



Parma: History, Gastronomy and Verdi 2024

22 SEP – 2 OCT 2024

Code: 22450

Tour Leaders **Matt Absalom, Elisabetta Ferrari**

Physical Ratings 

Explore the proud gastronomic tradition and thriving arts & culture scene of Parma, and attend an opera during the 2024 Verdi Festival.

Overview

Parma was the Italian Capital of Culture in 2020 and 2021, and has been named a UNESCO Creative City for Gastronomy. Spend 11 days in and around Parma, experiencing the rich history and gastronomic culture of this unique area. Your tour leaders are two University of Melbourne academics: [Matt Absalom](#), an Italianist with a long history of leading tours in Italy; and [Elisabetta Ferrari](#), Italianist, academic and Parma local. Experienced local guides add their own expertise to give you unique insights into the culture and hidden treasures of the area.

We welcome bookings from the University of Melbourne's alumni community as well as travellers who enjoy art, architecture, music and gastronomy.

- Encounter Parma's past through its majestic buildings, such as the Cathedral, Baptistery, the Farnese Theatre, the Library and Pharmacy of St John.
- With Roberta Gasparini, a resident of the city, uncover the 'real' Parma by touring places primarily visited by locals.
- Enjoy a night at the Opera, with a performance of *Un Ballo in Maschera* (A Masked Ball) during the annual Verdi Festival.
- Explore ancient churches, castles and fortresses and learn about Italy's rich past. Tour great Medieval and Renaissance palaces with rooms magnificently decorated with fine frescoes.
- Cruise along the Po River, Italy's largest river, and visit historic Mantova (Mantua) once home to the important Renaissance family, the Gonzaga.
- Learn about the history and production of some stalwarts of Italian cuisine in the food valley of the Po River: Parmigiano Reggiano, prosciutto di Parma, balsamic vinegar of Modena.
- Dine in traditional local restaurants, sample delicious pastries, and experience a cooking class on a working farm.
- In Modena, enjoy a special degustation lunch with paired wines at chef Massimo Bottura's Osteria Francescana.

11-Day Music, Food and Culture tour of Parma and surrounds

Overnight Parma (10 nights)

About Parma

Parma, a city of around 200,000 inhabitants in the northern Italian region of Emilia-Romagna, boasts a colourful millennial history which can be traced back to the Bronze Age. As a city, Parma was probably founded by the Etruscans and then colonised by the Romans in 183BC. Over the ensuing centuries, it was ruled over by quite a collection of outside influences. From the 1300s, it fell under the control of Milan, through important families like the Sforza (who employed Leonardo da Vinci at their court in Milan, for instance). Parma has a history of engagement with France, first coming under their rule in 1500. Between the late 1500s and the 1730s, Parma was held as a Duchy by the Farnese family after which it was once again annexed by France and remained in French control until the early 1800s. With the emergence of the Kingdom of Italy, the former Duchy of Parma was integrated into the newly formed province of Emilia. A site of strong partisan resistance during World War II, Parma was subject to allied bombing which destroyed or damaged key buildings close to its historic centre, including the Palazzo Farnese. Parma is surrounded by a network of castles and fortresses, all with notable histories behind them. We are in the lands of Matilda, Countess of Canossa (remembered for her role in the conflict between the Pope and the Holy Roman emperor in the 11th century) and Duchess Maria Luigia of Hapsburg-Lorraine, wife of Napoleon, (sent to rule over the Duchies of Parma, Piacenza and Guastalla after the 1814 Treaty of Fontainebleau). Today,

Parma is the gateway to the Po's food valley, and boasts a proud gastronomic tradition and a thriving arts and culture scene – this is a city well deserving of its 'Capital of Culture' title.

Leaders



Matt Absalom

Matthew Absalom has taught in Italian Studies for over 20 years across three Australian universities: the Australian National University, University of South Australia and, currently, The University of Melbourne in the Italian Studies Program.

Matthew Absalom is a university teacher and researcher, linguist, Italian language coach, translator and published author. He holds qualifications in music, education, languages and linguistics, and has a broad and deep appreciation of Italian history and culture. A regular visitor to Italy over the last 25+ years, his experience leading tours began around 20 years ago with the Federal Government's Endeavour language teacher fellowship program. Since then he has organised and led a range of different in-country tours for adult audiences. He has recently developed a keen interest in food studies and strives to provide experiences which go beyond the superficially touristic.



Elisabetta Ferrari

Elisabetta Ferrari is a lecturer in Italian Studies at the University of Melbourne, with over 10 years' teaching experience. A native of Parma, she has a deep understanding and connection with this area of Italy.

Elisabetta Ferrari is a lecturer in Italian Studies at the University of Melbourne. Following university study in languages and literature in Italy, she completed a BA with Honours at Monash University and a Master of Arts in Cinema Management at The University of Melbourne. She has over 10 years' teaching experience and has worked in tertiary education in Australia for the past two decades in various capacities. Her research interests are in Italian and European cinema, contemporary detective novel and 20th century visual arts.

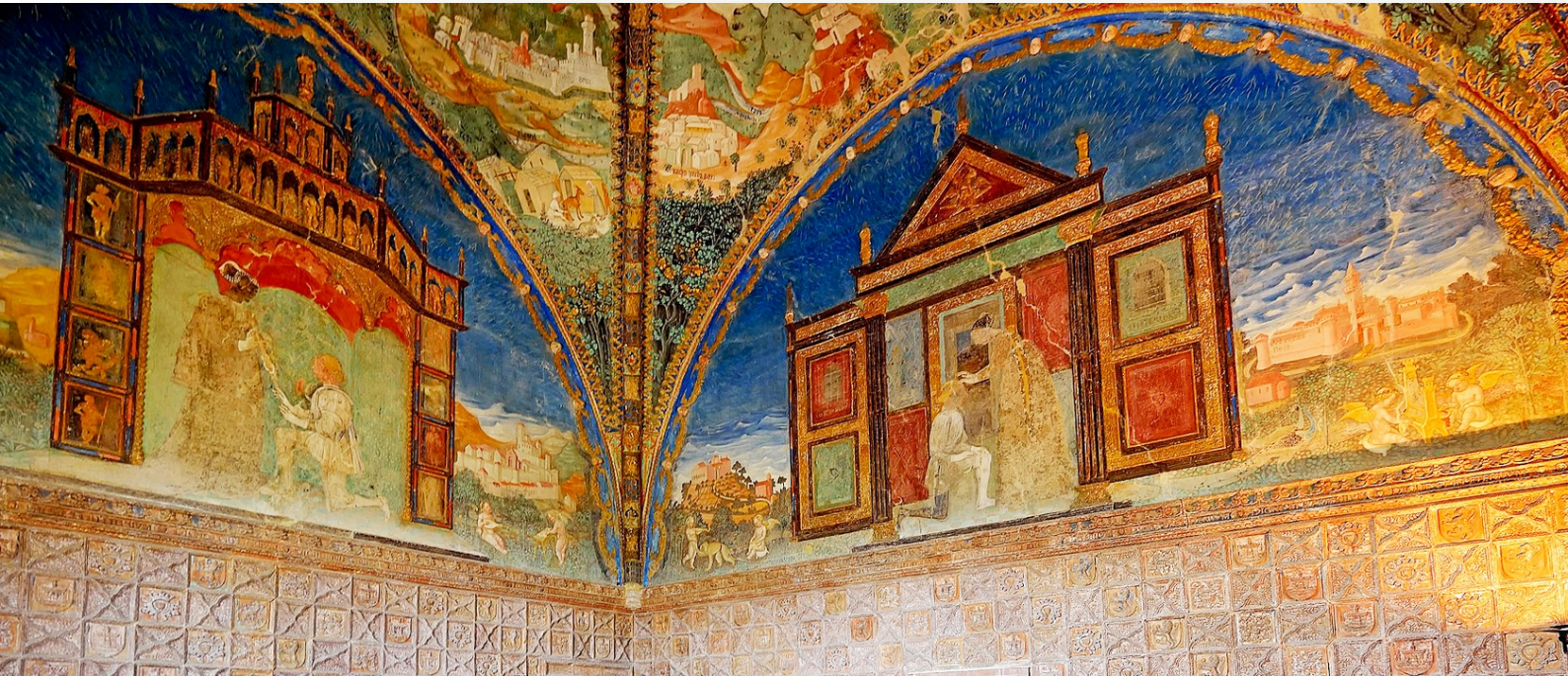
Combine this tour with

Exploring the Literary Landscapes of England 2024
1 SEP – 21 SEP 2024

Between Sea and Sky: Homer's Greek Islands 2024
4 OCT – 24 OCT 2024

Great Libraries and Stately Homes of England 2024
7 OCT – 22 OCT 2024

Cyprus: Civilisations of the Eastern Mediterranean 2024
3 OCT – 16 OCT 2024



Itinerary

The following itinerary lists a range of sites and activities which we have planned. While many are accessible to the public, some require special permission which may only be confirmed closer to the tour's departure. The daily activities described in this itinerary may change or be rotated and/or modified in order to accommodate alterations in opening hours, and confirmation of visits. Participants will receive a final itinerary together with their tour documents. The tour includes breakfast daily, some lunches, evening aperitivi or dinners, indicated in the itinerary where: B=breakfast, L=lunch, A=aperitivo/apericena & D=dinner.

Parma - 10 nights

Day 1: Sunday 22 September, Arrive in Parma

- Welcome Meeting and Welcome Drinks

Meeting Point: The tour commences at 6.00pm in the foyer of the SINA Maria Luigia Hotel in central Parma. We commence our program with a Welcome Meeting followed by drinks with your tour leaders and local guide, Roberta Gasparini. (Overnight Parma) A

Day 2: Monday 23 September, Parma

- Guided walking tour of Parma incl. the Duomo complex
- Camera di S Paolo
- Farmacia San Filippo Neri
- Welcome Lunch at Trattoria Sorelle Picchi
- Afternoon at leisure

After breakfast, we will begin a walking tour of Parma and its historic centre. Parma's Duomo dates to 1074 and is dedicated to the assumption of the Virgin Mary. An important Romanesque cathedral, the Duomo

features a dome decorated by Renaissance painter Correggio and bas-relief sculpture from the 12th century by Benedetto Antelami. Beside the cathedral is the octagonal Baptistry of pink Verona marble, also designed by Antelami, and our visit reveals the influence of Byzantine art on the frescoed interior while its architectural style traces the important transition from Romanesque to Gothic. The nearby Bishop's palace shows the influence of successive architectural styles combining Medieval, Renaissance and Baroque features. The Diocesan Museum houses the original *Angiol d'Or* or Golden Angel (known as *l'Angiolen dal Dom* – the cathedral's angel), a replica of which stands on today's bell tower. From Piazza Duomo we will wind through the streets of the historic centre passing other notable sites such as Piazza Garibaldi with its monument to Garibaldi and the Governor's Palace.

We visit the Camera di S Paolo, a room in the former Monastery of San Paolo that was commissioned by abbess Giovanna Piacenza as her private apartment. Completed in 1520, the vault fresco is by Correggio and creates an illusion of a pergola opening to the sky.

We also visit the former Pharmacy of San Filippo Neri within the Palazzo San Tiburzio, owned by the Congregation of Charity which was dedicated to assisting people in need. In 1652 the Congregation founded its own pharmacy that produced medicines for the poor of the city without charge. Today the pharmacy is presented as it was in 1789 (although it was in use until 1966).

We then enjoy a Welcome Lunch of local specialties at Trattoria Sorelle Picchi. The rest of the afternoon at will be at leisure. (Overnight Parma) BL

Day 3: Tuesday 24 September, Parma

- Palazzo della Pilotta Complex, including Teatro Farnese and Galleria Nazionale
- Palazzo Marchi
- Afternoon tea at Pasticceria San Biagio

Today we visit the Palazzo della Pilotta, a vast complex that houses several important museums. Construction of the complex was started by Ottavio Farnese in 1580 and was added to over the centuries to include stables, courtyards, a church and theatres. The palace was badly damaged by aerial bombardment in 1944 and in 2001, after a long period of debate, restoration and redesign, the building that we see today was completed.

We visit the Teatro Farnese, built by Giovanni Battista Aleotti in 1618 and heavily restored following World War Two. It is located on the first floor of the palace and accessed through a grand wooden door. Based on the grand theatre architecture of ancient Rome, the vast seating area is surrounded by a two-storey loggia adorned with statues. Today the restored wooden structures are plain, but originally they were painted to resemble rich marble with details painted gold.

The Palazzo della Pilotta also houses the Galleria Nazionale where Roberta will show us some of the collection highlights, before there will be time at leisure to further explore other parts of the complex, including the Archaeology Museum, the Ducal Library or the Bodoni Museum – the country's oldest printing museum.

This afternoon we visit the Palazzo Marchi, a grand 18th-century edifice built by Duke Scipione Grillo. The palace has rich stucco decoration, frescoed walls on the main floor, ornamental ceilings, an extensive collection of art works, beautiful parquet floors.

We conclude our day with afternoon tea at the Pasticceria San Biagio. (Overnight Parma) BA

Day 4: Wednesday 25 September, Parma – Antica Corte Pallavicina – Parma

- Visit a working farm and discover the history of *culatello*
- Cooking class and lunch

The Antica Corte Pallavicina was built as a customs house on the River Po in the 14th century. In the late 18th century Maria Luigia, Duchess of Parma and wife of Napoleon, garrisoned her frontier guards here to protect the river traffic that flourished on the River Po.

Having fallen into ruin, the current owners purchased the property in 1990 and set about the monumental task of restoration. Today the property comprises a working farm, luxury hotel and Michelin-starred restaurant.

Our program at the Antica Corte Pallavicina begins with a visit to the farm followed by a tour of historic 'noble rooms' and the *Museo del culatello*. The *Culatello di Zibello* is a cured ham only produced in Parma where the combination of fog and low temperature during the autumn and winter allows the animal to age gracefully creating its characteristic sweetness.

At the end of our tour, we will be fully immersed in all the secrets of pasta making during a three-hour pasta workshop. This will culminate with a convivial meal accompanied by local wines. (Overnight Parma) BL

Day 5: Thursday 26 September, Parma – Modena – Parma

- Guided Tour of Acetaia Picci, Balsamic Vinegar producer
- Historic Modena
- Degustation Lunch with Wine Pairing at Osteria Francescana at Maria Luigia

This morning we travel to Modena. On the way we will visit the producer of one of the region's famous condiments: Balsamic vinegar. On arrival in Modena we will stroll through the historic centre briefly before arriving at Casa Maria Luigia for a special degustation lunch with wine pairing. Casa Maria Luigia is a project of the three-star Michelin chef, Massimo Bottura. His restaurant, Osteria Francescana, has twice been named no.1 in the world. Our menu will consist of Bottura's signature dishes matched with appropriate wines.

After lunch we will have the opportunity to explore the grounds of Casa Maria Luigia before returning to Parma where the evening is at leisure. (Overnight Parma) BL

Day 6: Friday 27 September, Parma – Fontanellato – Fontevivo – Sporange – Parma

- Rocca Sanvitale, Fontanellato
- Lunch at a local restaurant, Fontevivo
- Rocca Meli Lupi, Soragna

This morning we drive to the charming little town of Fontanellato where our local guide, Roberta Gasparini, will lead us through the Rocca Sanvitale. This moated castle was home to the Sanvitale family and remained such until the 1930s. It includes one of the few optical chambers (*camera ottica*) in Europe and houses frescoes by Parmigianino.

We will then drive to Fontevivo to enjoy a typical lunch based on local specialties at Restaurant 12 Monaci.

Our next destination is the Rocca Meli Lupi in Soragna, the home of Prince Meli Lupi. There has been a fortress here since 985AD, although the building we see today dates to the 14th century. Our visit to this regal residence will include the formal gardens and some of the richly main rooms decorated in the Baroque-style with elaborate frescoed walls and vaulted ceilings. (Overnight Parma) BL

Day 7: Saturday 28 September, Parma – Busseto – Parma

- Verdi's Birthplace, Busseto
- Barezzi House, Busseto
- Performance of 'A Masked Ball' at the Verdi Theatre, Busseto as part of the Verdi Festival (*subject to confirmation*)
- Post-performance Aperitivo

This morning we drive to the nearby town of Busseto to celebrate the life and work of the region's famous composer, Giuseppe Verdi. We first visit Verdi's birthplace, a farmhouse on the outskirts of town, before continuing to the Barezzi House. Our visits tell the tale of Verdi's childhood as the son of a farmer of moderate means, through his rise to being a highly acclaimed composer with the assistance of his patron, Antonio Barezzi.

Following time at leisure we attend an afternoon performance of Giuseppe Verdi's opera 'A Masked Ball' ('Un Ballo in Maschera') as part of the 2024 Verdi Festival. The performance will take place at the Teatro Verdi in Busseto, after which we return to Parma for an 'apericena'. (Overnight Parma) BA

Day 8: Sunday 29 September, Parma – Torrechiara – Mamiano – Parma

- Castle of Torrechiara
- Fondazione Magnani Rocca

Torrechiara is the archetypical castle and it even has a 'fairy tale' love story in its history! Its austere exteriors hide a highly decorated interior which moves from rich grotesque frescoes to the flowery *Camera d'Oro*. Our local guide, Roberta Gasparini, will share with the history of this stunning place during our morning visit.

After a scrumptious lunch, we will visit the Fondazione Magnani Rocca which houses an impressive collection by Gentile da Fabriano, Filippo Lippi, Carpaccio, Dürer, Tiziano, Rubens, Canova, Bartolini and Van Dyck. Contemporary artists such as Monet, Renoir, Cézanne and Chirico are represented, along with fifty works by Morandi. (Overnight Parma) BL

Day 9: Monday 30 September, Parma

- Tour of a local *caseificio* with a *parmigiano reggiano* making demonstration
- Afternoon at leisure

This morning we visit a local *caseificio* where we will see how *parmigiano* is made, followed by an opportunity to taste the product. We then return to Parma where the rest of the day is at leisure to enjoy the streets, stores and cafes of Parma. (Overnight Parma) B

Day 10: Tuesday 1 October, Parma – Po River – Mantua – Parma

- Ducal Palace, Mantua

- Historic Mantua, incl. Rotonda di San Lorenzo
- Cruise on the Po River

This morning we travel to Mantua, the great historic city on the banks of the River Po. We first visit the Ducal Palace, the mighty stronghold of the Gonzaga family. After lunch at a local restaurant we walk through the historic streets of the city and visit the Rotonda di San Lorenzo, a medieval church with a circular design, before taking a one-hour cruise along the Po, through the Mantuan lakes.

This evening we gather for a farewell aperitivo in Parma (Overnight Parma) BLA

Day 11: Wednesday 2 October, Depart Parma

- Tour ends after breakfast

Our tour ends today in Parma. You may wish to extend your stay in Italy. Please contact ASA if you require further assistance. B

Accommodation

11 days in Italy

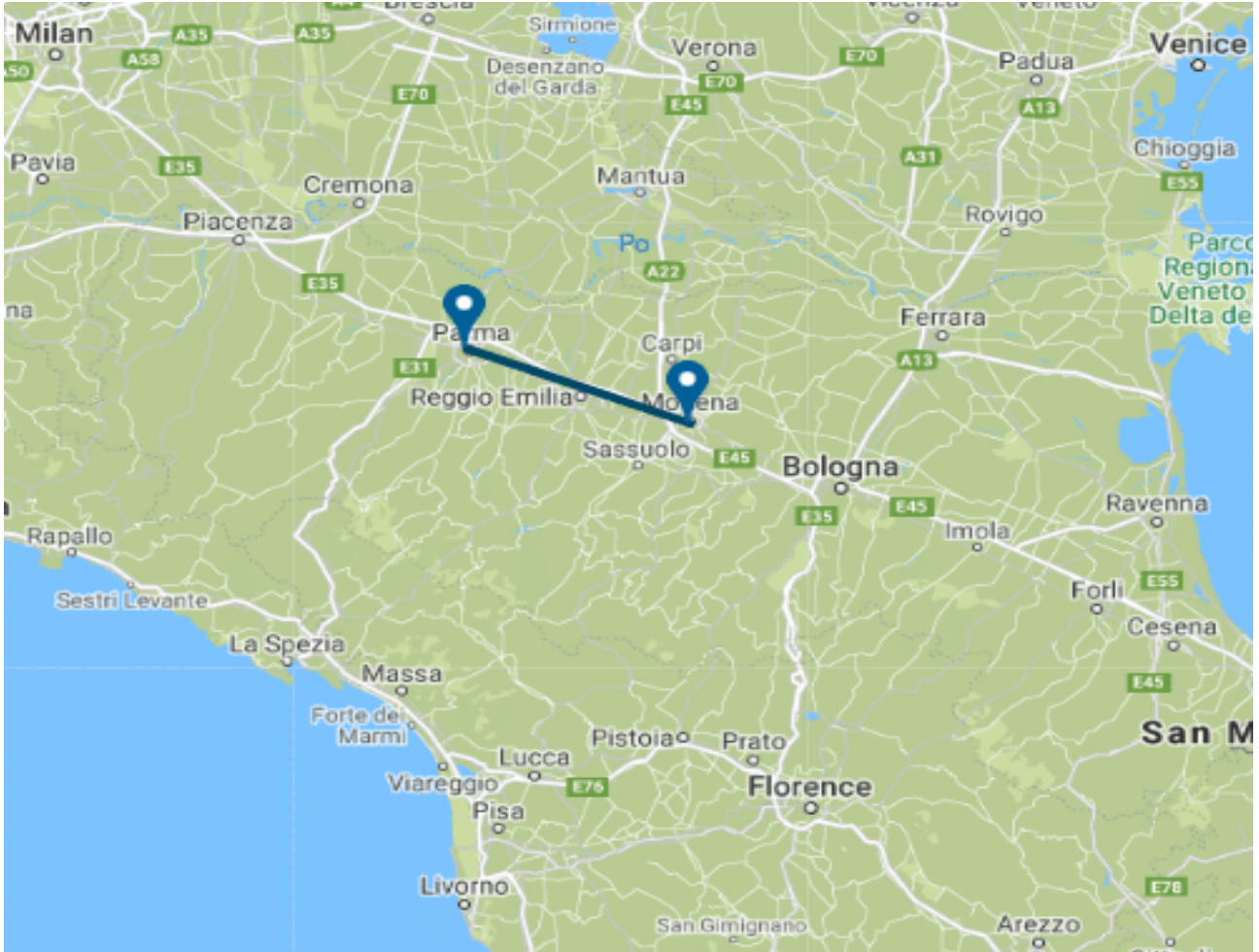
- Parma (10 nights): 4-star SINA Maria Luigia – a modern hotel with excellent facilities located in the 'North Centro' district (about 750m from the cathedral). www.sinahotels.com

Note: hotels are subject to change, in which case a hotel of similar standard will be provided.

Single Supplement

Payment of this supplement will ensure accommodation in a double room for single occupancy throughout the tour. The number of rooms available for single use is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.

Tour Map



Tour Price & Inclusions

AUD \$7990.00 Land Content Only – Early-Bird Special: Book before 30 Sep 2023

AUD \$8190.00 Land Content Only

AUD \$960.00 Double (as single) Supplement

Tour Price includes:

- Accommodation in twin-share rooms with private facilities in a 4-star hotel
- Breakfast daily, lunches, evening aperitivi or dinners, indicated in the tour itinerary where: B =breakfast, L=lunch, A=aperitivo/apericena & D=dinner.
- Drinks at welcome and farewell meals, and the Massimo Bottura experience. Other meals may not have drinks included.
- Transportation by air-conditioned coach
- Porterage of one piece of luggage per person at hotels (not at airports)
- Lecture and site visit program
- Entrance fees
- Use of audio headsets during site visits
- Tips for the coach driver, local guides and restaurants for included meals.

Tour Price (Land Content Only) does not include:

- Airfare: Australia-Parma; Parma-Australia
- Personal spending money
- Airport-hotel transfers
- Luggage in excess of 20kg (44lbs)
- Travel insurance



Physical Endurance & Practical Information

Physical Ratings 

The number of flags is a guide to the degree of difficulty of ASA programs relative to each other (not to those of other tour companies). It is neither absolute nor literal. One flag is given to the least taxing tours, seven to the most. Flags are allocated, above all, according to the amount of walking and standing each tour involves. Nevertheless, all ASA tours require that participants have a good degree of fitness enabling 2-3 hours walking or 1-1.5 hours standing still on any given site visit or excursion. Many sites are accessed by climbing slopes or steps and have uneven terrain.

This 11-day Cultural Tour involves:

- A moderate amount of walking, often up and down hills and/or flights of stairs, along cobbled streets and uneven terrain, and/or standing, interspersed with short coach travel.
- Short trips by coach on minor roads.
- 4-star hotel with no hotel changes.
- You must be able to carry your own hand luggage. Hotel portage includes 1 piece of luggage per person.

It is important to remember that ASA programs are group tours, and slow walkers affect everyone in the group. As the group must move at the speed of the slowest member, the amount of time spent at a site may be reduced if group members cannot maintain a moderate walking pace. ASA tours should not present any problem for active people who can manage day-to-day walking and stair-climbing. However, if you have any doubts about your ability to manage on a program, please ask your ASA travel consultant whether this is a suitable tour for you.

Please note: it is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour participant to refrain from a particular activity on part of the tour. For further information please

refer to the ASA Reservation Application Form.

Booking Conditions

ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$1000.00 per person payable to Australians Studying Abroad.



Reservation Application

TOUR NAME _____
TOUR DATES _____

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

Applicant Details (as in passport)

TITLE Mr ☐ Mrs ☐ Ms ☐ Miss ☐ Dr ☐ Other _____
FIRST NAME _____ Preferred FIRST NAME _____
MIDDLE NAME _____ SURNAME _____
POSTAL ADDRESS _____
CITY _____ STATE _____ COUNTRY _____ POSTCODE _____
TEL. (AH) () _____ TEL. (BH) () _____ Mobile Tel: _____
EMAIL address _____
Date of birth / / GENDER Male ☐ Female ☐

Passport Number _____ Expiry date / / Nationality _____
☐ Colour copy of my current valid passport enclosed ☐ I'm renewing my passport ☐ ASA has a colour copy of my current passport

Covid Certificate ☐ A copy of my current international certificate enclosed

Travel Plans

☐ I plan to leave Australia before the tour commences. Planned departure date / /
☐ I will be arranging my airfare independently and taking the Land Content Only option.

Tour Accommodation (rooming preferences)

I/we would like: ☐ a twin-bedded room ☐ a double-bedded room ☐ a room for sole occupancy
I am travelling: ☐ on my own ☐ with a friend/family member Travel Companion _____

Meals

☐ I do not have any specific dietary requests

Please **X** the box if you **CAN NOT** eat any of the following:

☐ fish ☐ poultry ☐ red meat ☐ dairy products
☐ eggs ☐ pork ☐ nuts
☐ Other _____

Allergies: Refer to the Medical Information

Correspondence

Your preferred method of correspondence ☐ Postal Mail ☐ Email Address _____

Emergency Contact Details

Note: this person **MUST** be available by telephone and be present in Australia for the duration of your tour with ASA

Name _____ Relationship to Traveller _____
Address _____
TEL. (AH) () _____ TEL. (BH) () _____ Mobile Tel: _____
EMAIL address _____

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at www.asatours.com.au
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. www.traveldoctor.com.au tel: 1300 658 444; www.travelvax.com.au tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include **generic names** of each medication (consult your local pharmacy for information).

Please mark **X** in the YES or NO box to every question below and provide details where necessary:

Participation Criteria

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. **You must also be fully vaccinated against Covid-19.** If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

- | | YES | NO |
|-----------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|
| 1. Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions? | <input type="radio"/> | <input type="radio"/> |
| 2. Can you walk unassisted on and over uneven surfaces? | <input type="radio"/> | <input type="radio"/> |
| 3. Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted? | <input type="radio"/> | <input type="radio"/> |
| 4. Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted? | <input type="radio"/> | <input type="radio"/> |
| 5. Can you organise, manage and carry your own luggage? | <input type="radio"/> | <input type="radio"/> |
| 6. Can you follow and remember tour instructions and meet punctually at designated times and places? | <input type="radio"/> | <input type="radio"/> |
| 7. Can you administer your own medication? | <input type="radio"/> | <input type="radio"/> |
| 8. You do NOT have impaired vision or hearing which may impact your capacity to participate on this tour? | <input type="radio"/> | <input type="radio"/> |

Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

1. Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program? YES NO ☐ ☐
- If yes, please specify

If yes, how will you manage this on tour?

Allergies and/or Food Intolerances

ASA will make reasonable endeavours to organise meals to suit you, provided that you give ASA adequate notice of your specific dietary requirements or allergies. You may be required to research dietary alternatives, as not all destinations may be able to offer suitable food substitutes.

1. Do you have any food allergies or intolerances? YES NO ☐ ☐
- If yes, please specify

2. Have you ever had an anaphylactic reaction to anything? ☐ ☐
- If yes, please specify

Do you carry an epipen? ☐ ☐

3. Do you have any other allergies or reactions to anything, including medical drugs? ☐ ☐
- If yes, please specify

Existing Medical Conditions

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

1. Have you any significant medical conditions that may impact your capacity to complete this tour? YES NO ☐ ☐
- If yes, please specify

If yes, how will you manage this on tour?

2. Do you require some form of powered medical aid, such as a CPAP machine? ☐ ☐

These machines may not be operable on certain international flights, modes of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

Diabetics: You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

3. Are you diabetic? ☐ ☐
- Are you insulin dependent? ☐ ☐
4. Do you suffer from travel sickness? ☐ ☐
- Remember to use an appropriate medication while on tour.

Declaration

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept the inherent dangers, risks and uncertainties in travel and those beyond ASA's control and understand they may occur before or during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but only for the purpose of making bookings with and engaging services associated with the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of booking, preparing for, travelling to, on and from or cancelling any tour.

I release and indemnify ASA with respect to:

1. Every general risk to which I or my personal belongings may be exposed in the course of preparing for, travelling to, on or from any ASA tour;
2. Every special risk, in particular medical risks, to which I may be exposed in the course of preparing for, travelling to, on or from any ASA tour arising from, including, but not limited to:
 - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
 - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
 - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally; and
 - d. any event or happening beyond ASA's control
3. All claims arising as a result of my or ASA's cancellation or termination of any tour, part of a tour or of my continued participation on a tour for any reason (subject to ASA's refund conditions below).

Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products, services, terms and conditions. If a service provider cancels or does not deliver the product or service for which you have contracted, and does not give a refund, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (e.g. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, border closures, cancellation, failure, accident, act, omission or negligence of any tour service provider or authority however caused (contingencies). You must take out such travel insurance as is available against such contingencies.

ASA's liability in respect of any tour cancelled or changed will be limited to the partial refund of amounts you have paid, less an administration fee of \$500 and other costs and charges of third party service providers. No compensation will be payable to you by ASA where ASA cancels or changes a tour, or any part of a tour.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate and in the best interests of health, safety and wellbeing of tour participants. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

Booking Conditions

DEPOSITS

A non-refundable deposit of \$1000.00 AUD per person is required to reserve a place on an ASA tour.

CANCELLATION FEES

If you cancel your booking the following charges apply:

More than 75 days before departure: your initial deposit of \$1000.00 is non-refundable.**

75-31 days prior 50% of total amount due

30-0 days prior 100% of total amount due

**\$500.00 of this amount (ie 50% of your deposit) may be credited to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.

We take the day on which you cancel as being that on which we receive written confirmation of cancellation.

UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions or services of the tour, such as meals, entry fees, accommodation, flights or transfers.

WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to itineraries. We will inform you of any changes in due course.

TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

FINAL PAYMENT

The balance of the tour price will be due 75 days prior to the tour commencement date.

PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW

☐ I accept the conditions on this booking form ☐ I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements

Applicant's Signature

Print Full Name

Dated

Tour / Course Name _____

Name of Traveller 1 _____

Name of Traveller 2 _____

I have enclosed a payment to the value of \$ _____ (including CC or bank fee if applicable) for this tour

The above amount is payable for:

- ☐ Intention to Travel ☐ Tour Deposit
- ☐ Balance of Payment ☐ Upgrade from Intention to Travel to a Deposit
- ☐ Travel Insurance ☐ Other (eg. Airfares, Accommodation) _____

International Payments

Welcome to our international travellers! If you are making a payment and do not have an Australian bank account/credit card, we can only accept payment as follows:

- via credit card with the applicable fee - the credit card company/bank will set the exchange rate
- via bank transfer; please give your surname and tour code (eg. Smith 21705) as a reference and ask your bank to allow for all charges.

Bank cheques or personal cheques will not be accepted.

By Cheque (accept Australian cheques only)

Please make cheques payable to *Australians Studying Abroad*

Direct Deposit or Internet Banking

You will need to:

1. Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch
2. Include any fees levied by the banks
3. Provide a reference number (Mobile or last name recommended).
4. Complete section below, including confirmation no. (given when transaction completed).

Australians Studying Abroad bank details

Bank ANZ
Branch 420 St Kilda Road, Melbourne Vic
Swift Code ANZBAU3M
BSB 013-423
Account No 3472-32759

Bank confirmation No. _____

Reference used: Mobile or last name recommended _____

Date Money Transferred _____

Credit Card Payment

Credit card fees apply: Mastercard, Visa & American Express 2%

Please debit my: ☐ Mastercard ☐ Visa ☐ American Express

I authorise ASA to debit my credit card for the amount due plus the applicable fee as above

Credit Card Number _____

Expiry Date _____ Security Code (CVC) _____

Bank the Card is linked to (eg. NAB or ANZ) _____

Cardholders Name _____

Cardholders Billing Address _____

Postcode _____

State _____ Country _____

Phone _____

Email _____

Cardholders Signature _____