Australians Studying Abroad		Credit Card Payment Credit card fees apply: Mastercard, Visa & American Express 2%	
Direct Dep	oosit or Internet Banking	Please debit my: Mastercard Visa American Express	
You will need to:  1. Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch		I authorise ASA to debit my credit card for the amount due plus the applicable fee as above  Credit Card Number	
	ny fees levied by the banks reference number		
(Mobile or	last name recommended).	Expiry Date Security Code (CVC)	
	esection below, including confirmation no. en transaction completed).	Bank the Card is linked to (eg. NAB or ANZ)	
Australians Studying Abroad bank details		Cardholders Name	
Bank	ANZ		
Branch Swift Code	420 St Kilda Road, Melbourne Vic ANZBAU3M	Cardholders Billing Address	
BSB	013-423		
Account No	3472-32759	Postcode State Country	
Bank confirmation No.		Phone	
Reference used: Mobile or last name recommended		Email	
Date Money Transferred		Cardholders Signature	