

Iceland: Beyond the Volcanoes

by Em. Prof. Heather O'Donoghue

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Iceland is a remarkable country with its stunning vast unspoilt landscapes of mountains, lakes, waterfalls, geysirs, glaciers, hot springs, rocky shores and towering cliffs. For geologists, it's a treasure trove, and because it's volcanically so active, sitting astride the great and ever-widening rift between the Eurasian and North American tectonic plates, it's an exciting place even for those who know little of volcanic systems or the geology of the earth's crust.

Iceland is also home to a distinctive and very special people, a tightly-knit and proudly independent community who have lived for centuries in this inhospitable – if staggeringly beautiful – environment where the sun hardly sets in midsummer, with its harsh, dark winters and lovely but short summers. They speak an ancient language which few elsewhere understand, but buy more books per head than any other nation on earth, and their material culture is classic Scandinavian chic.



Norse Mythology: from Ragnarök to Valhalla

Perhaps because of those long winter nights, isolation from Europe and fierce national pride, in the centuries following the settlement of [Iceland](#) from 870-930AD by Norwegian and Irish emigrants an

extraordinary body of literature began to take shape. After Iceland's conversion to Christianity in 1000 AD, Icelanders began writing down the pre-Christian stories and poems which must have circulated orally in those first settlement centuries. It is from this literature that we derive our knowledge of Norse mythology: the familiar if deeply strange stories of gods such as Odin, Thor and Freyja, and their terrible downfall at ragnarök, the Norse apocalypse. We learn too of the passions and great deeds of the old Germanic heroes such as Sigurd the Dragon-Slayer, the valkyrie Brynhildr, and tragic Guðrún, material which has been so very influential in western European culture.





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Iceland, the origin of the Sagas

Finally, medieval Icelanders began composing what the poet Ted Hughes called "one of the great marvels of world literature": the Icelandic family sagas. These sagas are a unique literary form. They are novelistic and yet vividly naturalistic stories about the lives and deaths of the first few generations of settlers. They portray daily life in medieval Iceland in unforgettable, dramatic and wholly compelling detail. [Iceland](#) at that time was an astonishingly precocious democracy, with judges and juries, lawyers

and lawmakers, and a parliament. It was a largely egalitarian republic in which violence and peacemaking continually struggled against each other, with results sometimes uplifting and inspiring, and sometimes not.

These stories take place against a backdrop which visitors can easily recognize today. A spectacular steep-sided island in a rocky fjord is the very location of a ferocious Viking outlaw's last stand against his enemies. A flat plain with a shimmering lake at its centre is one of the few places in the world to see certain rare bird species, and at the same time the first site of the world's oldest parliament. And I haven't even mentioned the whale-watching, the seafood cuisine, the Icelanders' passion for quirky museums, or the geothermal outdoor swimming pools...



Travel to Iceland for some of the world's most dramatic landscapes with its active volcanoes, vast glaciers, great geysers, boiling springs and spectacular waterfalls and coastline; and discover the land of the Icelandic Myths, with their great heroes and terrifying monsters.

For a full day by day itinerary of this tour visit, [Iceland, Land of Ice and Fire: Myths, Legends and Landscapes](#) led by [Prof. Heather O'Donoghue](#)



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