




# Great Houses and Gardens of East Anglia 2025

7 JUN – 23 JUN 2025

Code: 22519

Tour Leaders **Richard Heathcote, Margaret Heathcote**

Fitness Level 

**Level 1 - Active**

For people with active lives and good mobility

A fascinating tour through the dramatic landscapes of East Anglia, visiting medieval towns, grand country houses and gardens, many by private invitation.

## Overview

- Join [Richard](#) and [Margaret Heathcote](#) exploring the East Anglia of Richard's youth, where he first gained an abiding love of landscape, garden history and heritage architecture.
- Journey through picturesque landscapes that inspired Dickens (*David Copperfield*), and natives like Rupert Brooke, L.P. Hartley, Arthur Ransome, Constable, Cotman and Gainsborough.
- Go boating on the Broads and explore Norfolk Wildlife Trust's Cley Marshes, one of the country's most popular birdwatching sites.
- Visit Humphry Repton's landscape garden at Sheringham Park, Beth Chatto's inspiring garden, Capability Brown's Audley End, and Helmingham Hall Gardens designed by Lady Xa Tollemache.
- Visit the stately homes of Oxburgh, Felbrigg, Blickling, Holkham, Houghton, Somerleyton, the Royal Estate at Sandringham, and Anglesey Abbey.
- Enjoy special private visits to Lord and Lady Walpole's Mannington Hall with gardens containing thousands of roses; Silverstone Farm home and garden of designer George Carter; Home Hale Hall Gardens designed by Chelsea Gold Medal winning designer Arne Maynard; and the 16th-century moated hall at Otley.
- Spend a morning with Alan Gray for a tour of East Ruston Old Vicarage Gardens featured in *1001 Gardens to see before you die*.
- Visit castles at Norwich, Framlingham, and Castle Rising, the great Norman cathedrals of Norwich and Ely, and priories at Castle Acre and Walsingham.
- Enjoy a curatorial tour of Ely's Stained Glass Museum and view the famous stained glass portraits at Long Melford's Holy Trinity Church.
- With archaeologist Angus Wainwright tour the Anglo-Saxon Royal Burial Site at Sutton Hoo and tour The Longshed at Woodbridge to learn how historians and shipwrights have reconstructed the Sutton Hoo 7th-century ship.
- View works by Gainsborough and other Suffolk painters such as John Constable and Cedric Morris at the newly renovated Gainsborough's House in Sudbury and at Christchurch Mansion in Ipswich.
- Discover medieval Lavenham, the market town of Saffron Walden, the Hanseatic port of King's Lynn, and the cathedral towns of Bury St Edmunds and Norwich.
- Stay in charming 4-star hotels including the new boutique hotel, [The Harper](#) in Langham, featured in [Condé Nast Traveler](#).

Overnight King's Lynn (3 nights) • Langham (3 nights) • Norwich (4 nights) • Bury St Edmunds (6 nights)

## Leaders



### Richard Heathcote

Historic house and garden specialist, former National Chair of the Australian Garden History Society, author & ABC presenter, and graduate of the Attingham Summer School, Richard introduces Britain, Tasmania and South Australia to ASA travellers.

Richard Heathcote has been involved in managing and interpreting Australian historic houses and gardens for over four decades. These include Como and Rippon Lea in Melbourne and Carrick Hill in Adelaide where, as both director and curator, he presented art exhibitions, made video documentaries and authored books on visual arts and heritage. He presented for ABC TV's *The New Eden* – a six part series tracing the evolution of the Australian garden, and has broadcast and published on heritage buildings and gardens.

He is a graduate of the renowned Attingham Trust Summer School for the study of the English Country House and its Collections and also attended the Royal Collections Studies course based at Windsor Castle. He recently completed a term as National Chair of the Australian Garden History Society and is an accomplished armchair gardener.

<https://www.youtube.com/watch?v=QtNb2F17qvM>



### Margaret Heathcote

A conservation architect & Attingham scholar. Her wide knowledge of heritage buildings will help you understand the history of the castles, halls and houses we visit.

Margaret Heathcote studied architecture at Sydney University and assisted with artist Christo's wrapping of Little Bay. Prior to completing her studies at University of Westminster she lived in France. An accomplished amateur musician she sang with the Philharmonia Chorus of London, enjoying frequent concert tours in Europe.

Following marriage to Richard they returned to Australia, and Margaret worked in commercial architectural practices in Sydney and Melbourne. A change of job took her into the heritage field working with varied historic buildings and lighthouses. Completion of a Masters Degree in Cultural Heritage at Deakin University included study trips to Vietnam and Cambodia and a semester spent at the University of Leuven, Belgium.

In Adelaide Margaret has worked as a conservation architect and as Heritage Advisor with the SA State Heritage Unit. In retirement she continues singing and quilting, and having more time to enjoy leading ASA Tours.

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### *Combine this tour with*

#### **Natural Landscapes and Gardens of Madeira and the Azores 2025**

17 MAY – 4 JUN 2025

#### **Cultural Landscapes and Gardens of the Channel Islands: Jersey, Guernsey, Herm & Sark 2025**

23 MAY – 5 JUN 2025

#### **Great Monuments, Art and Gardens of the Côte d’Azur, Provence and the Cévennes 2026**

6 MAY – 23 MAY 2026

#### **Heritage Cities of the Baltic: Vilnius, Kaunas, Riga, Tartu & Tallinn 2026**

30 JUN – 14 JUL 2026

#### **Romania Revealed: Saxon Villages, Transylvanian Cities and Byzantine Monasteries 2026**

20 MAY – 2 JUN 2026

#### **Exploring More Literary Landscapes of England 2025**

9 MAY – 29 MAY 2025





## Itinerary

The following itinerary describes a range of castles, country houses, museums and gardens which we plan to include. Many are accessible to the public, but others require special permission which may only be confirmed closer to the tour's departure. The daily activities described in this itinerary may change or be rotated and/or modified in order to accommodate alterations in opening hours, flight schedules and confirmation of private visits. Participants will receive a final itinerary together with their tour documents prior to departure. The tour includes breakfast daily, lunches & evening meals indicated in the detailed itinerary where: B=breakfast, L=lunch and D=evening meal.

### King's Lynn, West Norfolk – 3 nights

Day 1: Saturday 7 June, London Heathrow – Ely – King's Lynn

- Transfer London Heathrow
- Light Lunch at Almonry Restaurant & Tea Rooms
- Ely Cathedral
- Stained Glass Museum: Curatorial Tour, Ely
- Light (2-course) Welcome Dinner

**Meeting Point:** The tour will commence at 8.30am at a hotel located close to Heathrow Airport and easily accessed by public transport (details TBA).

After meeting in London, we travel to the Isle of Ely, where St. Etheldreda, Queen of Northumbria, founded an abbey in 673 AD. Abbot Simon, who owed his appointment to William the Conqueror, begun construction of the great Cathedral Church of the Holy Trinity here in 1081. Ely Cathedral rose like a giant ship in the middle of the dense marshes of the Fenlands and attracted many pilgrims who came to visit Etheldreda's tomb. Our tour of the cathedral will take in the west front with its impressive Galilee porch, the great nave and the octagonal crossing with its distinctive lantern, the work of Alan of Walsingham and William Hurley dating from 1340.

Led by curator, Dr Jasmine Allen, we tour the Stained Glass Museum which celebrates the vibrant beauty of stained glass from the medieval period to the present day. Highlights of the collection include the *Bust of a King c. 1210, Soissons Cathedral, France* – a striking image of a medieval king featuring a simple design and bright primary colours typical of early medieval stained glass; the *Annunciation to the Virgin c. 1340, Hadzor Church, Worcester*, one of the finest surviving examples of English 14th-century glass-painting; the *Scene from the Legend of St James c 1550, Rouen, France* – richly coloured and exquisitely painted, this panel shows the highly developed techniques of continental glass painters and glaziers by the 1500s; and *Labours of the Month: August, Threshing the Corn, 1863* – designed by Dante Gabriel Rossetti and made by Morris, Marshall, Faulkner & Co, the panel demonstrates a subtle shift from the Gothic revival style of the time towards the Arts and Crafts style. **Note:** The Stained Glass Museum is accessed by a flight of 40 steps via a stone staircase. There are handrails and it is all on one level once upstairs.

A light lunch will be provided at the 13th century Almonry Restaurant located within the medieval precinct of Ely Cathedral.

Following our tour of Ely we journey an hour north to the port and market town of King's Lynn. After check in, there will be time at leisure before we convene for a light Welcome Dinner at our hotel. (Overnight King's Lynn) LD

#### Day 2: Sunday 8 June, King's Lynn – Houghton Hall – Oxburgh Hall – King's Lynn

- Houghton Hall and Walled Gardens: incl. private tour of the Hall
- Oxburgh Hall, Garden & Estate

This morning we depart King's Lynn for a private tour of the interior of Houghton Hall which was designed by Colen Campbell and completed in 1735 for Sir Robert Walpole, England's first Prime Minister. It is one of the country's great houses and everything about it is of the best quality. Only Holkham, which we visit later in the tour, rivals its Palladian grandeur. The interiors were entrusted to William Kent and their decorative style is matched by the house's collection of art that adorns the staterooms. There are still wonderful pictures here, although all too many of them were sold to Catherine the Great of Russia to pay the debts of Walpole's eccentric grandson. Room after room is filled with furniture that Kent designed for the house; the Green Velvet Bedchamber possesses the most sumptuous state bed in the country. We will also walk through the park and explore the walled garden.

Our afternoon visit is to a most remarkable house and garden. Edmund Bedingfield built Oxburgh Hall in 1482, when the Hundred Years' War and the Wars of the Roses were over and England was entering a period of relative tranquillity, so that it was no longer necessary for residences to be fortified. Although this house did not function in the same way as a castle, its owners had to negotiate the tortuous politics of the Tudor court, and it therefore incorporates symbolic elements of Marshall architecture. Oxburgh looks quite tremendous as we approach its twin-towered Gatehouse and seven storeys of brick walls rising to battlements. A moat surrounds this most dramatic manor house. The associated walled garden, on the other hand, is delightful, with a parterre, long herbaceous borders, and a 19th-century kitchen garden. (Overnight King's Lynn) B

#### Day 3: Monday 9 June, King's Lynn – Castle Rising – Sandringham – King's Lynn

- Guided walking tour of King's Lynn, incl. St. George's Guildhall, Docklands area & Custom House with historian, Dr Paul Richards
- Castle Rising
- Sandringham Estate: incl. early evening private tour of the house

We meet with local historian and ex-mayor of King's Lynn, Dr Paul Richards, who will give us a rather different perspective on life in King's Lynn, which has a character all its own. This ancient town was one of the most important seaports during the Middle Ages. The maze of streets and lanes, many of which retain their original character, wraps around the quay. It includes Hanseatic warehouses, which reflect stylistically the influence of the Dutch and Lowland States that traded here. The Hanseatic League developed as an important free association of trading cities around the Baltic and North Sea coasts. It was dedicated to protecting members' shipping from pirates and guarding members' privileges and interests. Although not a political entity in its own right, the League often defended its interests successfully against monarchs. Some other Hanseatic cities were Lübeck, Hamburg, Bruges, Bergen and Novgorod. Our tour includes a visit to St. George's Guildhall, which was built in the 15th century. It was converted to a theatre where Shakespeare is said to have performed.

Castle Rising is now a small, interesting inland village but was once a seaport. When the sea receded, King's Lynn supplanted it as the main port in the region. It is, however, the location of one of the grandest surviving Norman castles anywhere and we shall visit this as part of an afternoon dedicated thematically to the dwellings of royalty and aristocrats. Although much is lost, its original scale can be gauged from the huge earth works. The keep (c.1140), one of the largest and most ornate in England, remains to tell the story of its builder William d'Albini who married Henry I's widow and became the Earl of Sussex. To the east of the keep, a small square gatehouse is set in the bank near a fragment of the castle's 14th-century brick curtain wall. A rectangular enclosure, strongly banked and ditched, guards the gatehouse and to the west there is a smaller flanking enclosure. Also in the inner enclosure are the foundations of an 11th-century Norman chapel that is thought to be older than the castle itself. The remains of this chapel were uncovered in the 19th century. The castle passed to the Howard family in 1544 and it remains in their hands today, the current owner being a descendant of William d'Albini II.

From the battlements of Castle Rising we will be able to look out across the lands of the Royal estates of Sandringham. Queen Victoria purchased Sandringham for Edward VII in 1861. The prince, who had just married Alexandra, wanted a secluded place for his projected family, where they could enjoy country pursuits. Sandringham has been a favourite of four generations of the Royal family who continue to use it as a retreat whilst farming its land. The gardens and parklands of Sandringham are extensive. The house itself is large but not at all grand or pretentious. We shall visit the gardens and enjoy a private tour of the house, exploring the rooms used by the Windsor family and their guests, especially at Christmas.

We depart from Sandringham, driving along the narrow country roads of the estate lined with huge drifts of rhododendrons that flourish here. On our return to King's Lynn we dine together at the hotel. (Overnight King's Lynn) BD

### Langham, Norfolk – 3 nights

Day 4: Tuesday 10 June, King's Lynn – Castle Acre – Holkham Hall – Langham

- Castle Acre Priory & Herb Garden
- Holkham Hall & Estate: incl. private tour of the Hall

Aptly named, Castle Acre village lies within the outer bailey of an 11th-century castle built by William de Warenne, son-in-law of William the Conqueror, of which only earthworks remain. More impressive is the ruin of the Cluniac priory (founded 1090) that we have come to visit. The Cluniac love of decoration is everywhere reflected in the extensive ruins of Castle Acre Priory, whose great 12th-century church directly imitated that of the vast Burgundian mother-house, Cluny. Its beautiful west end, standing almost to its full height, is articulated and enlivened by tiered ranks of intersecting round arches. This forms an attractive

group with the late medieval porch, part timber-frame and part flint-chequer, and the extremely well preserved prior's lodging. A mansion in itself, this includes a first-floor chapel that retains traces of wall paintings, and a private chamber with two fine oriel windows. The original size of the abbey can be gauged from its remaining walls. Henry VIII ordered the Dissolution of the Monasteries in 1539, which brought about its destruction; the Roman Church was a major landowner, holding a third of the country's land, roughly the same acreage as the king and his aristocracy, and until Henry's reign it answered only to the popes. We will walk in the beautifully recreated medieval herb garden, which displays medicinal, culinary and decorative plants used by the religious communities living in these great monasteries, centres of learning and healing, that were scattered throughout East Anglia.

Midday we continue through north Norfolk byways, threading along picturesque roads to Holkham Hall, the Palladian masterpiece that was essentially designed by Thomas Coke, with advice from William Kent, whom he had met, along with Lord Burlington, in Rome during a six-year 'Grand Tour.' The estate, which is a huge working farm, is still owned by his descendants, who combine agriculture with an innovative approach to conservation. Houghton Hall and Holkham have always rivalled each other, as have other pairs of English stately homes. These two Palladian houses embody the great building boom of the 18th century. Thomas Coke, first Earl of Leicester (1697-1759), was consumed by the construction of Holkham. The restoration of the family's fortunes and completion of the house, however, fell to the second Earl. Both men had numerous talents. They were innovative farmers, reformers and progressive thinkers (they were Whigs, whereas the Walpoles of Houghton were Tories). 'Earls of Creation' was scholar and writer James Lees Milne's particularly apposite title for such men. We enter a landscape in which most aspects of the vast deer park (with a herd of Fallow Deer) are dominated by the great house, and everywhere vistas lead your eye to some delight: a temple, an arch, an obelisk or a serpentine lake. In 1762 Capability Brown was commissioned to make adjustments to the grounds, but these were minor. The park wall and shelterbelt were 19th-century additions, as were the formal Victorian parterres beside the house, designed by W.A. Nesfield in 1854. The breathtaking but tasteful boldness of the park is matched by the drama of the house's interior. The family collection of old masters epitomises the taste of an 18th-century nobleman. Following a light lunch at Holkam Hall's cafe we take a 2-hour private guided tour of the Hall. This will be followed by some time at leisure for a self-guided visit of the Walled Gardens.

In the late afternoon we continue to the small village of Langham, located a few kilometres inland from the north coast and set predominantly in Norfolk's Area of Outstanding Natural beauty. Our base for the next 3 nights will be The Harper, a former glassblowing factory converted into a boutique hotel in 2021. Tonight we dine together at the hotel's restaurant. (Overnight Langham) BLD

#### Day 5: Wednesday 11 June, Langham – Elsing Hall – Felbrigg Hall – Langham

- Elsing Hall Gardens
- Felbrigg Hall, Garden & Park

We begin this morning with a private visit to Elsing Hall Gardens which surround a 15th-century moated manor house. The 20 acres of gardens feature a notable collections of old English roses which are in full bloom in June, the rapidly maturing pinetum as well as a fine ginko avenue.

Felbrigg Hall is set on a ridge in lush parkland planted with oak, beech and chestnut. It has a wonderful walled garden, an orangery dating from 1704, and an orchard with rare old varieties such as Norfolk Beefing and Wyken Pippin. This 17th-century house belonged to Squire Robert Wyndham Ketton-Cremer, and both he and the house are of substantial character. Although it dates back to the 1400s, it is a place in which to experience 17th-century life and culture. Fine architecture and a consummate choice of materials were brought together in a building program that lasted a hundred years and beyond. The Windham family,



who owned Felbrigg for generations, bequeathed a set of pictures acquired by William Windham on his 'Grand Tour', and there is much else in the interior to interest us, such as the library and wood carving by Grinling Gibbons and Nollekens.

This evening is at leisure with the option for you to dine either at The Harper or at the local pub, The Blue Bell, located a two minute walk from the hotel. (Overnight Langham) B

**Day 6: Thursday 12 June, Langham – Cley-next-the-Sea – Wells-next-the-Sea – Walsingham – Langham**

- Norfolk Wildlife Trust's Cley Marshes: 2 hour guided circular walk
- Wells & Walsingham Light Railway
- Walsingham Abbey & Village

This morning we journey along the picturesque coastline of Cley-next-the-Sea to the NWT Cley Marshes, Norfolk Wildlife Trust's oldest and best known nature reserve. Following a brief introduction at The Simon Aspinall Wildlife Education Centre we take a 2-hour guided walk through the coastal reserve, which is considered one of the country's most popular birdwatching sites. The six hides (four of which are accessible via boardwalks) give fantastic views across pools and scrapes that are specially managed to attract breeding and passage birds. **Note:** The circular walk is just under 5kms along and takes about 1.5 to 2 hours. This easy walk follows a boardwalk through the marshes and a stretch along the beach which is very stony. Bring suitable footwear, jacket and binoculars.

At the conclusion of our walk a light lunch will be served in the Education Centre. We then drive to the tiny fishing port of Wells-next-the-Sea whose charming quay is a mile from coast at high tide. Next we embark on a pilgrimage to Walsingham Abbey, the great medieval Shrine of Our Lady. Our journey will be by a reconstructed train of the Wells and Walsingham Light Railway. A reconstruction of a historic narrow-gauge tank engine will pull our 19th-century carriages gently through the chalk and flinty downs to the market town of Little Walsingham, first settled in 1061. Our visit will take in the history of this place of pilgrimage, including the Abbey grounds, priory, Georgian courthouse and prison from which some inmates were sent to Australia!

We return to Langham for another evening at leisure. (Overnight Langham) BL

## Norwich - 4 nights

**Day 7: Friday 13 June, Langham – Silverstone Farm – Holme Hale Hall – Norwich**

- Silverstone Farm: Guided tour with Mr George Carter
- Holme Hale Hall Gardens incl. lunch

This morning we visit Silverstone Farm the home and garden of designer George Carter. We shall tour the ground floor of the 1920s neo-Georgian farmhouse, library and large entrance hall in the barn (part of 1830s farmyard complex) and the elegant formal gardens. The formal theatrical green garden, which incorporates a series of hedged rooms, are influenced by Dutch and English formal gardens of the 17th and early 18th century. Silverstone Farm has been the subject of two TV programmes, many books and magazine features including *Gardens Illustrated* (Nov 11), *World of Interiors* (May 2004) and *Country Life* (June 2006).

Nearby we are invited by Mr and Mrs Simon Broke to a lunch and a visit to the gardens of Holme Hale Hall which has been in the family for several generations. The gardens, designed and planted by Chelsea Gold

Medal winning designer Arne Maynard in 2000, feature a wonderful walled garden which has been re-purposed to mix vegetable and fruit production with huge herbaceous borders and lawns. Elsewhere, low cloud hedges of box are filled with perennial grasses framing the formal façade of the Hall. There is also a wildflower meadow, topiary garden and cutting garden filled with heavenly scented roses.

In the late afternoon we continue to the cathedral city of Norwich which will be our base for the next 4 nights. (Overnight Norwich) BL

#### Day 8: Saturday 14 June, Norwich

- Morning at leisure
- Norwich Castle Museum & Art Gallery
- Norwich Cathedral

"The finest provincial city in England," declared John Julius Norwich, leading British architectural historian and writer. The unique city of Norwich lies on two rivers, and has kept its labyrinthine medieval plan, encompassing thirty-two medieval churches and a dazzling colourful market. Norwich gave its name to a famous school of painters, and the city has six museums, including the only 'museum of mustard' in the country! Norwich is, moreover, one of the best-preserved cities in Britain. Fortified by the Saxons in the 9th century, it became a prosperous market town when Flemish settlers came here in the 12th century, and was the second most important city of England until the Industrial Revolution in the 1800s.

This morning will be at leisure to explore the quaint shops in the medieval streets of Elm Hill and Tombland, and the old Saxon marketplace which comes alive on Saturday mornings.

In the afternoon we begin with a visit to the Norwich Museum and Gallery, which is housed in a dramatic location, the keep of a Norman castle (1160) occupying a high mound in the very heart of the city. In the Gallery we will be introduced to work of the Norwich School of watercolour artists, including John Sell Cotman, the Chromes, John Thirtle and George Vincent, who portrayed life in Norwich itself and in the surrounding countryside in the first half of the 19th century.

We also enjoy a guided tour of Norwich Cathedral, one of the most beautiful cathedrals of England, which was begun in the 11th century. This masterpiece in the Romanesque and late Gothic style has a dramatic stone spire, the second tallest in England after Salisbury. It also has many treasures such as the largest number of fine roof bosses anywhere in Christendom. (Overnight Norwich) B

#### Day 9: Sunday 15 June, Norwich – Mannington Hall – Blickling Estate – Norwich

- Mannington Hall & Gardens
- Blickling Hall & Gardens

This is a day devoted to visiting grand country houses with gardens to match. We commence with the garden surrounding the 15th-century Mannington Hall, a three-storey moated manor house constructed in local flint stone, owned by the Walpole family since 1740. June is Mannington's 'Month of Roses' and roses feature throughout, especially in the Heritage Rose Garden, whose important collection of historic species reflects changing tastes in gardens and roses. There are lakes, follies and woodland walks to explore and morning tea in the teahouse.

Travelling on through the quiet roads of central Norfolk, we come to Blickling Hall, which is flanked by massive trimmed yew hedges. The house is a Jacobean masterpiece in red brick. Here we shall take a tour

of the grounds that include glorious formal gardens with parterres, a fountain and extraordinary topiary. Beyond is a park with a lake and a summerhouse that takes the form of a Tuscan temple. The park offers fine vistas through its magnificent stands of trees. The current house, which we shall explore at the end of the afternoon, was built in 1620 by Sir Henry Hobart; the Hobarts later became Earls of Buckingham. Blickling, however, has a longer history. A precursor of the present house was owned by Geoffrey Boleyn, grandfather of Anne Boleyn, who was beheaded by order of her husband Henry VIII; local legend has it that on the anniversary of her execution her ghost rides up to the hall in a carriage drawn by headless horses guided by a headless coachman! (Overnight Norwich) B

#### Day 10: Monday 16 June, Norwich – East Ruston – Hickling Broad – Norwich

- East Ruston Old Vicarage Gardens: Guided tour with Mr Alan Gray & light lunch
- Hickling Broad: Boat Cruise of the Broads with Norfolk Wildlife Trust

Today we visit a garden created by two men over the past twenty-five years, begun after they acquired a run-down Edwardian Vicarage with no garden. Today it features in *1001 Gardens to see before you die*. Situated two kilometres from the sea, it has an absorbing, exotic atmosphere and features a series of gardens, including a Sunken Garden, Dutch Garden, Tropical Border, Mediterranean Garden and Walled Garden. Alan Gray and Graham Robeson created these gardens and Alan will guide us through them. They are a plantsperson's paradise! A delicious lunch will be included in this inimitable garden experience.

We then drive to Hickling Broad, where we board our boat to cruise the Broads and experience first-hand the setting of Arthur Ransome's children's adventure stories, *Swallows and Amazons*. We sail from Hickling Broad situated on the Upper Thurne river system into the network of lakes known as the Norfolk Broads. The Broads were regarded as natural elements until the 1960s when Dr Joyce Lambert proved that they were, in fact, artificial, having emerged through the flooding of early peat excavations. The Romans first exploited the rich peat beds of the area for fuel, and in the Middle Ages the local monasteries began to excavate the 'turbaries' (peat diggings) as a business, selling fuel to Norwich and Great Yarmouth. When sea levels rose the pits began to flood. Despite the construction of windpumps and dykes, the flooding continued and resulted in the today's typical Broads, with their reed beds, grazing marshes and wet woodland. Our 2-hour guided water trail arranged by Norfolk Wildlife Trust journeys into the hidden heart of the broads to visit remote hides only accessible by boat. Look out for marsh harriers, great crested grebes and the elusive bittern! (Overnight Norwich) BL

#### Bury St Edmunds, Suffolk - 6 nights

#### Day 11: Tuesday 17 June, Norwich – Sutton Hoo – Woodbridge – Bury St Edmunds

- Sutton Hoo: Guided tour of the Anglo-Saxon Royal Burial Site with NT archaeologist, Angus Wainwright
- Longshed: The Sutton Hoo Ship's Company Project

This morning we journey south to Suffolk where we spend the morning at the 'royal' burial complex at Sutton Hoo, one of the most significant sites in English Archaeology. In the summer of 1939 landowner Edith Pretty engaged local archaeologist Basil Brown to investigate a cluster of mysterious mounds on her estate. A series of eighteen burial mounds, were identified and excavated, dating to the end of the 6th and beginning of the 7th centuries AD. The largest of the burrows (Mound 1) revealed a 27m-long clinker-built timber ship, and in contrast to other mounds, the grave was undisturbed with its central burial chamber still intact. Given the significance of this discovery the dig was promptly taken over by Cambridge academic Charles Phillips. Painstaking excavation of the burial chamber revealed a spectacular array of over 200

objects which testified to the skill of early medieval artisans and the wealth of the individual buried beneath the mound. Although the ship was initially interpreted as a Viking burial, it soon became clear that Sutton Hoo was the burial ground of 7th-century royalty, and is now thought to be the grave of King Raedwald of East Anglia, buried in 625 AD. The film *The Dig* produced in 2021, is based on the 2007 novel of the same name by John Preston that reimagines the events of this excavation. Following a guided tour with NT archaeologist, Angus Wainwright to view the burial site there will be time at leisure for lunch and to view photographs of the excavation on display in Tranmer House.

Nearby lies the port town of Woodbridge well known for its boating harbour and tide mill. The town has been a centre of boatbuilding, rope-making and sail-making since the Middle Ages. Edward III and Sir Frances Drake had fighting ships built in Woodbridge. In 2016 the Sutton Hoo Ship Company was formed to reconstruct the Sutton Hoo Ship. Historians, shipwrights and many volunteers are using the specifications meticulously gathered by wartime archaeologists to reconstruct the ship and gain a greater understanding of England's earliest maritime history. Currently under construction in The Longshed, it is due to be completed at the end of 2025. Following a short guided tour of The Longshed for a talk on this project and tour of the workshops, there will be time at leisure to explore Woodbridge. You may wish to visit the Tide Mill, one of only a handful in the world still producing flour on a regular basis.

In the late afternoon we continue our journey to the historic market and cathedral town of Bury St Edmunds which will be our base for the next 6 nights. (Overnight Bury St Edmunds) B

#### Day 12: Wednesday 18 June, Bury St Edmunds – Anglesey Abbey – Bury St Edmunds

- Anglesey Abbey, Gardens & House
- Afternoon at leisure

This morning we visit Anglesey Abbey. The chief glory of this 12th-century converted priory is its gardens and grounds. This important National Trust property is grand in scale but its spacious lawns, pools, flowers, shrubs and statuary are all brought together in a scheme that unites formality with charm. We will also explore the interior of the house in which Lord Fairhaven, son of an American Railway magnate, used great ingenuity in displaying his collections. His eclectic taste in art ranged from paintings by Antonio Canova and Claude Lorraine to those of John Constable.

After lunch we return to Bury St Edmunds for an afternoon at leisure to independently explore the city, which is rich in archaeological and historic treasures. Here in the 9th century St. Edmund became the last king of East Anglia. The Danes murdered him because of his Christian faith, and after his burial the town became a place of pilgrimage. For many years St. Edmund was the patron saint of England. You may wish to explore the ruins of the great abbey built in his honour, where in 1214 that the Archbishop of Canterbury met with the Barons of England who swore that they would force King John to honour the dictates of the Magna Carta. The Abbey Gardens include an Old English rose garden, a water garden and a garden for the blind, where fragrance takes the place of sight. (Overnight Bury St Edmunds) B

#### Day 13: Thursday 19 June, Bury Edmunds – Framlingham Castle — Otley Hall – Helmingham Hall – Bury St Edmunds

- Framlingham Castle
- Otley Hall and Gardens
- Helmingham Hall Gardens, Stowmarket

Framlingham Castle, in Suffolk, is one of the most important and beautiful medieval castles in the British



Isles. Bigod, second Earl of Norfolk, built it in about 1190 on the site of an earlier timber castle. Mary Tudor was one of its occupants. In the summer of 1553, with a large encampment of followers, she waited here for the results of the succession following the death of her brother, Edward VI. We shall visit the castle, climb onto its curtain wall, and walk along the ramparts through the thirteen towers that form its formidable defences. The walls of the castle offer commanding views of the surrounding Suffolk countryside.

A short drive brings us to Otley Hall, a beautiful 16th-century moated manor house, set in ten acres of garden. Following a light lunch we enjoy a tour of the house which is recognised as one of the most perfect examples of unspoiled late medieval architecture in England. Unequalled in Suffolk are the Great Hall and Linenfold Parlour, both of which look out onto a rose garden. Our guide will show us a wealth of notable features, including a cross or screens passage, richly carved beams, superb Linenfold panelling, and 16th-century wall paintings celebrating the marriage of Robert Gosnold III to Ursula Naunton (1559). The building's profile is inflected with lofty chimneys, and especially noteworthy are the herringbone brickwork and vineleaf pargetting.

Our tour of the gardens provides a feast for the senses with their exquisite blend of wild and cultivated terrain. Elements of the gardens have been inspired by Francis Inigo Thomas (1866-1950) including an H-shaped Canal and Mount. There is also a beautiful Elizabethan-style knot garden, traditional herber and orchard designed by Sylvia Landsberg, and a striking labyrinth based upon the designs of the one at Chartres Cathedral. Conservation is an important part of the gardeners' program here. They have encouraged growth of wild flowers and hedges, and have taken particular care to preserve the habitats of native wildlife.

We end the day with a visit to Helmingham Hall Gardens. It is hard to exaggerate the effect this beautiful park, with its red deer, and the spectacular moated hall constructed in mellow patterned red brick with its famous gardens, will have on you. The whole combines to give an extraordinary impression of beauty and tranquillity. A classic parterre flanked by hybrid musk roses lies before a stunning walled kitchen garden with exquisite herbaceous borders and beds of vegetables interspersed by tunnels of sweet peas, runner beans and gourds. On the other side lies a herb and a knot garden behind which is a rose garden of unsurpassable beauty. The subtle colour combinations in all these are in immaculate taste. The influence of the well-known garden designer Xa Tollemache, is clearly visible; the parterre was redesigned in 1987 and the rose garden to the east of the coach house was created in 1982, together with the knot and herb garden. (Overnight Bury St Edmunds) BL

**Day 14: Friday 20 June, Bury St Edmunds – Beth Chatto – Sudbury – Long Melford – Bury St Edmunds**

- The Beth Chatto Gardens, Elmstead Market
- Gainsborough's House, Sudbury: Curator led tour of house museum & gallery
- Holy Trinity Church, Long Melford
- Evening talk at the hotel

Beth Chatto OBE has become one of the great gardening writers of our time and enjoys an international reputation after winning ten gold medals at Chelsea Flower Show. She and her husband began establishing gardens at Elmstead Market in Essex during 1960 when the site was an overgrown wasteland between two farms. Faced with all kinds of difficult conditions Beth and Andrew Chatto set out to find homes for many of the plants they wished to grow. With dry and damp soil in both sun and shade, they were able to put into practice the underlying principles of what is now referred to as 'ecological gardening'. There are five feature gardens to explore: the Gravel Garden, Scree Garden, Water Garden, Woodland Garden, and the newly redesigned Reservoir Garden. Adjoining the gardens is the nursery which contains over two thousand different types of plants, predominately herbaceous perennials, bulbs and a selection of shrubs and

climbers. Our visit includes a one-and-half-hour guided tour of the gardens followed by time at leisure to enjoy lunch at the 'Nursery Tearoom' and explore the nursery.

We continue to the market town of Sudbury, a centre for the production of textiles, weaving woollen cloth in medieval times and transitioning to the production of silk in the 18th century. The town also became notable for its art, being the birthplace of Thomas Gainsborough (1727-88), whose landscapes offered inspiration to John Constable (1776-1837), another painter of the surrounding Stour Valley area. We enjoy a curator-led tour of Gainsborough's childhood home and the new gallery spaces designed by ZMMA which, after a major refurbishment completed in 2022, now display paintings from throughout the artist's career and exhibitions on other later Suffolk painters such as John Constable and Cedric Morris.

To complete our day we visit Holy Trinity Church, one of the great Suffolk wool churches which stands at the north end of the village of Long Melford. It is widely acknowledged to be one of the most magnificent late medieval parish churches in England. Its rich 15th-century decoration includes the famous run of stained glass donor portraits which light the north isle and provide an unparalleled record of 15th century costumes, heraldry and hairstyles.

On our return to the hotel we gather for an evening talk by Richard. (Overnight Bury St Edmunds) B

Day 15: Saturday 21 June, Bury St Edmunds – Ipswich – Flatford – East Bergholt – Bury St Edmunds

- Christchurch Mansion, Ipswich
- Group Lunch in East Bergholt
- Guided Constable Walk from Flatford to East Bergholt (1½ hrs)

Today we journey to the county town of Ipswich to visit Christchurch Mansion which contains the biggest collection of paintings by Thomas Gainsborough and John Constable outside of London, along with collections of other artists inspired by the beautiful landscapes of East Anglia. There are also period rooms such as the sumptuous Georgian Saloon and the humbler Victorian wing with its displays of children's toys and dolls houses.

John Constable (1776-1837) was born in Suffolk and is known principally for his landscape paintings of Dedham Vale, the area surrounding his home, which he invested with an intensity of affection. "I should paint my own places best", he wrote to his friend John Fisher in 1821, "painting is but another word for feeling". His most famous paintings include *Dedham Vale* (1802) and *The Hay Wain* (1821) the colourism and open brush stroke of which, when the painting was exhibited in Paris, were to have a revolutionary influence upon French artists such as Delacroix. Although his paintings are now among the most popular and valuable British paintings, he was never financially successful and did not become a member of the establishment until he was elected to the Royal Academy at the age of fifty-two. He sold more paintings in France than in England. Constable rebelled against the demand that artists compose from the imagination rather than depict nature with immediacy. He told Leslie, "When I sit down to make a sketch from nature, the first thing I try to do is to forget that I have ever seen a picture".

We travel a little way to East Bergholt for a light cafe lunch then, continue on to the nearby town of Flatford. We begin our tour at Bridge Cottage, before taking a country walk through Constable country from this delightful town back to East Bergholt. Our tour will pass painting sites immediately around Flatford will include scenes made famous in *The Hay Wain*, *Boatbuilding* and *Flatford Mill*. Our guide will be armed with reproductions of the paintings, so you can make comparisons with the scenes today (remarkably similar)! (Overnight Bury St Edmunds) BL

## Day 16: Sunday 22 June, Bury St Edmunds – Lavenham – Bury St Edmunds

- Guided tour of Lavenham, including the Guildhall of Corpus Christi
- Time at leisure in Bury St Edmunds
- Farewell Dinner, Eaterie Restaurant, The Angel Hotel

This morning we visit the village of Lavenham, once a vibrant, prosperous Suffolk wool town. The legacy of its past wealth is reflected in the buildings that have survived. We shall visit the Guildhall of Corpus Christi, one of the finest surviving timber-framed buildings in Britain. The Guildhall was the economic hub of what was once the fourteenth richest town in England. Built around 1530, it was one of the last buildings to be erected before the cloth industry collapsed. Fascinating exhibitions here give you insights into local history and traditional farming practices, as well as the area's medieval cloth industry. An interesting walled garden grows plants that produce traditional dye colours, which are bright even by today's standards.

Our guided walk around the village where so many Tudor timber framed buildings have miraculously survived will take in the vast parish church of St. Peter & St. Paul. Clothiers built this great church to celebrate the end of the Wars of the Roses in 1485. Quaint streets will lead us into enchanting medieval prospects, including the market place, the Old Wool Hall, Tudor shops and Woolstaplers.

We return to Bury St Edmunds in the early afternoon where the remainder of the afternoon is at leisure. You may wish to visit Moyse's Hall Museum, located 5 minutes' walk from our hotel. Built around 1180, it houses a collection of artefacts from the Bronze Age, as well as Roman pottery and Anglo-Saxon jewellery. Tonight we enjoy a farewell dinner at the Angel Hotel's Eaterie Restaurant. (Overnight Bury St Edmunds) BD

## Day 17: Monday 23 June, Bury St Edmunds – Audley End – Saffron Waldon – London Heathrow

- Audley End House and Gardens
- Market town of Saffron Waldon
- Transfer to London Heathrow Airport arriving at approximately 6pm

This morning we depart Bury St Edmunds and venture into the county of Essex. We begin by visiting a great country house that monarchs and aristocrats alike have used for over 400 years as a symbol of their wealth, status and power, as well as for their pleasure. This is Audley End, a fitting climax to our tour. Henry VIII gave Walden Abbey to Sir Thomas Audley, who transformed it into his mansion, Audley End. His grandson Thomas, first Earl of Suffolk, rebuilt this mansion between 1603 and 1614. The new Audley End was truly palatial in scale, but Suffolk fell from power after 1618. Charles II bought the house in 1668 and used it as a base for attending the Newmarket races. By the 1680s, Sir Christopher Wren was warning of the need for major repairs. The cost of these caused William III to return Audley End to the Suffolk family. When the Suffolk line died out in 1745, the Countess of Portsmouth bought the house for her nephew and heir, Sir John Griffin Whitwell, the fourth Baron Howard de Walden and first Baron Braybrooke. Today, the house's interior largely reflects the tastes of the third Baron Braybrooke, who inherited it in 1825. He installed his extensive picture collection here and filled the rooms with rich furnishings. The fourth Baron Braybrooke's natural history collection also remains an appealing feature of the house. After nearly thirty years in store, a rare set of English tapestries by the Soho weaver Paul Saunders has been conserved and displayed in the Tapestry Room. They depict figures in a landscape with ruined buildings and were originally supplied to Audley End in 1767.

Audley's park and the fine Victorian gardens are just as glorious as its interiors. An artificial lake, created with water from the River Cam, runs through delightful 18th century parkland. The Classical Temple of Concorde, built in 1790 in honour of George III, and the restored 19th century formal parterre garden,

dominate views from the back of the house. We will see Robert Adam's ornamental garden buildings, and the Elysian Garden cascade. If all this sumptuous living is too rich for you then a sobering visit to the historic kitchen and dry laundry might be to your taste. You will have time to lunch here in the Tea Room located in the Servants Hall. After lunch we shall visit the thriving organic walled 19th-century kitchen garden, with its box-edged paths, trained fruit and 52-metre-long vine house – still as it was in its Victorian heyday.

Our last visit is to the enigmatic-sounding town of Saffron Walden. In the medieval period Saffron Walden was primarily concerned with the wool trade. In the 16th and 17th centuries, however, the saffron crocus (*Crocus sativus*) came to be grown throughout the area. The precious saffron extracted from the flower's stigmas was used in a variety of ways – in medicines, as a condiment, as a perfume, as an aphrodisiac, and as an expensive yellow dye. The town, originally known as Chipping Walden, thus took the name Saffron Walden. By the end of the 18th century brewing had replaced saffron as the main crop in the district; local malt and barley supplied more than thirty maltings and breweries here by the 1830s.

All good things must come to an end! Our tour ends with a coach trip to London Heathrow Airport, arriving at approximately 6pm, where we must all say goodbye. B



## Accommodation

ASA has selected a range of 4-star hotels that are themselves historical buildings and/or are located in historical centres. All hotels provide rooms with en suite bathroom.

- King's Lynn (3 nights): 4-star [Dukes Head Hotel](#) – overlooking the marketplace in the heart of the old town, this traditional hotel underwent a major refurbishment in 2022.
- Langham (3 nights): 4-star [The Harper](#) – a new boutique hotel which opened in 2021, housed in a former glassblowing factory.
- Norwich (4 nights): 4-star [Maids Head Hotel](#) – located in the heart of the city opposite the Norman cathedral. The hotel underwent a major refurbishment in 2019. Facilities include the 2AA Rosettes WinePress Restaurant
- Bury St Edmunds (6 nights): 4-star [The Angel Hotel](#) – a modern boutique hotel, originally a coaching inn, located opposite the Cathedral and Abbey Gardens. The hotel underwent a major refurbishment in 2022.

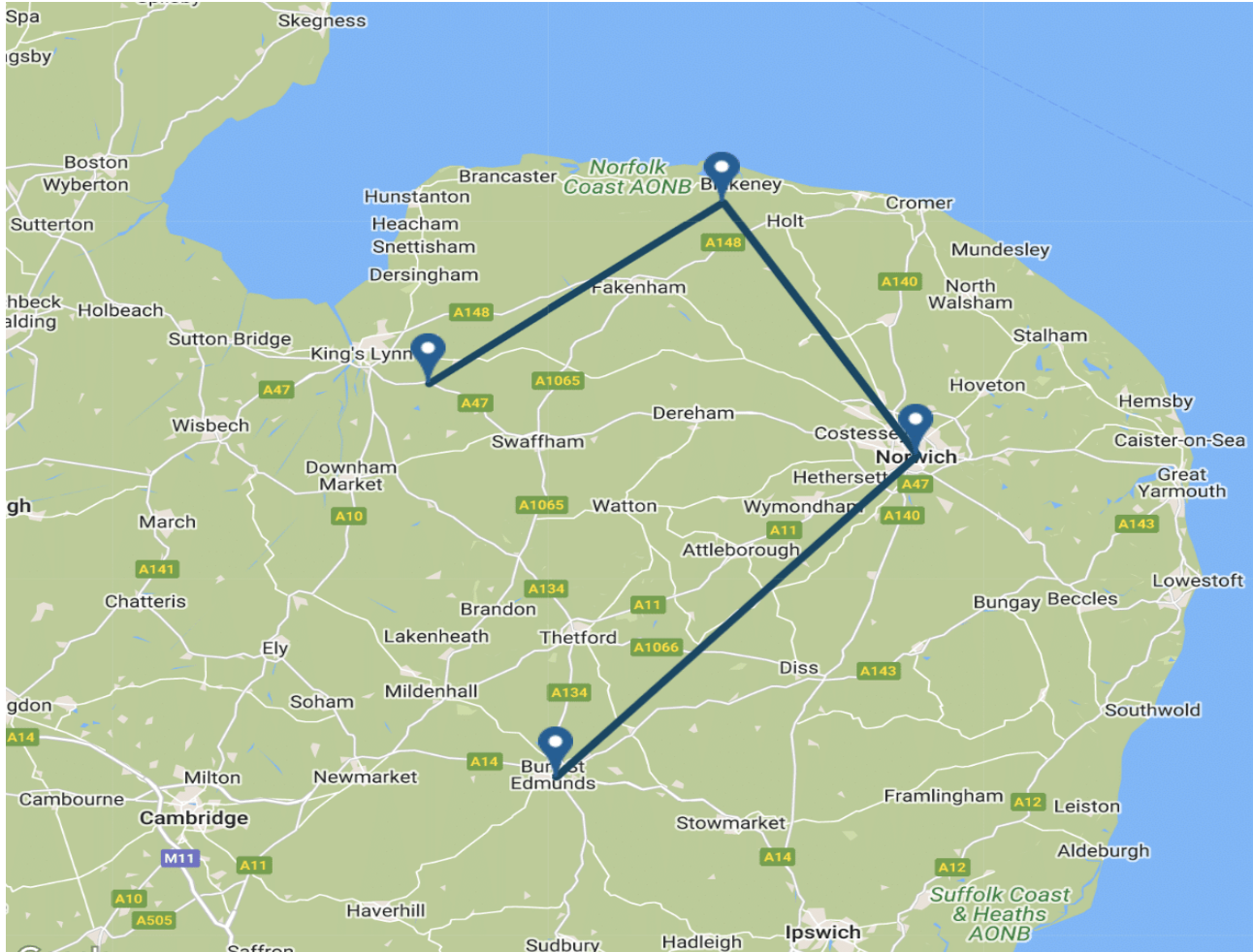
Note:

- *Hotels are subject to change, in which case a hotel of similar standard will be provided.*
- Participants should be aware that not all hotels provide rooms with walk-in showers. It is quite common to have a room with a shower over the bath.

### Double (as Single) Supplement

Payment of this supplement will ensure accommodation in a double room for single occupancy throughout the tour. The number of rooms available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.

## Tour Map



## Tour Price & Inclusions

AUD \$12,580.00 Land Content Only – Early Bird Special: Book before 31 March 2024

AUD \$12,780.00 Land Content Only

AUD \$2780.00 Double (as Single) Supplement

Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with private facilities in 4-star hotels
- Breakfast daily, lunches and evening meals indicated in the tour itinerary, where: B=breakfast, L=lunch & D=evening meal
- Drinks at welcome and farewell meals. Other meals may not have drinks included.
- Transportation by air-conditioned coach
- Airport-hotel transfers according the time schedule as indicated in the tour itinerary.
- Porterage of one piece of luggage per person at hotels (not at airports)
- Lecture and site-visit program
- Tour notes
- Entrance fees
- Use of audio headsets during site visits
- Tips for the coach driver, local guides and restaurants for included meals

Tour Price (Land Content Only) does not include:

- Airfare: Australia-London; London-Australia
- Personal spending money
- Airport-hotel transfers if not travelling on 'designated' flights
- Luggage in excess of 20kg (44lbs)
- Travel insurance



## Fitness Criteria & Practical Information

Fitness Level 

### Level 1 - Active

For people with active lives and good mobility

You must be able to:

- manage at least five hours of physical activity per day with ease.
- walk at a regular pace for at least 5kms per day on flat, cobbled or undulating terrain. We explore a range of towns and villages on foot, involving walks uphill from bus parks to historic town centres and other sites.
- keep up with the group at all times.
- negotiate challenging historic sites and gardens: several flights of stairs feature in the majority of castles and stately homes.
- contend with a shower over a bath; walk-in showers may not be available at all hotels.
- manage your own luggage at some hotels.

### Fitness Levels

Please also view the fitness criteria required for our tours, graded from Level 1 to Level 3, at [www.asatours.com.au/fitness-level/](http://www.asatours.com.au/fitness-level/)

All ASA tours are active programs suitable for people with a good level of mental and physical fitness and good mobility. They are not suitable for people who lack stamina, have difficulty walking at the group's pace or who have mobility issues. An unavoidable aspect of every tour is the need to manage walking, stair-climbing and standing for long periods of time.

It is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour



participant to refrain from a particular activity on part of the tour. Before enrolling on an ASA tour please read the fitness requirements carefully.

### Weather

June is the sunniest month of the year across England. While the average day-time temperature is 18-20°C, in recent years England has experienced heatwaves reaching up to 35°C.

## Booking Conditions

### ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$1000.00 per person payable to Australians Studying Abroad.



# Reservation Application

TOUR NAME \_\_\_\_\_  
TOUR DATES \_\_\_\_\_

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

## Applicant Details (as in passport)

TITLE Mr ☐ Mrs ☐ Ms ☐ Miss ☐ Dr ☐ Other \_\_\_\_\_  
FIRST NAME \_\_\_\_\_ Preferred FIRST NAME \_\_\_\_\_  
MIDDLE NAME \_\_\_\_\_ SURNAME \_\_\_\_\_  
POSTAL ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ COUNTRY \_\_\_\_\_ POSTCODE \_\_\_\_\_  
TEL. (AH) ( ) \_\_\_\_\_ TEL. (BH) ( ) \_\_\_\_\_ Mobile Tel: \_\_\_\_\_  
EMAIL address \_\_\_\_\_  
Date of birth / / GENDER Male ☐ Female ☐

**Passport** Number \_\_\_\_\_ Expiry date / / Nationality \_\_\_\_\_  
☐ Colour copy of my current valid passport enclosed ☐ I'm renewing my passport ☐ ASA has a colour copy of my current passport

**Covid Certificate** ☐ A copy of my current international certificate enclosed

## Travel Plans

☐ I plan to leave Australia before the tour commences. Planned departure date / /  
☐ I will be arranging my airfare independently and taking the Land Content Only option.

## Tour Accommodation (rooming preferences)

I/we would like: ☐ a twin-bedded room ☐ a double-bedded room ☐ a room for sole occupancy  
I am travelling: ☐ on my own ☐ with a friend/family member Travel Companion \_\_\_\_\_

## Meals

☐ I do not have any specific dietary requests

Please **X** the box if you **CAN NOT** eat any of the following:

☐ fish ☐ poultry ☐ red meat ☐ dairy products  
☐ eggs ☐ pork ☐ nuts  
☐ Other \_\_\_\_\_

**Allergies: Refer to the Medical Information**

## Correspondence

Your preferred method of correspondence ☐ Postal Mail ☐ Email Address \_\_\_\_\_

## Emergency Contact Details

Note: this person **MUST** be available by telephone and be present in Australia for the duration of your tour with ASA

Name \_\_\_\_\_ Relationship to Traveller \_\_\_\_\_  
Address \_\_\_\_\_  
TEL. (AH) ( ) \_\_\_\_\_ TEL. (BH) ( ) \_\_\_\_\_ Mobile Tel: \_\_\_\_\_  
EMAIL address \_\_\_\_\_

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at [www.asatours.com.au](http://www.asatours.com.au)
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. [www.traveldoctor.com.au](http://www.traveldoctor.com.au) tel: 1300 658 444; [www.travelvax.com.au](http://www.travelvax.com.au) tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include **generic names** of each medication (consult your local pharmacy for information).

Please mark **X** in the YES or NO box to every question below and provide details where necessary:

## Participation Criteria

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. **You must also be fully vaccinated against Covid-19.** If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

- |   | YES                   | NO                    |
|---|-----------------------|-----------------------|
| 1. Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions?               | <input type="radio"/> | <input type="radio"/> |
| 2. Can you walk unassisted on and over uneven surfaces?   | <input type="radio"/> | <input type="radio"/> |
| 3. Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?            | <input type="radio"/> | <input type="radio"/> |
| 4. Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?                   | <input type="radio"/> | <input type="radio"/> |
| 5. Can you organise, manage and carry your own luggage?   | <input type="radio"/> | <input type="radio"/> |
| 6. Can you follow and remember tour instructions and meet punctually at designated times and places?      | <input type="radio"/> | <input type="radio"/> |
| 7. Can you administer your own medication?  | <input type="radio"/> | <input type="radio"/> |
| 8. You do NOT have impaired vision or hearing which may impact your capacity to participate on this tour? | <input type="radio"/> | <input type="radio"/> |

## Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

1. Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program? YES NO ☐ ☐
- If yes, please specify

If yes, how will you manage this on tour?

## Allergies and/or Food Intolerances

ASA will make reasonable endeavours to organise meals to suit you, provided that you give ASA adequate notice of your specific dietary requirements or allergies. You may be required to research dietary alternatives, as not all destinations may be able to offer suitable food substitutes.

1. Do you have any food allergies or intolerances? YES NO ☐ ☐
- If yes, please specify

2. Have you ever had an anaphylactic reaction to anything? ☐ ☐
- If yes, please specify

Do you carry an epipen? ☐ ☐

3. Do you have any other allergies or reactions to anything, including medical drugs? ☐ ☐
- If yes, please specify

## Existing Medical Conditions

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

1. Have you any significant medical conditions that may impact your capacity to complete this tour? YES NO ☐ ☐
- If yes, please specify

If yes, how will you manage this on tour?

2. Do you require some form of powered medical aid, such as a CPAP machine? ☐ ☐

These machines may not be operable on certain international flights, modes of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

**Diabetics:** You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

3. Are you diabetic? ☐ ☐
- Are you insulin dependent? ☐ ☐
4. Do you suffer from travel sickness? ☐ ☐
- Remember to use an appropriate medication while on tour.

## Declaration

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept the inherent dangers, risks and uncertainties in travel and those beyond ASA's control and understand they may occur before or during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but only for the purpose of making bookings with and engaging services associated with the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of booking, preparing for, travelling to, on and from or cancelling any tour.

I release and indemnify ASA with respect to:

1. Every general risk to which I or my personal belongings may be exposed in the course of preparing for, travelling to, on or from any ASA tour;
2. Every special risk, in particular medical risks, to which I may be exposed in the course of preparing for, travelling to, on or from any ASA tour arising from, including, but not limited to:
  - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
  - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
  - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally; and
  - d. any event or happening beyond ASA's control
3. All claims arising as a result of my or ASA's cancellation or termination of any tour, part of a tour or of my continued participation on a tour for any reason (subject to ASA's refund conditions below).

## Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products, services, terms and conditions. If a service provider cancels or does not deliver the product or service for which you have contracted, and does not give a refund, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (e.g. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, border closures, cancellation, failure, accident, act, omission or negligence of any tour service provider or authority however caused (contingencies). You must take out such travel insurance as is available against such contingencies.

ASA's liability in respect of any tour cancelled or changed will be limited to the partial refund of amounts you have paid, less an administration fee of \$500 and other costs and charges of third party service providers. No compensation will be payable to you by ASA where ASA cancels or changes a tour, or any part of a tour.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate and in the best interests of health, safety and wellbeing of tour participants. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

## Booking Conditions

### DEPOSITS

A non-refundable deposit of \$1000.00 AUD per person is required to reserve a place on an ASA tour.

### CANCELLATION FEES

If you cancel your booking the following charges apply:

More than 75 days before departure: your initial deposit of \$1000.00 is non-refundable.\*\*

75-31 days prior 50% of total amount due

30-0 days prior 100% of total amount due

\*\*\$500.00 of this amount (ie 50% of your deposit) may be credited to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.

***We take the day on which you cancel as being that on which we receive written confirmation of cancellation.***

### UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions or services of the tour, such as meals, entry fees, accommodation, flights or transfers.

### WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to itineraries. We will inform you of any changes in due course.

### TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

### FINAL PAYMENT

The balance of the tour price will be due 75 days prior to the tour commencement date.

## PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW

☐ I accept the conditions on this booking form ☐ I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements

Applicant's Signature

Print Full Name

Dated



## Tour / Course Name \_\_\_\_\_

Name of Traveller 1 \_\_\_\_\_

Name of Traveller 2 \_\_\_\_\_

I have enclosed a payment to the value of \$ \_\_\_\_\_ (including CC or bank fee if applicable) for this tour

The above amount is payable for:

- ☐ Intention to Travel    ☐ Tour Deposit
- ☐ Balance of Payment    ☐ Upgrade from Intention to Travel to a Deposit
- ☐ Travel Insurance    ☐ Other (eg. Airfares, Accommodation) \_\_\_\_\_

## International Payments

Welcome to our international travellers! If you are making a payment and do not have an Australian bank account/credit card, we can only accept payment as follows:

- via credit card with the applicable fee - the credit card company/bank will set the exchange rate
- via bank transfer; please give your surname and tour code (eg. Smith 21705) as a reference and ask your bank to allow for all charges.

Bank cheques or personal cheques will not be accepted.

## By Cheque (accept Australian cheques only)

Please make cheques payable to *Australians Studying Abroad*

## Direct Deposit or Internet Banking

You will need to:

1. Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch
2. Include any fees levied by the banks
3. Provide a reference number (Mobile or last name recommended).
4. Complete section below, including confirmation no. (given when transaction completed).

## Australians Studying Abroad bank details

Bank ANZ  
Branch 420 St Kilda Road, Melbourne Vic  
Swift Code ANZBAU3M  
BSB 013-423  
Account No 3472-32759

Bank confirmation No. \_\_\_\_\_

Reference used: Mobile or last name recommended \_\_\_\_\_

Date Money Transferred \_\_\_\_\_

## Credit Card Payment

Credit card fees apply: Mastercard, Visa & American Express 2%

Please debit my: ☐ Mastercard ☐ Visa ☐ American Express

I authorise ASA to debit my credit card for the amount due plus the applicable fee as above

Credit Card Number \_\_\_\_\_

Expiry Date \_\_\_\_\_

Security Code (CVC) \_\_\_\_\_

Bank the Card is linked to (eg. NAB or ANZ) \_\_\_\_\_

Cardholders Name \_\_\_\_\_

Cardholders Billing Address \_\_\_\_\_

Postcode \_\_\_\_\_

State \_\_\_\_\_

Country \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Cardholders Signature \_\_\_\_\_