



# Shetland & Orkney: Archaeology and Wildlife of the Northern Isles

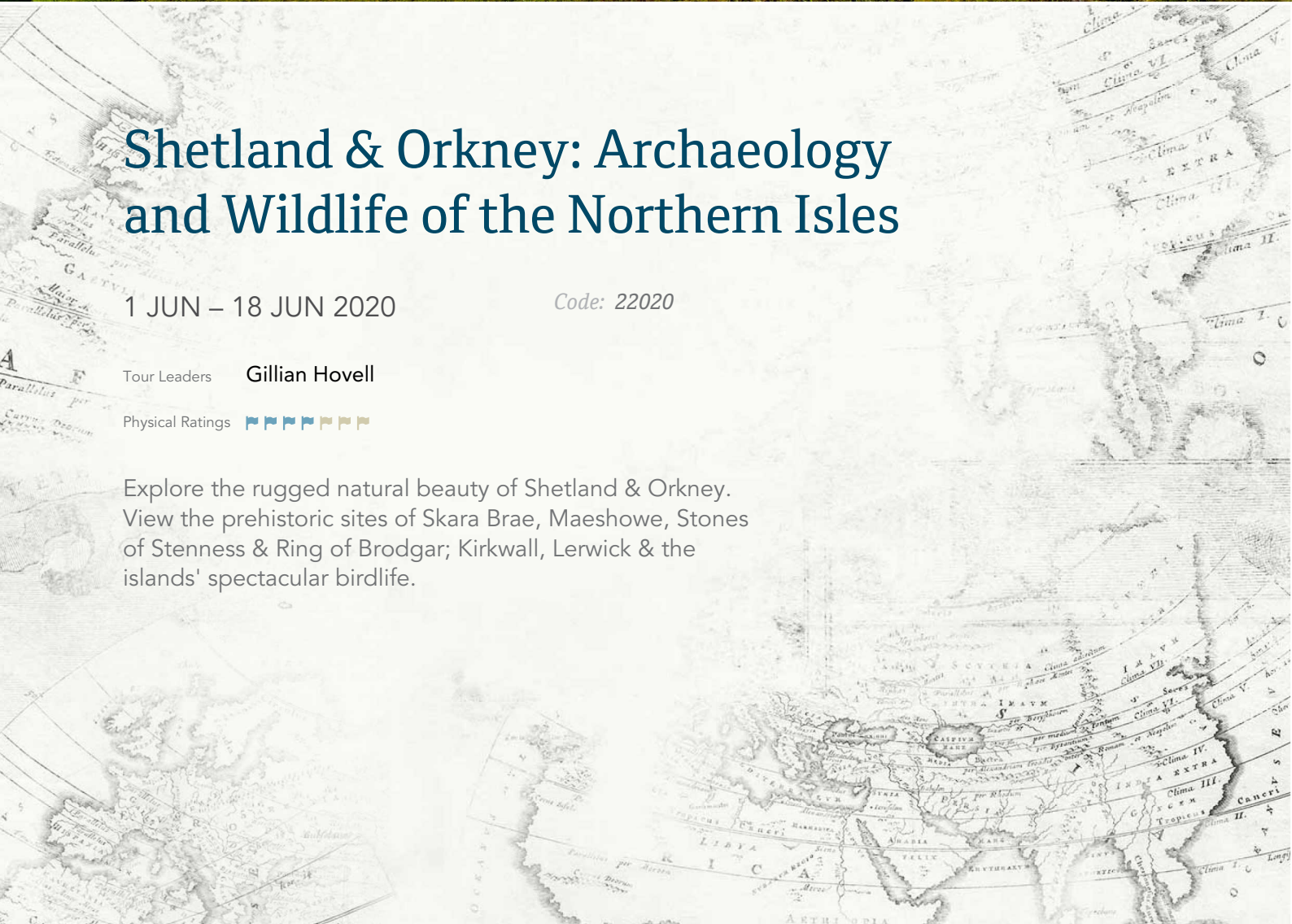
1 JUN – 18 JUN 2020

Code: 22020

Tour Leaders **Gillian Hovell**

Physical Ratings 

Explore the rugged natural beauty of Shetland & Orkney. View the prehistoric sites of Skara Brae, Maeshowe, Stones of Stenness & Ring of Brodgar; Kirkwall, Lerwick & the islands' spectacular birdlife.



## Overview

### Tour Highlights

- Lectures and site visits by [Gillian Hovell](#), archaeologist and ancient historian, award-winning writer and lecturer at the British Museum and York University.
- Local curators, rangers, and site archaeologists and directors add their passion and knowledge on our adventure to the unforgettable sites and natural reserves of these islands.
- Delight in the wide skies and stunning scenery of the wild remote islands of Shetland and Orkney and their beautiful wildlife and flora. Wilderness and Nature reserves full of seals, otters, Shetland ponies, and bird colonies (including puffins) are just the beginning!
- Travel during the month of June when Shetland and Orkney enjoy long warm days and clear blue skies, making it one of the most popular months to visit. Bird watchers love the migratory cliffhangers, with puffins breeding on the islands between May and early August. Wildflowers bloom throughout the summer, covering the meadows, moorland and cliffs with colour.
- Sail to 11 unique and memorable islands: Shetland, Unst, Noss, Bressay, Orkney, Shapinsay, Hoy, Rousay, Westray, Papa Westray, South Ronaldsay.
- Journey through 5,000 years of history from the first Neolithic farmers on these northern isles; stone circles, tombs great and small and even homes survive here almost intact.
- Visit the world-famous sites of Skara Brae, Maeshowe, Jarlshof, the Ring of Brodgar and the Standing Stones of Stenness.
- Step over the threshold as a guest in the oldest standing house in Northern Europe, built in 3,200 BC on an idyllically peaceful shore of the tiny island of Papa Westray.
- Enjoy a comprehensive tour of Neolithic Orkney, hosted by your lecturer and joined by an array of passionate expert site archaeologists who continue to unearth the story of the first farmers here.
- Discover great museums such as the superb National Museum of Archaeology in Edinburgh and the varied, intimate and fascinating local museums on the islands.
- Enter the Iron Age in *brochs* (a sophisticated type of stone-built round house found only in Scotland) that dominate the coastlines and explore enigmatic Pictish homes and carved stones.
- Travel in the wake of the Vikings, exploring their life, craft and achievements. Climb on board a life-size replica of a Viking ship and enter a longhouse on Unst, the northernmost island in the British Isles.
- Delve into the medieval world of castles and palaces, and the magnificent St Magnus' Cathedral in Kirkwall, built in AD 1137 by Viking Earl Rognvald.
- Explore the special histories of these islands in WWI and WWII: visit the Churchill Barriers built to protect the fleet in Scapa Flow, and its wonderful Italian Chapel.
- Sample traditional crafts of these peaceful and remote, most northerly islands of Britain.

### 18-day Cultural Tour of Shetland & Orkney

Overnight Edinburgh (2 nights) • Overnight ferry Aberdeen-Lerwick (1 night) • Lerwick (4 nights) • Kirkwall (9 nights) • Overnight ferry Kirkwall-Aberdeen (1 night)

### About the Tour

Our voyage takes us from Scotland's historic Edinburgh through the astonishing, unique archaeology, history and natural beauty of the northern isles of Orkney and Shetland. We begin with a special curator-led tour of Edinburgh's National Museum of Scotland, home to finds from over five thousand years of human activity, and then we explore the brand new Victoria and Albert Dundee, Scotland's first design museum.



Sailing overnight to Lerwick brings us to the remote, wild natural beauty of Shetland, a land of seals, amazing birdlife and famous Shetland ponies. Sumburgh lighthouse and its RSPB (Royal Society for the Protection of Birds) reserve, and the dramatic Noss National Nature Reserve bring us up close to birds such as the delightful puffins. Our boat outing to the petrols' unforgettable late night nest-sitting swap in the ruins of Mousa broch is a tour highlight.

The archaeological jewel of Shetland with its millennia of prehistoric, Viking and medieval archaeology is Jarlshof. But nature and history brush shoulders everywhere here, as we discover on our guided walk on St Ninian's Isle and when we sail to Unst, the most northern island in Britain; here we experience reconstructions of Viking life and traditional crafts and enjoy a guided walk and picnic in Hermaness National Nature Reserve.

A sea voyage south brings us to the gently rolling hills of the Orkney islands. A local saying is 'if you scratch the surface of Orkney, it bleeds archaeology' and, at the Ness of Brodgar excavations, the discovery of 5,000 year-old temples are changing our understanding of Neolithic life. Our own explorations take us to the famous Neolithic homes of Skara Brae and of Barnhouse near the ancient awe-inspiring stone circles of Ring of Brodgar and the Stones of Stenness. Cathedral-like Maes Howe tomb towers above us and we enter the intimate tombs of lakeside Unstan and hilltop Cuween, enter the atmospheric Tomb of the Eagles by its 'trolley', and clamber into the isle of Rousay's huge Minehowe and tiny Blackhammer and Taversoe Tuick tombs. On the quiet island of Westray we come face-to-face with the tiny but personable prehistoric Westray Venus in the Heritage Museum and visit the Noltland Links beach site where it was found. On Papa Westray we take a scenic walk to duck under the threshold of the oldest upstanding house in Northern Europe, built in 3,200 BC.

Orkney had a thriving culture in the tough Iron Age, and we explore this at the ground-breaking Cairns dig at Old Scatness, in the brooding Broch of Gurness, and as we climb down into the enigmatic underground Earth-house at Rennibister.

The Norse Vikings ruled these islands for over 400 years and we hear some of their dramatic Orkneyinga Sagas at the peaceful coastal ruins of their Orphir church. Our hotel in the heart of Kirkwall is moments away from the medieval Bishop's and Earl's palaces, the Orkney Museum and the impressive St Magnus Cathedral built in AD 1137. Our tours of the Dounby Click Mill, the ruined Earl's Palace in Birsay and Westray's Noltland Castle give us a further taste of medieval life.

Orkney was a strategic location in the World Wars, of which Scapa Flow, the Churchill Barriers and the Italian Chapel are poignant reminders.

Island hopping days to peaceful Shapinsay and mountainous Hoy are full of archaeological and geological marvels, while crossing a tidal causeway at the Bourgh of Birsay brings us not just to a ruined monastery but also maybe to puffins.

Orkadian modern life is gentle and relaxed; we shall experience this everywhere, particularly when we stroll through the picturesque historic harbour town of Stromness. We shall also 'taste' local produce on our Highland Park Distillery tour.

## Leaders



### Gillian Hovell

Gillian previously worked at BBC Television and is an award-winning freelance writer, author and public speaker, specializing in archaeology, ancient history, and prehistory. Gillian is actively involved in digs at major sites, including Orkney's famous Ness of Brodgar Neolithic site.

Gillian Hovell BA (Hons), is an ancient historian and an archaeologist. She previously worked at BBC Television and is an award-winning freelance writer, author, and public speaker, specializing in archaeology, ancient history, and prehistory. Gillian is actively involved in digs at major sites, including Orkney's famous Ness of Brodgar Neolithic site, and she also lectures across the United Kingdom regularly. Gillian holds a degree in Latin and Ancient History from Exeter University in England. Gillian looks forward to sharing how archaeological finds and sites are full of human life and passion, and that history and archaeology are not just about the past, they're everywhere, and they add colour, depth and meaning to our lives today. Gillian is a lecturer at the British Museum in a London and York University. Gillian is author of *Visiting the Past: A Guide to Finding and Understanding Britain's Archaeology*, History Press Limited, Third Edition 2015.

See Gillian on youtube:

<https://www.youtube.com/watch?v=vojBTayzPUs>

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### *Combine this tour with*

**Bulgaria & the Black Sea: Painted Towns, Byzantine Monasteries & Thracian Treasures**

13 MAY – 27 MAY 2020

**Between Sea and Sky: Homer's Greek Islands**

8 MAY – 28 MAY 2020



## Itinerary

The following itinerary describes daily activities which may change or be rotated and/or modified in order to accommodate alterations in opening hours, road conditions, weather conditions, flight or ferry schedules etc. Participants will receive a final itinerary together with their tour documents prior to departure. The tour includes breakfast daily, lunches & evening meals indicated in the detailed itinerary where: **B**=breakfast, **L**=lunch (on several days this will be a packed lunch provided by the hotel) and **D**=dinner.

### Edinburgh - 2 nights

Day 1: Monday 1 June, Arrive Edinburgh

- Transfer from Edinburgh Airport for participants arriving on the 'ASA designated' flight
- Welcome Meeting
- Welcome Dinner at the Agua Restaurant & Bar

Our tour commences in Edinburgh, Scotland's capital, located on the southern shore of Firth of Forth. Travellers taking the ASA 'designated' flight are scheduled to arrive at Edinburgh Airport in the early morning. On arrival we will be met by our private coach and transferred to our hotel, located in the heart of the Old Town. Note: if you are not arriving on the ASA 'designated' flight you will be required to make your own way to [The Apex City of Edinburgh Hotel](#), or you may wish to contact ASA to arrange a private transfer.

Following a welcome meeting we dine together at the hotel's Agua Restaurant. (Overnight Edinburgh) D

Day 2: Tuesday 2 June, Edinburgh

- The National Museum of Scotland: [Dr Hugo Anderson-Whymark](#), Curator of Prehistory (Neolithic)
- Afternoon at leisure

- Introductory Lecture

This morning we visit the National Museum of Scotland which documents 5,000 years of human culture. Dr Hugo Anderson-Whymark, Curator of Prehistory (Neolithic) will lead a special tour to prepare us for our travels in Orkney and Shetland. Here we discover the early humans who arrived after the last Ice Age (c.12,000 BC), the Mesolithic hunter-gatherers from 8,000 BC and their skilfully made stone tools, and the first farmers who arrived with their remarkable new culture in the northern isles and Scotland around 3,200 BC. The innovations of the Bronze Age (c.2,100 – c.700 BC) are here shown in metalworking, while the perilous tribal Iron Age (c.700 BC – AD 500) echoed to the carnyx and glittered with gold torcs that we see. The material wealth of the Romans, who advanced north into Scotland even though they never conquered it, is evident in weapons, inscriptions, coins and vessels, although during this time 'Celtic' culture remained a vibrant culture. Enigmatic Pictish stones are followed by the domination of the Norse Vikings (AD 800s – 1200s); a highlight here is the silver of St. Ninian's treasure (AD c.750-825) from the Shetland isle we shall later visit.

This afternoon we have plenty leisure time to explore Edinburgh independently or discover the wide range of other galleries in this remarkable museum which deal with everything from meteorites and dinosaurs to Scottish history (including the famous Lewis Chessmen of the late 1100s AD), and the Art, Design and Fashion, Science and Technology and World Cultures galleries.

Our day ends at our hotel with an introductory lecture. (Overnight Edinburgh, Scotland) B

### Overnight ferry Aberdeen - Lerwick

Day 3: Wednesday 3 June, Edinburgh – Dundee – Aberlemno – Aberdeen

- V&A Dundee – Scotland's first design museum
- Aberlemno Sculptured Stones: featuring some of the finest Pictish carving
- Northlink Ferry: Overnight Aberdeen – Lerwick departing at 1900hrs

Today we check out of our hotel and take our coach north to Dundee where we are treated to a special guided tour of the brand new Victoria and Albert Dundee, Scotland's first design museum. This landmark museum on the River Tay opened in September 2018 and contains exhibits as diverse as costume, interior design, illuminated manuscripts and engineering. V&A Dundee has been established in close partnership with the London's Victoria and Albert Museum, drawing on its world-class collections of art, design and performance across 5,000 years of human ingenuity. Designed by Kengo Kuma, the renowned Japanese architect now designing the Tokyo 2020 Olympic stadium, V&A Dundee is a unique and complex structure with exterior walls which twist both horizontally and vertically, creating shapes like waves or the hull of a ship. Scotland's sea-cliffs inspired the form of the museum, its dramatic lines creating patterns and shadows which change with the weather, light and time of day.

Following lunchtime at leisure in the museum café, we drive northwards through the Scottish countryside to Aberlemno. Here we visit four remarkable Pictish stones, carved between AD 500 and AD 800. They display the range of carvings, from the early enigmatic prehistoric symbols to battles and hunts and Christian crosses and other sacred imagery.

An hour's drive takes us to Aberdeen, our gateway to the northern island of Shetland. We board our ferry, where we shall settle into our cabins and sail out from the Mainland before having dinner together on board. Gillian will provide a scene-setting talk for our time in Shetland. (Overnight ferry from Aberdeen to Lerwick) BD



## Lerwick, Shetland - 4 nights

Day 4: Thursday 4 June, Arrive Lerwick – Sumburgh – Lerwick

- Arrival Lerwick by Northlink Ferries at 0730hrs
- Jarlshof Prehistoric and Norse Settlement, Sumburgh
- Light lunch at the Sumburgh Hotel
- Sumburgh Head: Visitors Centre, Lighthouse & Seabird Colonies of the RSPB Nature Reserve
- Iron Age Broch and Village at Old Scatness: Guided tour by regional archaeologist

We breakfast on board, having already berthed in Lerwick. On disembarking, we board our coach and travel south through the villages and sweeping rural landscape of mainland Shetland. Along our coastal route we may see Shetland ponies and seals, signs of generations of peat digging, and locations from the TV detective series, *Shetland*.

At the southernmost tip of Shetland, with nothing but the Atlantic between us and Northern America, a narrow strip of land now serves as the island's airport; but 1,000 years ago it was a vital site for the Vikings. We visit their settlement, later called Jarlshof (meaning 'Earl's House') by Sir Walter Scott. The Vikings were not the first to live here, for we walk through almost 4,000 years of almost constant habitation; Neolithic and Bronze Age homes sit side by side, and later Iron Age houses and remarkable *brochs* (windowless towers built on the shores) were followed here by Pictish round decorated wheelhouses. The Norse Vikings then built their very different early medieval longhouses here; this area continues to be studied as an archaeological site of great importance. The Norse did not lose power in Shetland until AD 1468. A medieval house here from the AD 1300s and 1400s, with its barn and drying kiln, is remarkably similar to local houses built in Shetland until relatively recently. We can view all this from a platform built into the ruins of the 16th-century house that looms over the site.

After a light lunch at the nearby Sumburgh Hotel (used as a nursing home in the *Shetland* series), we visit Sumburgh Head Lighthouse and the RSPB (Royal Society for the Protection of Birds) reserve. We hope to see the regular fulmars, guillemots, kittiwakes and shags, as well as the ever popular puffins.

We next visit Old Scatness, where a site archaeologist will give us a guided tour of the excavated Iron Age *broch* and an impressive and thought-provoking reconstruction.

We shall head north again to Lerwick via a different route. We settle into our rooms at the Queen's Hotel and have dinner. (Overnight Lerwick, Shetland) BLD

Day 5: Friday 5 June, Lerwick: Day Excursion to the Island of Unst with Dr Val Turner

- Ferry trip to the Shetland Island of Unst (via Yell and Bluemill Sounds)
- The Underhoull to Lund Trail: a Viking World (incl. the Underhoull Longhouses, Underhoull Broch, boat noosts & St Olaf's Chapel) – approx. 2 hrs
- "Viking Haroldswick": Longhouse & Skidbladner Reconstructions
- Unst Heritage Centre & Unst Boat Haven
- Settlement of Skaw & Muckle Flugga
- Muness Castle

Today we explore the Viking heritage of Scotland, accompanied by Dr Val Turner, who has been Shetland's Regional Archaeologist since the post was created in 1986. Dr Turner has project managed two major excavations for her employers, Shetland Amenity Trust: Old Scatness Broch saw the twelve-year excavation

of an Iron Age Broch and Village, which has rewritten the story of Scotland's Iron Age; and Viking Unst saw the excavation of three longhouses and the construction of a replica longhouse and restoration of a replica Viking longship.

An early morning breakfast fuels us for our drive and the ferries that take us to the island of Unst, the northernmost island in Britain. On arrival we drive to Underhoull where we commence a two-hour scenic coastal walk across to Lund. On our journey we pass the Underhoull Longhouses, the Underhoull Broch which commands excellent views of the bay below, some stone-lined boat *noosts* (places where longships were pulled ashore and berthed) and St Olaf's Chapel. This 12th-century chapel, whose interior features a Pictish fish or serpent, was probably built for the occupants of the nearby Viking/Norse settlement. Its graveyard includes three distinctive Viking stone crosses.

From Lund we transfer by coach to 'Viking Haroldswick'. Here we explore the Skidbladner, a full-size replica of the 24 metre-long Gokstad ship found in a Viking burial mound in Norway in 1880. There is also the reconstructed Viking longhouse where we may gain further insights into the Norse way of life. Nearby, the Unst Heritage Centre and the Unst Boat Haven bring us forward to more recent history to reveal how generations of crofters and fishermen have lived and worked in Shetland.

Next, we drive north to the tiny settlement of Skaw, located on a peninsula in the northeast corner of the island. If the weather is clear, we may view Muckle Flugga, a small rocky island considered the northernmost point of the British Isles, although technically the nearby smaller islet of Out Stack is actually farther north. The Muckle Flugga Lighthouse was built by David and Thomas Stevenson. Thomas's son, Robert Louis Stevenson, visited in 1869 and it is said he returned home with the inspiration for his next book – *Treasure Island*.

Time allowing, our journey back to the ferries will include a brief stop to see Muness Castle. Built in 1598 AD by cruel Laurence Bruce, this is a fine example of tower house architecture. (Overnight Lerwick, Shetland) BL

#### Day 6: Saturday 6 June, Lerwick – St Ninian's Isle – Mousa – Lerwick

- Crofthouse Museum
- St Ninian's Isle Circular Walk – led by regional archaeologist (approx. 3hrs)
- Time at leisure
- Mousa Boat Dusk Trip: Storm Petrels at Mousa Broch

We begin our day with a curator-led tour of Shetland's exceptional Crofthouse Museum. Here we witness the tough life of a sea-based crofter.

A short drive takes us to the beauty and peace of St. Ninian's Isle where we cross the tombolo (a beautiful sandy natural causeway) for our 3-hour guided walk, where nature and history complement each other; an Iron Age settlement (c.800 BC to c.AD 400), a stone church and the remains of a later ruined church (AD c.1100s) all share this isle. It was here that the St.Ninian's Treasure (AD c.750-825) was found by a schoolboy in 1958. During this walk we will be accompanied by one of Shetland's regional archaeologists.

Later this evening we enjoy a real highlight of the tour as we head to Sandsayre Pier and take a boat across to Mousa Broch to experience the nightly swap-over of nesting storm petrel birds roosting in the ruins and nearby field walls. We are so far north that it never gets dark here at this time of year, so the swap-over in the safety of the half-light 'dusk' occurs nigh on midnight. (Overnight Lerwick, Shetland) BL



#### Day 7: Sunday 7 June, Lerwick – Noss Island National Nature Reserve – Island of Bressay – Lerwick

- Walking Tour of Lerwick
- Shetland Museum & Archives
- Wildlife Cruise of Noss National Nature Reserve and Bressay

We begin the day with a short walking tour of Lerwick with a local historian. At the restored historic Hay's Dock we take a guided tour of the Shetland Museum & Archives to explore Shetland's rich heritage and culture.

Following a light lunch at the museum's café we take a leisurely walk to the nearby pier slipway for our afternoon cruise to the stunning Noss National Nature Reserve and the isle of Bressay. We get close to the 25,000 seabirds who nest on these noisy cliffs and we also keep an eye open for seals, porpoises, whales, otters and dolphins. (Overnight Lerwick, Shetland) BL

#### Kirkwall, Orkney - 9 nights

#### Day 8: Monday 8 June, Lerwick – Shetland Mainland – Kirkwall

- Clickimin Broch, Lerwick
- Stanydale 'Temple', near Bixter
- Light lunch at a Local Restaurant
- Scalloway Castle and Museum, Scalloway
- Northlink Ferry: Lerwick – Kirkwall (1730-2300)

After breakfast, we check out of our hotel and take the short drive to Clickimin Broch, located on the outskirts of Lerwick, overlooking the Clickimin Loch. Once inside, the *broch* towers above us. To the west of the tower survive a collection of structures dating from c.1,000 BC to AD 500.

We drive on to mysterious Neolithic Stanydale Temple. Although we shall see many megalithic structures in Orkney, this is the only one surviving on Shetland. It comprises a wall of large boulders, some weighing up to 300kg, forming an oval enclosure measuring 14m by 10m. Its scale suggests that it was a public building but its purpose 5,000 years ago can only be imagined.

After a light lunch at a local restaurant, we visit Scalloway Castle and the museum. This late 16-century castellated tower house was the home of Patrick Stewart, the Earl of Orkney and Shetland. His oppressive rule earned him the name 'Black Patie'. The nearby Scalloway Museum takes us from earliest history, through the traditional lives on Shetland to 'The Shetland Bus', the clandestine and dangerous heroic wartime operation which ferried men across the North Sea between Shetland and occupied Norway during World War II.

We return to Lerwick to take our evening ferry to Kirkwall. Dinner will be served on board. Gillian will give us a short briefing for tomorrow. (Overnight Kirkwall, Orkney) BLD

#### Day 9: Tuesday 9 June, Kirkwall: Day excursion to the Island of Rousay

- Ferry trip to Island of Rousay
- Taversöe Tuick Chambered Cairn
- Blackhammer Chambered Cairn
- Midhowe Chambered Cairn

- Midhowe Broch

We take a late breakfast this morning and then a short but glorious sea crossing carries us to the small Orcadian island of Rousay. Rousay abounds in prehistoric sites; over 100 have been recorded so far. The variety of structures found include *brochs*, burial cairns, standing stones, Norse burial *cists*, earth-houses, burnt mounds or *knows*, and Celtic chapels.

Our circular coach tour of this island takes us first to Traverse Tuick, the tiny but unique double-storey Neolithic chambered cairn; we take turns to climb down into it.

Not far down the road is the long chambered Blackhammer Cairn with its decorative facing stones. The structure is a typical stalled cairn, with an interior divided into seven compartments by pairs of upright stone slabs. Here, in c.3,000 BC, the dead were laid with their ancestors' bones. Although each of these tombs may have been used for hundreds of years, only a few skeletons were found in each. At least 15 such cairns have been found on the island of Rousay alone.

After a light lunch in a local restaurant with sea views, we drive on to Midhowe Cairn which we reach by a short but steep walk down the fields to the rocky shore. This vast Neolithic burial mound was truly monumental; we view its interior compartments and impressive stonework from walkways above it. Chambered tombs of this kind were communal burial places; the remains of at least 25 humans have been found here.

There are more than 500 surviving examples of *brochs* in Scotland. Many stood alone, but *brochs* in Orkney and Caithness, including Midhowe and nearby Gurness, were surrounded by sizeable settlements. The remains of the Midhowe Broch's circular wall stands to a height of approximately four metres and within the structure the general layout of the ground floor has been remarkably well-preserved. As we enter, we can see the height, the separate rooms and the hearth and vital water well, all within this highly defensible stone tower that dominated the shoreline.

We drive round the island, past Wasbister Loch where Iron Age lake dwellings called *crannochs* once jutted out onto the waters. We pass Saviskaill beach, a common spot for seals, before catching our early evening ferry back to Kirkwall. (Overnight Kirkwall, Orkney) BLD

#### Day 10: Wednesday 10 June, Kirkwall: Day excursion to Westray & Papa Westray Islands

- Ferry to Westray & Papa Westray Islands
- Westray Heritage Centre: The Orkney Venus
- The Links of Noltland archaeological site, Westray
- Castle of Noltland, Westerly
- Knap of Howar Neolithic House, Papa Westray
- Island Walk incl. the remains of St Tredwell's Chapel, Papa Westray

We board our ferry early for a wonderful day visiting two islands, Westray and Papa Westray. Westray Heritage Centre houses the Orkney Venus (locally nicknamed the 'Westray Wife'). This tiny carving is one of only a few images of humans that have been found from Neolithic Orkney and is Scotland's earliest such representation. It was found as recently as 2009 and is proudly kept here on the island where it was found.

We drive out to the Links of Noltland site where the Orkney Venus was found. If excavations are ongoing, the site director will give us a tour of this wonderful settlement (c.3,300 -800 BC) that emerged from the sands on the shore. This area of dunes behind Grobust Bay is also the site of Orkney's largest Bronze Age

settlement, with paved storehouses with cupboards, divisions to the living quarters with (even) a sweat room, middens (rubbish dumps) and evidence of cultivated fields. However, this is a dig against the clock; the winds from the sea threaten to destroy the sites before long.

As we head for the ferry to take us to Papa Westray, we pause to explore the ruined Castle of Noltland. This formidable tower house, bristling with gun holes, was built in the 1500s. Although it was never finished, there are many fascinating details to discover in its stonework.

We board our ferry as foot passengers to sail to Papa Westray, where we walk a couple of panoramic miles (transport will be available for those who wish it) along the spine of the island to a peaceful field beside a rocky shore. Here we visit the extraordinary, partly subterranean, Knap of Howar: this is the oldest house in Northern Europe. We enter through its original threshold which is joined by a very low corridor to a contemporary 'workshop'. Its wall cupboards, room dividers and hearths seem pristine, but Unstan Ware pottery found here proves that this early farmstead is c.5,500 years old; that's older than Skara Brae and nearly 1,000 years older than the pyramids. A picnic lunch gives us a leisure time to enjoy the atmosphere of this special site.

To return to our ferry and our journey back to Kirkwall, we take an idyllic walk along the east coast of the island, along a grassy track above the shore and past the remains of St Tredwell's Chapel perched on a small mound on a peninsula in St Tredwell's Loch. Built on an Iron Age site, this medieval church was revered until recently as a pilgrimage site associated with miracle cures by St Tredwell, a holy virgin who lived in the 700s. A nearby sandy bay welcomes us back to the ferry pier. (Overnight Kirkwall, Orkney) BLD

#### Day 11: Thursday 11 June, Kirkwall – Orkney Mainland

- Iron Age Broch of Gurness
- Dounby Click Mill
- Causeway to Brough of Birsay: remains of Pictish, Norse and later settlements
- The Earl's Palace, Birsay

After breakfast, we drive to the Broch of Gurness via Eynhallow Sound. This solid Iron Age structure glowered at the distantly visible Midhowe Broch across the waters on Rousay. The Broch of Gurness boasts many features such as room divisions, an interior spiral staircase and a surrounding ditch. Its stone walls rise high above us, reminding us of the powerful defensive function of these structures. Huddled around is the best-preserved *broch* village in Scotland; its many dwellings, built between 500 and 200 BC, are squeezed side by side within an outer wall. By the AD 300s though, the *broch* village had fallen into disuse and a Pictish 'Shamrock' shaped house was built within its ruined area.

We drive on, pausing at the Dounby Click Mill. This is the last of the horizontal watermills of Orkney. Although this is a restoration of a mill from early 1800s, it demonstrates an ancient technique, barely changed since the Norse or 'Click' Mills (so-named due to the noise they made) used in the Viking era. Within the small stone mill we may view all of its internal machinery including a horizontal paddle wheel, grind-stones, hopper and meal bin.

After lunch, we drive to the Brough of Birsay where we walk across a tidal causeway. Once on the isle, we tour the remains of a secluded medieval monastery and view (a copy of) the carved Pictish Stone that survived here. A walk up onto the top of the headland should give us glimpses of puffins and other sea birds.

Our coach ride back to Kirkwall includes a stop at the picturesque Earl's Palace in Birsay. This fine courtyard



castle was the home of Robert Stewart, half-brother of Mary Queen of Scots; its many gun ports reveal how the troubled times were in the 1500s.

We return to the hotel for a short talk by Gillian and dinner. (Overnight Kirkwall, Orkney) BLD

Day 12: Friday 12 June, Kirkwall – Orkney Mainland – Stromness – Kirkwall

- Neolithic Orkney UNESCO World Heritage Site: Skara Brae & The Ness of Brodgar
- Afternoon at leisure in Stromness
- Scarpa Flow
- The Ophir Round Kirk & *Orkneyinga Saga* Centre

We spend the morning visiting Skara Brae, one of the 'Heart of Neolithic Orkney', the collective name given to a group of Neolithic monuments found on the mainland, which was proclaimed a UNESCO World Heritage Site in 1999. This group of monuments consists of four sites: Maeshowe – a unique chamber cairn and passage grave; the Standing Stones of Stenness – four remaining megaliths of a henge; the Ring of Brodgar – a stone circle forming a henge monument; and Skara Brae – a cluster of eight houses reputed to be the best-preserved Stone Age village in Europe.

Skara Brae, located on the shores of the Bay of Skail, was revealed after a terrifying winter storm blew the sand-dunes away in 1850. The homes had survived virtually intact, protected by the sand that filled them; hearths, beds, dressers (or altars), storage tanks and even indoor toilets survive, all dated from between 3,300 BC and 2,200 BC. The people who lived here would have seen, or even taken part in, the building of the stone circles of the Stones of Stenness, the Ring of Brodgar and the Ness of Brodgar ceremonial centre. While the homes themselves are too fragile to enter, we have access to an exact replica so that we can feel just how homely they were. A small museum and film, as well as café and shop, make this a site to linger in. There is time to visit 17-century Skail House with its collections of prehistoric and historic items (including Captain Cook's dinner service) and paintings. Alternately, you may wish to use your free time to walk along the fabulous bay and enjoy the scenery.

Our coach takes us down past the Neolithic Heart of Orkney – the Ring of Brodgar, the Ness of Brodgar and the Standing Stones of Stenness – to provide a sense of connection between these and Skara Brae.

On arrival in the picturesque harbour town of Stromness we have leisure time for lunch and to view the town's many attractions. There is an art gallery, winding streets, great little museum (with finds from the Ness of Brodgar), and cafés and shops full of unique gifts.

You may, on the other hand, wish to take a walk past the poet George Mackay Brown's house, and the well that was used in the 1700s by Captain Cook's vessels (the *HMS Resolution* and the *HMS Discovery*) on their fatal return from seeking the North-West Passage. Sir John Franklin's ships also loaded here in 1845 on their arctic expedition. If you continue up to the end of town there is also an enjoyable walk along the coast.

Our return drive to Kirkwall takes us along the south coast of the Orkney mainland, along Scapa Flow where Lord Kitchener's ship was destroyed and where the World War I interned German battle fleet was scuttled. The tragedy of the World War II torpedoed *HMS Royal Oak*, continues to be marked by a buoy. We also make a short visit to the circular church of Orphir built in the 12th-century and its visitor centre where we hear of the dramatic Viking *Orkneyinga Sagas*.

This evening you have time at leisure to choose your own dinner venue. (Overnight Kirkwall, Orkney) B

### Day 13: Saturday 13 June, Kirkwall: Day Excursion to the Island of Hoy

- Ferry to island of Hoy
- Dwarfie Stane
- Old Man of Hoy Sea Stack
- Hackness Martello Tower and Battery
- Scapa Flow Visitor Centre and Museum

A drive across to Stromness and a ferry trip takes us to the mountainous island of Hoy for a day's guided tour. The rocks here were carved out to make the 8.5m long Dwarfie Stane, possibly the only Neolithic rock-cut tomb in Britain. We consider the effort required to carve out this tomb using just stones, antlers and bones. We pass on to the cliffs and view the Old Man of Hoy, the sea stack made famous by the transmission on television of its climb by Chris Bonnington and his team in 1967.

Our tour includes the Hackness Martello Tower and Battery that defended merchant ships during the Napoleonic era; barrack room furniture and memorabilia vividly bring this age to life. We continue by exploring the Scapa Flow Visitor Centre and Museum, which tells the story of the naval anchorage during World War I and World War II. We then sail back to the Orkney Mainland and head to our hotel. (Overnight Kirkwall, Orkney) BL

### Day 14: Sunday 14 June, Kirkwall: Shapinsay Island & Orkney mainland

- Ferry to Shapinsay Island
- Burroughston Broch
- Odin's Stone
- Shapinsay Heritage Centre & Mill Dam RSPB reserve (time-permitting)
- Tour of Highland Park Distillery, Kirkwall

Our morning ferry takes us the short distance across to Shapinsay island. We sail past the Victorian Balfour Castle and the Lighthouse on Helliar Holm. We drive across the island to visit the peaceful Iron Age Burroughston Broch, set in an idyllic shoreside location overlooking the North Sea far from the tourist trail.

At the head of Veantro Bay we pause at solitary Neolithic Odin's Stone, thought to be associated, 4,000 years after its original use, with Viking offerings to Odin.

Time permitting, we shall visit the Shapinsay Heritage Centre and the RSPB reserve, Mill Dam, home to a wide variety of wildfowl. In summer, you may see large numbers of breeding pintails, redshanks and wigeons.

After lunch, we voyage back to Kirkwall in time to enjoy a 'wee dram' on our tour of the Highland Park Distillery.

This evening we dine together at the hotel. (Overnight Kirkwall, Orkney) BLD

### Day 15: Monday 15 June, Kirkwall: Orkney Mainland

- Neolithic Orkney UNESCO World Heritage Site: Standing Stones of Stenness
- Barnhouse Neolithic Settlement
- Neolithic Orkney UNESCO World Heritage Site: Maeshowe Chambered Cairn
- Neolithic Orkney UNESCO World Heritage Site: Ring of Brodgar

- Unstan Chambered Cairn Tomb

Today we continue visiting some of Orkney's most important archaeological sites in the Heart of Neolithic Orkney World Heritage Site. We begin at the Standing Stones of Stenness. Over 5,000 years old, this constitutes one of the earliest stone circles on Orkney. Although only four of the original 12 stones still stand, these are impressive as each reaches a height of 6 metres.

Just yards away we explore the Barnhouse Neolithic settlement, perched on the edge of the loch. The site provides an interesting contrast to the neighbouring village of Skara Brae; the site has 15 small round free-standing dwellings in varying stages of development.

From the Barnhouse Settlement we can see Maeshowe Chambered Cairn; we shall drive round to visit this cathedral-like tomb on a guided tour. Considered the finest chambered tomb in North West Europe, it is more than 5000 years old. This impressive monumental tomb also features runic graffiti left by 12th-century Norse crusaders on the walls of the main chamber.

We pass the solitary Comet Stone and eat a picnic lunch before our walking tour around the Ring of Brodgar. A perfect circle, built in c.2,500 to 2,000 BC, this was one of the last of the stone circles. The third largest stone circle in Britain, it covers an amazing 8,500 square metres, and all its stones had been brought from a different part of the island. Twenty-seven of its original 60 stones survive.

We drive back past the Ness of Brodgar site and on to the Unstan Chambered Cairn. This burial mound sits on a peninsula jutting out into the loch. Views across to the Ring of Brodgar and the Standing Stones of Stenness provide a fresh view of these truly unique Neolithic monuments. Unstan Chambered Cairn, which was probably built as a communal burial place, is another example of a stalled cairn. Excavations here uncovered a remarkable collection of pottery bowls, all of the same design. Similar bowls were subsequently found in several other Neolithic tombs in Orkney, and are known as 'Unstan Ware'. Several of the reconstructed vessels are in the National Museum of Scotland. (Overnight Kirkwall, Orkney) BL

#### Day 16: Tuesday 16 June, Kirkwall: Orkney Mainland

- Cuween Hill Chambered Cairn
- Rennibister Earth House
- St Magnus Cathedral: Guided tour
- Afternoon at Leisure in Kirkwall

A short drive from Kirkwall takes us to the foot of the rough track leading up to Cuween Hill Chambered Cairn. The view alone from here across the sea and hills would be worth the short walk but this small, very personal, intimate Neolithic tomb has a surprise within it; its stonework and corbelling is astonishing. The cairn attests to a belief in an afterlife 5,000 years ago; there is evidence of complex burial rites. Bones of men, dogs and oxen were found buried here.

Descending to the coach we are just minutes from Rennibister Earth House, thought to date from the first millennium BC. The function of such Iron Age underground tunnels, called *souterrains*, remains a mystery; theories include that they were storehouses or defensive hiding holes. We climb down the short metal ladder into the remarkably constructed site. Inside the main chamber, the drystone walls curve upwards to a corbelled roof supported by four stone pillars. There are also five small stone alcoves built into the walls of the chamber.

Following our visit to Rennibister Earth house we return to Kirkwall for lunch at leisure. We then continue



with a guided tour of the medieval St Magnus Cathedral and hear the interesting stories connected with it. It was founded in the 12th century by the Viking Earl Rognvald in honour of his uncle, St Magnus whose relics were hidden within its walls. Known as the 'Light of the North', it was built by the same Norman masons who built Durham Cathedral.

The remainder of our afternoon is at leisure in Kirkwall. You may wish to visit the ruins of the medieval Earl's Palace and the medieval Bishop's Palace just opposite the Cathedral (covered by your ticket for Skara Brae), explore the Orkney Museum, shop for take-home gifts or simply relax. (Overnight Kirkwall, Orkney) B

### Overnight ferry Kirkwall to Aberdeen

Day 17: Wednesday 17 June, Kirkwall – South Ronaldsay – Aberdeen

- Churchill Barriers
- Italian Chapel
- Orkney Wine Shop
- Orkney Fossil and Heritage Centre
- Liddle Burnt Mound, South Ronaldsay
- The Isbister Chambered Cairn: The Tomb of the Eagles, South Ronaldsay
- Farewell Dinner

Our last day in Orkney takes us on a special route to the island of Ronaldsay in the south east. We drive over the Churchill Barriers, constructed to protect Scapa Flow during World War II, that link the island to the mainland of Orkney. The Italian prisoners of war who built the Barriers also built for themselves the beautiful and touching Italian Chapel. They constructed the chapel from two Nissan huts, and decorated the interior with 3D wall paintings that create the impression of a stone chapel; the sanctuary image was based on the reproduction of a painting of the Madonna kept in the pocket of one of the prisoners. Everything they used to create this very remarkable place was recycled.

We stop briefly at the Orkney wine shop and then move on to the Orkney Fossil and Heritage Centre where we have lunch and explore the exhibits at leisure. From there, we travel down to the Cairns excavation, if the dig is open, for a tour of this ground-breaking work on an Iron Age *broch*.

We wind our way through lanes to the Tomb of the Eagles (or Isbister Chambered Cairn), found and excavated by land owner, Ronnie Simison in the 1950s. His daughter now runs the site and provides the pre-site talk; her personal connection (by someone who, as a child, thought it was normal to have 5,000 year old skulls in boxes under the stairs) brings the story to life. The Visitors Centre includes fascinating information about life in Orkney, and how rising sea levels after the last Ice Age, 9,000 years ago, affected the first settlers.

En route to the tomb, we visit the Bronze Age Liddle Burnt Mound; here in the Bronze Age 3,000 years ago, stones were heated and placed in water to create a steam room.

Our very last site of the tour includes a pleasant easy walk along the cliffs to the Neolithic Tomb of the Eagles, so-called because sea eagle talons were found in the tomb with the skeletons. We enter by lying on the famous 'trolley' or crawling on our knees; inside we enter the world of the dead that we have discovered was so much a part of life in the Neolithic. Built around 3,000 BC, the Tomb of the Eagles was in constant use for hundreds of years. As we return to the visitor centre and refreshments, we pass the birds and flowers of the sea cliff.

On our return to Kirkwall, we enjoy a final dinner before checking in for our late-night overnight ferry back to Aberdeen. (Overnight ferry Kirkwall-Aberdeen) BLD

#### Day 18: Thursday 18 June, Aberdeen – Banchory – Aberdeen Airport

- Crashes Castle & Walled Garden, Banchory
- Airport transfer for participants travelling on the ASA 'designated' flight

In the morning you will be required to check-out of your cabin. We arrive at 7am; breakfast is supplied on board before disembarkation.

Following a brief coach orientation tour of Aberdeen we drive to Crathes Castle, whose powerful tower was begun in 1553 and completed in 1596; an additional wing was added in the 18th century. King Robert the Bruce granted the lands of Leys to the Burnett family in 1323: the ancient Horn of Leys, which can be seen today in the Great Hall, marks his gift. We shall tour the castle, which has many important portraits as well as very distinctive Scottish painted ceilings. The castle is surrounded by 530 acres of woodlands and fields and includes a 4-acre walled garden which is considered one of the finest in Scotland. Developed over 300 years, and influenced by the Arts and Crafts movement, the garden is full of colour in summer with beautiful borders. Ancient topiary hedges of Irish yew dating from 1702 separate the gardens into eight themed rooms including a double herbaceous border, the Red Garden, the June Borders and the Golden Garden.

Mid-afternoon we continue to the Aberdeen airport where our tour ends. Participants travelling on the ASA 'designated' flights are currently scheduled to depart Aberdeen at 5.15pm. **B**

## Accommodation

### 18-day Cultural Tour of Shetland & Orkney

In Shetland & Orkney accommodation is provided in basic 3-star hotels. All rooms have en suite bathrooms. Rooms for single occupancy may be requested – and are subject to availability and payment of the Single Supplement. Further information on hotels will be provided in the 'Tour Hotel List' given to tour members prior to their departure.

- Edinburgh (2 nights): 4-star Apex City of Edinburgh Hotel – a modern hotel located in the heart of the Old Town, 450m from the National Museum of Scotland and walking distance to Princes Street. [www.apexhotels.co.uk](http://www.apexhotels.co.uk)
- Ferry from Aberdeen to Lerwick (1 night) – with Northland Ferries. Our group will be accommodated in a mixture of Outer twin cabins or Inner 4-birth cabins used as either sole or double occupancy. Cabins are modern, clean and fully equipped with en-suite washbasin, toilet and shower facilities. They also include individual temperature control and tea & coffee-making facilities. Please see images below.  
[www.northlinkferries.co.uk/on-board/accommodation/](http://www.northlinkferries.co.uk/on-board/accommodation/)
- Lerwick, Shetland Islands (4 nights): 3-star The Queens Hotel – providing basic accommodation in three former 19th-century Victorian stone *lodberries* (warehouses). The hotel is located in the historic centre of town overlooking the harbour. [www.kgqhotels.co.uk](http://www.kgqhotels.co.uk)
- Kirkwall, Orkney Islands (9 nights): 3-star The Orkney Hotel – dating back to the 17th-century, the hotel offers basic accommodation in the heart of town, within walking distance of St Magnus Cathedral. <http://www.orkneyhotel.co.uk>
- Ferry from Kirkwall to Aberdeen (1 night) – with Northland Ferries. Our group will be accommodated in a mixture of Outer twin cabins or Inner 4-birth cabins used as either sole or double occupancy. Cabins are modern, clean and fully equipped with en-suite washbasin, toilet and shower facilities. They also include individual temperature control and tea & coffee-making facilities. Please see images below.  
[www.northlinkferries.co.uk/on-board/accommodation/](http://www.northlinkferries.co.uk/on-board/accommodation/)

#### Notes:

- *Hotels are subject to change, in which case a hotel of similar standard will be provided.*
- Porterage is NOT provided at the hotels or during ferry excursions. All participants MUST be able to handle their own luggage.

Northlink Ferries: Aberdeen - Lerwick - Kirkwall - Aberdeen





### Cabin Outer Twin

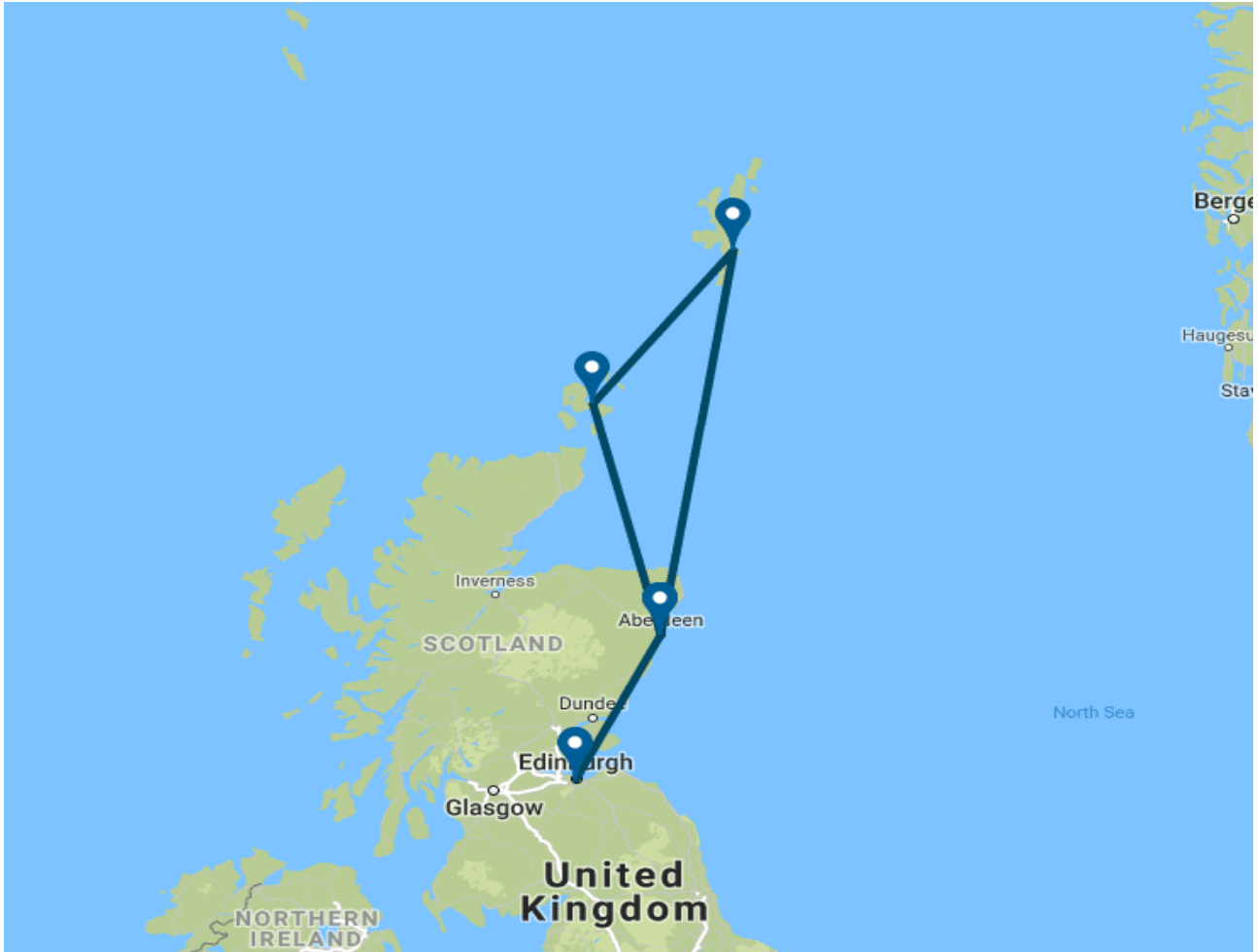
A large window, providing natural light, gives a spacious feel to these cabins. They have two comfortable fixed beds, positioned side by side.



### Inside 4-berth cabin

With two lower fixed berths and two pull down bunks accessed by a fitted ladder, these cabins are great for families and visitors travelling in groups. Please note - inside cabins do not have windows.

## Tour Map





## Tour Price & Inclusions

AUD \$9580.00 Land Content Only – Early-Bird Special: Book before 31 July 2019

AUD \$9780.00 Land Content Only

AUD \$1390.00 Single Supplement

For competitive Economy, Business or First Class airfares and/or group airfares please contact ASA for further information.

### Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with private facilities in a 4-star hotel in Edinburgh, basic 3-star hotels in Lerwick and Kirkwall, 2 nights travelling with Northlink Ferries in twin-share cabins (Aberdeen - Lerwick, Kirkwall - Aberdeen).
- All meals, indicated in the tour itinerary where: B=breakfast, L=lunch & D=dinner.
- Drinks at welcome and farewell meals. Other meals may only include water.
- Transportation by air-conditioned coach or public ferries as outlined in the day-by-day itinerary.
- Airport-hotel transfers if travelling on the ASA 'designated' flights.
- Lecture and site-visit program.
- Tour reference book.
- Entrance fees to all sites; boat excursions as outlined in the itinerary.
- Tips for the coach driver, local guides and restaurants for included meals.

### Tour Price (Land Content Only) does not include:

- Airfare: Australia-Edinburgh, Aberdeen-Australia.
- Porterage at hotel or during ferry excursions between Aberdeen - Lerwick, Lerwick - Kirkwall, Kirkwall - Aberdeen.
- Personal spending money.
- Airport-hotel transfers if not travelling on the ASA 'designated' flights.
- Luggage in excess of 20kg (44lbs).
- Travel insurance.
- Visas as applicable



## Physical Endurance & Practical Information

Physical Ratings 

The number of flags is a guide to the degree of difficulty of ASA tours relative to each other (not to those of other tour companies). It is neither absolute nor literal. One flag is given to the least taxing tours, seven to the most. Flags are allocated, above all, according to the amount of walking and standing each tour involves. Nevertheless, all ASA tours require that participants have a good degree of fitness enabling 2-3 hours walking or 1-1.5 hours standing still on any given site visit or excursion. Many sites are accessed by climbing slopes or steps and have uneven terrain.

This 18-day Cultural Tour of Shetland and Orkney involves:

Travel during the month of June when Shetland and Orkney enjoy long warm days and clear blue skies, making it one of the most popular months to visit. Bird watchers love the migratory cliffhangers, with puffins breeding on the islands between May and early August. Wildflowers bloom throughout the summer, covering the meadows, moorland and cliffs with colour. June brings almost nonstop daylight, known locally as 'simmer dim'. Average temperatures in June: in Lerwick 13° to 8°C, and Kirkwall 14° to 7°C.

- A number of days involve a full day of walking. This includes nature trails covering elevated grasslands, beaches and cliff top walks (easy to moderate level, of 3-4 hrs duration) combined with an exploration of prehistoric sites which are often extensive and unsheltered and cover uneven, rocky terrain. **Please pack your walking boots!**
- Accommodation in Shetland and Orkney is extremely limited. Hotels are of basic 3-star standard.
- Porterage is NOT included in Shetland, Orkney or during the ferry excursions between Aberdeen – Lerwick, Lerwick – Kirkwall and Kirwall – Aberdeen. **Participants MUST therefore be able to handle their own luggage.** Note: lifts are available on the Northlink Ferries.
- Many day excursions include transport by public ferry between the islands.
- Many days involve transport by air-conditioned coach with variable road conditions; a number of the roads may be bumpy.

- Due to the boat and ferry schedules, a number of days involve early morning starts; or end in late in the day.
- Accommodation: 4-star hotel in Edinburgh, basic 3-star hotels in Shetland & Orkney; twin-share cabins with Northlink Ferries. There is a total of 4 accommodation changes.

It is important to remember that ASA programs are group tours, and slow walkers affect everyone in the group. As the group must move at the speed of the slowest member, the amount of time spent at a site may be reduced if group members cannot maintain a moderate walking pace. ASA tours should not present any problem for active people who can manage day-to-day walking and stair-climbing. However, if you have any doubts about your ability to manage on a program, please ask your ASA travel consultant whether this is a suitable tour for you.

**Please note:** it is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour participant to refrain from a particular activity on part of the tour. For further information please refer to the ASA Reservation Application Form.

### Practical Information

Prior to departure, tour members will receive practical notes which include information on visa requirements, health, photography, weather, clothing and what to pack, custom regulations, bank hours, currency regulations, electrical appliances and food. The Department of Foreign Affairs & Trade website has advice for travellers: [www.smartraveller.gov.au](http://www.smartraveller.gov.au)

## Booking Conditions

### Make a Reservation

#### ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$500.00 per person payable to Australians Studying Abroad.

### Passport Details

All participants must provide no later than **75 days** prior to the commencement of the program a photocopy of the front page of their current passport.

### Single Supplement

Payment of this supplement will ensure accommodation is for sole occupancy throughout the tour. In Edinburgh this is a double room (for single use). In Shetland and Orkney (where hotel options are extremely limited) this will be a single room. A cabin for single use will be provided for the overnight ferry between Aberdeen and Lerwick, and between Kirkwall and Aberdeen. The number of spaces available for single occupancy is extremely limited. People wishing to take this supplement are therefore advised to book well in advance.



# Reservation Application

TOUR NAME \_\_\_\_\_  
TOUR DATES \_\_\_\_\_

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **P.O. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

## Applicant Details (as in passport)

TITLE Mr  Mrs  Ms  Miss  Dr  Other \_\_\_\_\_  
FIRST NAME \_\_\_\_\_ Preferred FIRST NAME \_\_\_\_\_  
MIDDLE NAME \_\_\_\_\_ SURNAME \_\_\_\_\_  
POSTAL ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ COUNTRY \_\_\_\_\_ POSTCODE \_\_\_\_\_  
TEL. (AH) ( ) \_\_\_\_\_ TEL. (BH) ( ) \_\_\_\_\_ Mobile Tel: \_\_\_\_\_  
EMAIL address \_\_\_\_\_  
Date of birth / / \_\_\_\_\_ GENDER Male  Female

**Passport** Number \_\_\_\_\_ Expiry date / / \_\_\_\_\_ Nationality \_\_\_\_\_  
 Colour copy of my current valid passport enclosed  I'm renewing my passport  ASA has a colour copy of my current passport

## Travel Plans

I wish ASA to book my airfare, please contact me to discuss my options.  Business Class  Economy Class  
 I plan to leave Australia before the tour commences. Planned departure date / / \_\_\_\_\_  
 I will be arranging my airfare independently and taking the Land Content Only option.  
Frequent Flyer \_\_\_\_\_ Name of Airline \_\_\_\_\_ Airline Seat preference \_\_\_\_\_  
Membership # \_\_\_\_\_ (please note request only)

## Tour Accommodation (rooming preferences)

I/we would like:  a twin-bedded room  a double-bedded room  a room for sole occupancy  
I am travelling:  on my own  with a friend/family member Travel Companion \_\_\_\_\_

## Meals

I do not have any specific dietary requests

Please **X** the box if you **CAN NOT** eat any of the following:

fish  poultry  red meat  dairy products  
 eggs  pork  nuts  
 Other \_\_\_\_\_

Allergies: Refer to the Medical Information

## Correspondence

Your preferred method of correspondence  Postal Mail  Email Address \_\_\_\_\_

## Emergency Contact Details

Note: this person **MUST** be available by telephone and be present in Australia for the duration of your tour with ASA

Name \_\_\_\_\_ Relationship to Traveller \_\_\_\_\_  
Address \_\_\_\_\_  
TEL. (AH) ( ) \_\_\_\_\_ TEL. (BH) ( ) \_\_\_\_\_ Mobile Tel: \_\_\_\_\_  
EMAIL address \_\_\_\_\_



The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at [www.asatours.com.au](http://www.asatours.com.au)
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. [www.traveldoctor.com.au](http://www.traveldoctor.com.au) tel: 1300 658 444; [www.travelvax.com.au](http://www.travelvax.com.au) tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include **generic names** of each medication (consult your local pharmacy for information).

Please mark **X** in the YES or NO box to every question below and provide details where necessary:

## Participation Criteria

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

- |   | YES                   | NO                    |
|---|-----------------------|-----------------------|
| 1. Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions?           | <input type="radio"/> | <input type="radio"/> |
| 2. Can you walk unassisted on and over uneven surfaces?   | <input type="radio"/> | <input type="radio"/> |
| 3. Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?        | <input type="radio"/> | <input type="radio"/> |
| 4. Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?               | <input type="radio"/> | <input type="radio"/> |
| 5. Can you organise, manage and carry your own luggage?   | <input type="radio"/> | <input type="radio"/> |
| 6. Can you follow and remember tour instructions and meet punctually at designated times and places?  | <input type="radio"/> | <input type="radio"/> |
| 7. Can you administer your own medication?  | <input type="radio"/> | <input type="radio"/> |
| 8. Do you have impaired vision or hearing which may impact your capacity to participate on this tour? | <input type="radio"/> | <input type="radio"/> |

## Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

1. Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program?  YES  NO  
 If yes, please specify

\_\_\_\_\_

If yes, how will you manage this on tour?

\_\_\_\_\_

## Allergies and/or Food Intolerances

ASA will make reasonable endeavours to organise meals to suit you, provided that you give ASA adequate notice of your specific dietary requirements or allergies. You may be required to research dietary alternatives, as not all destinations may be able to offer suitable food substitutes.

1. Do you have any food allergies or intolerances?  YES  NO  
 If yes, please specify

\_\_\_\_\_

2. Have you ever had an anaphylactic reaction to anything?  YES  NO  
 If yes, please specify

\_\_\_\_\_

Do you carry an epipen?  YES  NO

3. Do you have any other allergies or reactions to anything, including medical drugs?  YES  NO  
 If yes, please specify

\_\_\_\_\_

## Existing Medical Conditions

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

1. Have you any significant medical conditions that may impact your capacity to complete this tour?  YES  NO  
 If yes, please specify

\_\_\_\_\_

If yes, how will you manage this on tour?

\_\_\_\_\_

2. Do you require some form of powered medical aid, such as a CPAP machine?  YES  NO

These machines may not be operable on certain international flights, modes of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

**Diabetics:** You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

3. Are you diabetic?  YES  NO

Are you insulin dependent?  YES  NO

4. Do you suffer from travel sickness?  YES  NO  
 Remember to use an appropriate medication while on tour.

## Declaration

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept that there are inherent dangers and risks that may occur during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but for the purpose of making bookings with and engaging services provided for the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of travelling to, on and from any tour.

I understand and acknowledge that this Release and Indemnity applies with respect to:

1. Every general risk to which I or my personal belongings may be exposed in the course of travelling to, on or from any ASA tour
2. Every special risk, in particular medical risks, to which I may be exposed in the course of travelling to, on or from any ASA tour arising from, including, but not limited to:
  - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
  - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
  - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally.
3. All claims arising as a result of my or ASA's cancellation or termination of my continued participation on a tour for whatever reason (refund conditions in ASA's Booking Conditions excepted).

## Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products or services. If a service provider does not deliver the product or service for which you have contracted, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (eg. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, cancellation, failure, accident, act, omission or negligence of any such service provider however caused (contingencies). You must take out adequate travel insurance against such contingencies.

ASA's liability in respect of any tour will be limited to the refund of amounts received from you less all non-refundable costs and charges and the costs of any substituted event or alternate services provided. The terms and conditions of the relevant service provider from time to time comprise the sole agreement between you and that service provider.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

## Booking Conditions

### DEPOSITS

A deposit of \$500.00 AUD per person is required to reserve a place on an ASA tour.

### CANCELLATION FEES

If you decide to cancel your booking the following charges apply:

More than 75 days before departure: \$500\*  
75-46 days prior 25% of total amount due  
45-31 days prior 50% of total amount due  
30-15 days prior 75% of total amount due  
14-0 days prior 100% of total amount due

*\*This amount may be **credited** to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.*

**We take the day on which you cancel as being that on which we receive written confirmation of cancellation.**

### UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions of the tour, such as meals, entry fees, accommodation, flights or transfers.

### WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. If an ASA tour is forced to cancel you will get a full refund of all tour monies paid. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to daily itineraries. We will inform you of any changes in due course.

### TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

### FINAL PAYMENT

The balance of the tour price will be due 75 days prior to the tour commencement date.

## PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW

I accept the conditions on this booking form  I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements

Applicant's Signature

Print Full Name

Dated

## Tour / Course Name

Name of Traveller 1 \_\_\_\_\_

Name of Traveller 2 \_\_\_\_\_

I have enclosed a payment to the value of \$ \_\_\_\_\_ (including CC or bank fee if applicable) for this tour

The above amount is payable for:

- Intention to Travel     Tour Deposit  
 Balance of Payment     Upgrade from Intention to Travel to a Deposit  
 Travel Insurance     Other (eg. Airfares, Accommodation) \_\_\_\_\_

## International Payments

Welcome to our international travellers! If you are making a payment and do not have an Australian bank account/credit card, we can only accept payment as follows:

- via credit card with the applicable fee - the credit card company/bank will set the exchange rate
- via bank transfer; please give your surname and tour code (eg. Smith 21705) as a reference and ask your bank to allow for all charges.

Bank cheques or personal cheques will not be accepted.

### By Cheque (accept Australian cheques only)

Please make cheques payable to *Australians Studying Abroad*

### Direct Deposit or Internet Banking

You will need to:

1. Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch
2. Include any fees levied by the banks
3. Provide a reference number (Mobile or last name recommended).
4. Complete section below, including confirmation no. (given when transaction completed).

### Australians Studying Abroad bank details

**Bank** ANZ  
**Branch** 420 St Kilda Road, Melbourne Vic  
**Swift Code** ANZBAU3M  
**BSB** 013-423  
**Account No** 3472-32759

Bank confirmation No. \_\_\_\_\_

Reference used: Mobile or last name recommended

Date Money Transferred \_\_\_\_\_

### Credit Card Payment

Credit card fees apply: Mastercard & Visa 2%  
 American Express 2%

Please debit my:  Mastercard  Visa  American Express

I authorise ASA to debit my credit card for the amount due plus the applicable fee as above

Credit Card Number \_\_\_\_\_

Expiry Date \_\_\_\_\_

Security Code (CVC) \_\_\_\_\_

Bank the Card is linked to (eg. NAB or ANZ) \_\_\_\_\_

Cardholders Name \_\_\_\_\_

Cardholders Billing Address \_\_\_\_\_

Postcode \_\_\_\_\_

State \_\_\_\_\_

Country \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Cardholders Signature \_\_\_\_\_

## AUSTRALIANS STUDYING ABROAD

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