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Tasmania: Art, Spring Gardens, Cradle Mountain & Freycinet National Park 2025

16 NOV - 26 NOV 2025

Code: 22548AU

Tour Leaders S

Sabrina Hahn, Craig Lidgerwood

Fitness Level

Level 1 - Active For people with active lives and good mobility

Join Sabrina Hahn visiting a range of private gardens, working farms, art galleries, gourmet restaurants and the world-famous Freycinet and Cradle Mountain-Lake St Clair National Parks



Overview

Led by horticulturalist Sabrina Hahn, this tour explores the gardens, agricultural landscapes and natural scenery of Tasmania during spring, when the roses and peonies are blooming and the landscape is lush and green. Sabrina will be assisted by botanical artist Craig Lidgerwood.

- Jennifer Stackhouse, renowned Australian garden writer, editor and garden book author will welcome us to her private garden in Tasmania's lush North-West.
- Enjoy a taste of Tasmania with a visit to The Agrarian Kitchen for a sumptuous 'paddock-to-plate' lunch on their sustainable working farm in the Derwent Valley.
- At Weston Farm, walk through open fields of exquisite peonies in full bloom, and sample the family farm's fresh produce and award-winning olive oil with a lunch in the garden.
- Team seasonal food with fine Tasmanian wine and a lakeside view at Josef Chromy, one of Australia's most exceptional cellar doors.
- View the work of colonial artist, John Glover, at QVMAG in Launceston and at TMAG in Hobart; and visit his house 'Patterdale' surrounded by landscapes that inspired his paintings.
- Stay in the magical Freycinet National Park and cruise by boat around Freycinet Peninsula to view the stunning Wineglass Bay.
- Spend two nights based at World-Heritage Listed Cradle Mountain-Lake St Clair National Park and take a stroll through breathtaking alpine forests.

Overnight Hobart (4 nights) • Coles Bay (1 night) • Launceston (2 nights) • Cradle Mountain (2 nights) • Launceston (1 night)

Introduction

Tasmania is an island state with inspiring scenery, fascinating history and art, beautiful gardens, quaint historic villages and delicious food and wine. The island is positioned in the Southern Ocean, 240km south of the Australian continent and divided from it by Bass Strait. It has many micro-climates including rugged mountains and forests, fertile coastal plains and river valleys. It is Australia's second oldest European settlement and there are many historic buildings and remnants of gardens from the early 19th century. The climate is much cooler than the mainland and lush, English and European style gardens thrive along with orchards of apples, stone fruit, vineyards and hops for beer.

On our journey we will discover some of Tasmania's finest spring gardens, including cottage garden gems with many cool-climate exotics, contemporary spaces with unusual use of common and unusual plants, some featuring plants native to the region, gardens that have struggled to 'tame' the environment, and thriving produce gardens. Garden owners will give us a glimpse into their lives and share their horticultural challenges and triumphs, designers will tell us how they achieved their ideal landscape, gardening personalities will take us through their patch, and growers of food will share their tips on how they achieve bountiful harvests.

We'll sample extraordinary gourmet delights at restaurants and farms that make the most of the island's pristine growing conditions to produce quality produce like luscious cheeses, fresh seafood, plump berries, smoked paprika and honey. Tasmania's cool climate produces grapes with an intense flavour and the region specialises in delicate dry and semi-dry whites, fruit driven sparkling wines and lighter-bodied, low-tannin reds like pinot noir.

Almost 45 per cent of Tasmania lies in reserves, national parks, and World Heritage sites including the World Heritage wilderness at Cradle Mountain-Lake St Clair National Park. The breathtaking alpine forests



in the central highlands of Tasmania are home to one of the island's unique animals, the Tasmanian devil. The island has picturesque villages and historic towns and the cultural life is enhanced by one of Australia's most controversial art galleries – MONA.

Testimonial

This tour was perfect... It helped to restore my soul! The gardens were so magnificent and a joy to behold! Mandy, VIC



Leaders



Sabrina Hahn

ABC radio presenter, garden writer & horticultural consultant specialising in Australian & Mediterranean garden design. Sabrina also works on planting programs in remote Aboriginal communities. She has led ASA garden tours to France, Italy, Spain, Morocco, the UK and Australia since 2008.

Sabrina first studied Horticulture at TAFE, and then went on to graduate with degrees in Applied Science and Social Science. She has been the ABC gardening talkback expert in Western Australia since 1985 and can be heard on ABC Radio on Saturday mornings on her show 'Roots and Shoots' with copresenter Christine Layton (9.00AM Australia Western Standard Time). Sabrina also writes a weekly column in the West Australian newspaper on all things green, manages a landscaping business, and gives public lectures to a number of universities, government and private organisations. One of her great passions is her work with the philanthropic organisation, EON, in remote Aboriginal communities in the Kimberley, setting up edible gardens to ensure children have access to fresh fruit and vegetables. Her latest venture is 'Sabrina's Dirty Deeds Podcast' which includes practical advice and interviews with Australian and International horticulturalists, ecologists and innovative gardeners.



Craig Lidgerwood

Accomplished Botanical artist who exhibits widely, Craig leads garden tours with Stephen Ryan, whose 'Dicksonia Rare Plants Manual' he illustrated and also with horticulturalist, Sabrina Hahn. Craig joined ASA in 2009 and co-leads tours to France, Spain, Portugal, Morocco, New Zealand and Madagascar.







Itinerary

The following itinerary describes a range of gardens and other sites which we plan to include. Some are accessible to the public, but others require special permission which may only be confirmed closer to the tour's departure. The daily activities described in this itinerary may change or be rotated and/or modified in order to accommodate alterations in opening hours, flight schedules and confirmation of private visits. Participants will receive a final itinerary together with their tour documents prior to departure. The tour includes breakfast daily, lunches & evening meals indicated in the detailed itinerary: B=breakfast, L=lunch and D=dinner.

Hobart - 4 nights

Day 1: Sunday 16 November, Arrive Hobart

- Tour commences at 2.30pm in the foyer of the Lenna of Hobart
- Welcome Meeting
- Royal Tasmanian Botanical Gardens
- Welcome dinner at The Old Wharf

Meeting Point: Foyer of the Lenna of Hobart, at 2.30pm.

All participants are kindly requested to make their own way to our heritage hotel, a 19th-century sandstone mansion, which is in the historic area of Battery Point and a short stroll from Salamanca Place's Georgian warehouses that now house galleries and boutiques. Check-in time at the Lenna of Hobart is 2.00pm (you will be able to store your luggage if arriving on the day).

Our program will officially commence this afternoon with a guided tour of the Royal Botanic Gardens, including the Tasmanian Community Food Garden which was completed on the site of the original 'Pete's Patch' developed by gardening guru Peter Cundall. This working organic production and display garden, with a multitude of veggie production practices, has a working example of the original six-bed crop rotation



system made famous in the original patch. The site today is used extensively for filming on ABC television's Gardening Australia program.

For those who want to explore the area further, there will be an optional walk around the picturesque Battery Point. Having been settled in the early 1800's, it is full of historic character with its winding streets and colonial architecture.

We end the day with a Welcome Dinner at The Old Wharf restaurant. (Overnight Lenna of Hobart Hotel) D

Day 2: Monday 17 November, Hobart – Russell Falls – New Norfolk – Hobart

- Russell Falls, Mount Field National Park
- The Agrarian Kitchen: guided tour with Head Gardener Mitch Thiessen
- Sumptuous lunch at the Agrarian Kitchen, Farm & Orchard, Derwent Valley

This morning we drive to Russell Falls at Mount Field National Park which is part of Tasmania's World Heritage Wilderness Area. Featured on Australia's first stamp, Russell Falls consists of two vertical drops; the 20-minute return walk to the falls is on a good track and boardwalk through lovely rainforest. The walk passes through towering swamp gums and areas close to the falls are framed by stunning tall tree ferns. After the walk there will be a coffee break at the Waterfalls Café and Gallery.

In New Norfolk, Mitch Thiessen, Head Gardener at The Agrarian Kitchen, will take us on a guided tour. Mitch has a tangible passion for working outdoors and nurturing plants, coming from a long line of apple farmers from the Huon Valley. He comes to gardening after years working as a qualified chef. Mitch brings his great teaching skills to the kitchen garden tours where his passion is undeniable. His deepest interest lies in building healthy biological systems, which are productive, but are also restorative and sustainable, an approach he has woven into the design of the kitchen garden of The Agrarian Kitchen.

We'll have a sumptuous paddock-to-plate lunch at the Agrarian Kitchen, a restaurant committed to reconnecting the kitchen with the land. The restaurant is on a 5-acre working farm with an extensive vegetable garden, orchard, berry patch and herb garden. Many heirloom plants are grown using organic principles and rare-breed Wessex Saddleback and Berkshire pigs, Barnevelder chickens, milking goats, a flock of geese and honeybees are also in residence.

After lunch, we travel back to Hobart, where the rest of the day is at leisure. (Overnight Lenna of Hobart Hotel) BL

Day 3: Tuesday 18 November, Hobart – Eggs and Bacon Bay – Cygnet – Huon Valley – Hobart

- Private garden of Anne Le Fevre, Eggs and Bacon Bay
- Light lunch at the Old Bank Cygnet Café
- Crawleighwood Nursery and Garden, Huon Valley

This morning we journey to Eggs and Bacon Bay situated within the Huon Valley to visit Anne Le Fevre's garden. Around November and December, a yellow wildflower with streaky red petals (family Fabicea) named "eggs-and-bacon" covers the slopes above the bay. The ground is rock hard and nutrient-poor so Anne built it up with layers of seaweed. Tasmania is one of the few places in Australia where seaweed can be legally collected from the coast. Much of the success of Anne's garden comes from her bold use of colour from tough perennials like Aquilegias, Penstemons and Alstroemerias or Peruvian Lilies. Anne is also an artist, a talent that shows in her garden. Her favourite 'installations' are her faux pond, which she created



by setting an old wardrobe mirror on the ground and surrounding it with a mixture of rocks and plants; and her toadstools made from stumps topped with rocks.

Following a light lunch at the Old Bank Cygnet Café we travel to Crawleighwood, at Nicholls Rivulet in the Huon Valley. Here, Penny Wells and Pavel Rusicka have created a 2-hectare garden comprising rhododendrons, Japanese maples, woodland perennials, rainforest species and native Tasmanian plants. Crawleighwood contains at least one specimen of each Tasmanian conifer, including the iconic Huon pine. (Overnight Lenna of Hobart Hotel) BL

Day 4: Wednesday 19 November, Hobart – Collinsvale – Hobart

- Private Garden of Janette Good
- Allport Library & Museum of Fine Arts with Curator Caitlin Sutton
- Presentation by botanical artist, Lauren Black at the Allport Library & Museum of Fine Arts (to be confirmed)
- Tasmanian Museum & Art Gallery: John Glover Paintings

This morning we travel to a private garden at Collinsvale, situated in the foothills of Mount Wellington and only 25 minutes from Hobart. At an elevation of 350m above sea level it is in a picturesque valley with panoramic mountain views. Once apple orchards, Janette and Jason Good started with a blank canvas over 18 years ago and have transformed this private garden into over an acre of English cottage style garden with many twisting paths, arbours, ponds and a stream. It is truly seasonal with a wide array of plants and trees. There are also lots of animals to enjoy, including chickens, ducks, a pony and donkey. Certainly a garden to relax in and take in the fresh air.

Next we drive back to Hobart where we will visit the Allport Library & Museum of Fine Arts which holds a collection of significant Tasmanian paintings of the Georgian era (including works by John Glover and a portrait of him), along with rare books, manuscripts, early photographs and furniture. Curator Caitlin Sutton will prepare for our visit a special collection of rare books and sketches. One of Allport's treasures is William Buelow Gould's *Sketchbook of Fishes*, a UNESCO document of world significance.

We also meet with Lauren Black, one of Australia's most accomplished botanical illustrators, who will show us examples of her work, and view a collection of historic Tasmanian watercolours by the renowned botanical artist Margaret Hope whose work was intended for publication in the 1880s.

After lunch at leisure we visit the Tasmanian Museum & Art Gallery and see John Glover's paintings. It is a combined museum, art gallery and herbarium which safeguards the physical evidence of Tasmania's natural and cultural heritage, and the cultural identity of Tasmanians. TMAG is Australia's second-oldest museum and has its origins in the collections of Australia's oldest scientific society, the Royal Society of Tasmania, established in 1843. The first permanent home of the museum opened on the corner of Argyle and Macquarie streets in 1863 and the museum has gradually expanded from this corner to occupy the entire city block. (Overnight Lenna of Hobart Hotel) B

Freycinet National Park - 1 night

Day 5: Thursday 20 November, Hobart - Moonah - Broadmarsh - Freycinet National Park

- Private Garden of Susan McKinnon, Moonah
- Weston Farm, near Broadmarsh



This morning we the private garden of Susan McKinnon within the suburbs of Hobart. Her garden was developed from scratch over the last 22 years and contains a mandala vegetable garden, complete with chook dome in the centre of the garden, perennials and ornamental grasses, a small woodland garden, bespoke glasshouse and espaliered fruit trees. Over many years, she has collected unusual and interesting plants which feature in her garden.

Nearby is Weston Farm, a small family business specialising in exquisite Peony roses, award-winning extra virgin olive oil and fresh farm produce. Horticulturist-turned-farmer Richard Weston and his wife Belinda purchased the farm in 1992 and transformed a bare 5.3-hectare property, about 30 minutes north of Hobart, into a successful mixed enterprise. In 2012 Richard was awarded the prestigious 2012 Nuffield Scholarship sponsored by Impact Fertilisers and the Tasmanian Government to investigate white asparagus production for the gourmet market, and in 2016, Weston Farm won the Delicious Produce Awards for their Smoked Paprika.

Richard and Belinda will show us their beautiful working farm where everything conforms to organic and sustainable farming practices. Beyond the house and vegetable garden is the olive grove and open fields of peonies which will be at their peak when we visit. Weston Farm has over 30 different varieties, colours and forms, varying from soft voluptuous double pinks, dramatic bright crimson, delicate single whites, antique semi double corals and everything in between. They send them all over Australia as they are one of the favourite flowers of brides.

We shall then enjoy a lunch in the garden and sample some of the fresh farm produce that the family grows for fine restaurants such as The Source at MONA and their own café, Pigeonhole, in Hobart.

In the late afternoon we continue our drive to the Freycinet Lodge at Coles Bay, located within the Freycinet National Park and overlooking Great Oyster Bay. (Overnight Freycinet Lodge, Freycinet National Park, Coles Bay) BLD

Launceston - 2 nights

Day 6: Friday 21 November, Freycinet National Park – Wineglass Bay – Ross – Launceston

- Boat Cruise around Freycinet Peninsula to Wineglass Bay
- Historic town of Ross incl. Ross Bridge

Today we take a cruise around the Freycinet Peninsula to Wineglass Bay. The waters surrounding Freycinet National Park are home to diverse and remarkable wildlife such as sea eagles roosting on the granite cliffs, dolphins, cormorants and Australian fur seals. We might see whales, such as the humpback and southern right, as they migrate between September to December and May to July. Diverse birdlife to be spotted includes albatross, shearwaters, diving gannet and little penguins. We will enjoy lunch on the boat.

After the boat cruise we travel north to the Peppers Seaport Hotel in Launceston, a waterfront hotel built on a former dry dock at the confluence of the North Esk, South Esk and Tamar Rivers. En route we make a short stop in the historic town of Ross. Located in the Midlands, on the Macquarie River, it is noted for its historic bridge completed in 1836 by convict labourers and designed by architect John Lee Archer, and for its original sandstone buildings. (Overnight Peppers Seaport Hotel, Launceston) BL

Day 7: Saturday 22 November, Launceston – Longford – Deddington – Launceston

• Brickendon: A World Heritage-listed Colonial Farm Village, Longford



• John Glover's house 'Patterdale'

Brickendon, like Woolmers, was settled by William Archer, in 1824 and has been owned and farmed by the same family for over 180 years. Members of the fifth generation of Archers are now tending the gardens. We'll see the convict buildings of the farm village and check out the roses, shrubs and some of the oldest trees in Australia including oaks, elms, pines, cedars, yews and lindens and gardens with cool climate specialty plants like old fashioned roses and clematis.

Following this visit we travel to Deddington where John Glover built his house, 'Patterdale'. We will not only see where he painted but also the garden and landscape that inspired him. Glover Country covers an area of 4000ha, which includes the original land grants of Glover and his neighbour Robert Pitcairn of Nile Farm. The area is now listed by Heritage Tasmania as both a built and natural cultural site. Glover possibly chose this land due to its picturesque views in all directions, fertile valleys and rolling hills surrounding Nile River. (Overnight Peppers Seaport Hotel, Launceston) BL

Cradle Mountain - 2 nights

Day 8: Sunday 23 November, Launceston – Nook – Cradle Mountain

- Private garden of Jane and Peter Westren, Nook
- 'Devils@Cradle' Tasmanian Devils Sanctuary

We begin today with a visit to the private garden of Jane and Peter Westren. The garden is nestled amid gently rolling hills and encompasses nine hectares, with three dedicated to sheep paddocks, the house, and the garden itself. The remaining six hectares are untouched bushland, a haven of towering gum trees and enchanting glades of man ferns (Dicksonia antarctica). Jane and Peter started with a 'home yard', but their vision expanded quickly. Penstemons are a prominent feature in the garden, and roses thrive in one of the large, enclosed spaces, their vibrant blooms surrounded by beds of self-seeding annuals, including cosmos, scabiosa, and snapdragon. Other beloved plants in the garden include salvia and dahlia, their flowers bringing bursts of colour for many months. These vibrant blooms are interspersed with airy gaura and Japanese windflower. A productive hedge of native pepperberry (Tasmania lanceolata) frames the garden, its berries harvested in autumn and dried for use as an alternative to peppercorns.

In the afternoon we continue our journey west to Cradle Mountain-Lake St Clair National Park, an integral part of Tasmania's World Heritage area. The region is characterised by rugged peaks, deep gorges, glacial lakes, heathlands, Button grass moors and ancient forest. We will meet Tasmania's most famous animal, the Tasmanian devil. They look cute and cuddly but have a ruffian personality. We'll also learn about the devastating facial tumour disease threatening these Tassie natives. (Overnight Cradle Mountain Hotel) BD

Day 9: Monday 24 November, Cradle Mountain – Nietta – Cradle Mountain

- Dove Lake Park Explorer Tour at Cradle Mountain-Lake St Clair National Park including Waldheim Chalet and Weindorfers Forest Walk
- Kaydale Lodge Gardens, Nietta

Early this morning our coach takes us to Dove Lake for a visit and a chance to take some photographs of this iconic scenery. A six-kilometre track, with much of it boarded for easy walking, circles the lake under the towering shadow of Cradle Mountain. The track also meanders through the tranquil Ballroom Forest where myrtle-beech trees are festooned in moss, and Glacier Rock can also be viewed from it. We'll be on the lookout for Australia's only cold-climate deciduous tree. *Nothofagus gunnii* is also known as tanglefoot as



bushwalkers sometimes get caught in its twisted, ground-hugging branches. You'll only find it in Tasmania!

We'll return briefly to the hotel before setting out for Kaydale where we will enjoy lunch in this 2-hectare garden created by two garden-obsessed generations of the Crowden family. The four gardeners have their own interests and gardens include a grand rockery with a waterfall, one of Tasmania's best collections of deciduous trees, a vegetable patch, a pear walk with 27 espaliered trees, woodlands garden with a stream and Japanese style zen garden with raked gravel and bonsai. Featured plants in November include peonies and waratah. You will marvel at the energy and enthusiasm of the younger generation as the two women create all the rock walls and stone paving. (Overnight Cradle Mountain Hotel) BLD

Launceston - 1 night

Day 10: Tuesday 25 November, Cradle Mountain – Barrington – Westbury – Launceston

- Jennifer Stackhouse's Garden, Barrington
- Private garden of Peter Wright, Westbury

Jennifer Stackhouse is a renowned Australian garden writer, editor and author of several gardening books who moved from NSW in July 2014 to a one-acre garden in Tasmania's lush northwest. She was attracted by the timber Federation home set in an old garden with a small orchard and mature trees that had been lovingly planted and tended for 28 years by keen gardeners. The area she now calls home enjoys a cool climate with high rainfall and has rich red soil. We'll be able to admire foxgloves, poppies, peonies, clematis, roses, rhododendrons and dogwoods, hear about the changes she has made and what it's like making a 'cool' change.

We then drive to Westbury to visit the private garden of Peter Wright. This is a designed new garden with pavilions and axis, and 40 year old English trees over three acres. Peter is 100% off grid and has built his whole garden around an empty space where his house is being constructed. Peter will kindly host us for lunch before showing us around. (Overnight Peppers Seaport Hotel, Launceston) BL

Day 11: Wednesday 26 November, Launceston - Relbia - Launceston Airport

- Queen Victoria Art Gallery (QVMAG) incl. Glover Sketchbooks (by special appointment)
- Farewell Lunch at Josef Chromy Wines
- Transfer to Launceston Airport (arrival approx. 1530hrs)

Today we begin with a visit to the Queen Victoria Art Gallery. As part of its 130th birthday celebrations QVMAG launched a new flagship exhibition at the Art Gallery. The exhibition deploys a dynamic and immersive mix of old and new art, which brings the histories, identities and stories of Northern Tasmania into a fresh and contemporary context. Colonial artists such as John Glover, William Piguenit, Gladstone Eyre, Joshua Higgs & Robert Dowling are represented as are Australian artists Ben Quilty, Tom Roberts, Fred Williams & Rick Amor.

We finish our tour with a farewell lunch at Josef Chromy Wines, set among old English gardens and stands of 100-year-old oak trees, and overlooking a picturesque lake and vineyard. Acclaimed as one of Australia's top 10, the cellar door is housed in the original 1880s homestead. The restaurant matches the best local regional produce with award-winning cool climate wines.

Our tour officially concludes at the Launceston Airport, arriving at 3.30pm. BL



Accommodation

All hotels provide rooms with private facilities. A hotel list will be given to all participants prior to departure, in the meantime a summary is given below:

- Hobart (4 nights): 4-star Hotel Lenna of Hobart built in 1874, this sandstone mansion converted into a heritage hotel, is located near Hobart's vibrant waterfront and only a few metres from Salamanca Place, home to Australia's largest outdoor market and fine eateries.
- Freycinet National Park (Coles Bay) (1 night): 4-star Freycinet Lodge cabin accommodation overlooking Great Oyster Bay within Freycinet National Park just past Coles Bay.
- Launceston (2 nights): 4-star Peppers Seaport Hotel a modern waterfront hotel built on a former dry dock at the confluence of the North Esk, South Esk and Tamar rivers.
- Cradle Mountain (2 nights): 4-star Cradle Mountain Hotel nestled within breathtaking alpine forest in the central highlands of Tasmania.
- Launceston (1 night): 4-star Peppers Seaport Hotel a modern waterfront hotel built on a former dry dock at the confluence of the North Esk, South Esk and Tamar rivers.

Note: Hotels are subject to change, in which case a hotel of similar standard will be provided.

Single Supplement

Payment of this supplement will ensure accommodation in a double/twin room for single occupancy throughout the tour. People wishing to take this supplement are therefore advised to book well in advance.



Tour Map





Tour Price & Inclusions

AUD \$8790.00 Land Content Only – early bird special book before 31 October 2024

AUD \$8990.00 Land Content Only

AUD \$1590.00 Single Supplement

Tour Price (Land Content Only) includes:

- Accommodation in twin-share rooms with en suite bathroom in 4-star hotels
- Meals as indicated in the tour itinerary where: B=breakfast, L=lunch & D=dinner
- Drinks at welcome and farewell meals. Other meals may not have drinks included.
- Transportation by air-conditioned coach
- Departure airport transfer to Launceston Airport arriving at 3.30pm
- Boat cruise at Freycinet National Park
- Porterage of one piece of luggage per person at hotels (not at airports)
- Lecture and site-visit program
- Entrance fees
- Use of audio headsets for site excursions
- Tips for the coach driver, local guides and restaurants for included meals

Tour Price (Land Content Only) does not include:

- Airfare to Hobart and from Launceston
- Personal spending money
- Arrival transfer from Hobart Airport to hotel
- Luggage in excess of 20kg (44lbs)
- Travel insurance







Fitness Criteria & Practical Information

Fitness Level

Level 1 - Active For people with active lives and good mobility

You must be able to:

- manage at least five hours of physical activity per day with ease.
- walk at a regular pace on flat or undulating terrain; some stretches may include steeper slopes.
- keep up with the group at all times.
- climb a few flights of stairs without duress.
- cope with a daily schedule which generally involves an early-morning departure (between 8.00-8.30am), concluding in the late afternoon (between 5.00-5.30pm)
- board/alight coaches and boats with steep steps unassisted.
- contend with a shower over a bath; walk-in showers may not be available at all hotels.
- manage your own luggage at some hotels.

Fitness Levels

Please also view the fitness criteria required for our tours, graded from Level 1 to Level 3, at www.asatours.com.au/fitness-level/

All ASA tours are active programs suitable for people with a good level of mental and physical fitness and good mobility. They are not suitable for people who lack stamina, have difficulty walking at the group's pace or who have mobility issues. An unavoidable aspect of every tour is the need to manage walking, stair-climbing and standing for long periods of time.

It is a condition of travel that all participants agree to accept ASA's directions in relation to their suitability to participate in activities undertaken on the tour, and that ASA retains the sole discretion to direct a tour



participant to refrain from a particular activity on part of the tour. Before enrolling on an ASA tour please read the fitness requirements carefully.

Booking Conditions

ASA RESERVATION APPLICATION FORM

Please complete the ASA RESERVATION APPLICATION and send it to Australians Studying Abroad together with your non-refundable deposit of AUD \$500.00 per person payable to Australians Studying Abroad.



Reservation Application

TOUR NAME

TOUR DATES _

Please complete **one application, per person in block letters and sign**. Parental signature is required for participants under 18 years of age. Please mail this form with the appropriate deposit to: **PO. Box 8285, ARMADALE, VICTORIA, 3143**. On receipt of this Reservation Application and deposit, ASA will process your booking and if approved, send you a tour confirmation.

Applicant Details (as in passport) TITLE Mr Mrs Ms Miss Dr Other					
EMAIL address					
Covid Certificate It is a condition of travel that all ASA travellers are fully vaccinated against Covid-19. Participants must send ASA a copy of their vaccination certificate at the time of submitting their Reservation Application Form. A copy of my current Covid certificate is enclosed.					
 Travel Plans I will be arranging my airfare independently and taking the Land Content Only option. Please contact ASA if you require any assistance with pre- or post-tour accommodation. 					
Tour Accommodation (rooming preferences) I/we would like: a twin-bedded room a double-bedded room a room for sole occupancy I am travelling: on my own with a friend/family member Travel Companion					
Meals Please X the box if you CAN NOT eat any of the following: I do not have any specific dietary requests fish poultry red meat dairy products Allergies: Refer to the Medical Information Other Other Description					
Correspondence Your preferred method of correspondence Postal Mail Email Address					
Emergency Contact Details Note: this person MUST be available by telephone and be present in Australia for the duration of your tour with ASA Name					
TEL. (AH) () TEL. (BH) () Mobile Tel: EMAIL address					



Medical Information

The purpose of seeking this information is to assist ASA to determine, where necessary, whether ASA is able to make reasonable adjustments to accommodate your specific needs and whether your health and safety (or that of your fellow travellers) is likely to be compromised given your choice of tour. It will also assist you and ASA if you fall ill or have an accident whilst travelling.

- ASA reserves the right to decline your Reservation Application if this Medical Information section is not completed properly and may reject or cancel your reservation, or terminate your participation on any tour, if ASA subsequently learns that you have failed to make full and proper disclosure.
- ASA is committed to protecting the privacy of your personal information. ASA's privacy policy is available for viewing at www.asatours.com.au
- If ASA has any concerns about the information you have provided, it will contact you to request clarification before considering your Application.
- ASA requires you to consider carefully your limitations in light of ASA's Physical Endurance Star Rating System in ASA's Brochure and Itinerary when choosing your tour.
- If you are not likely to satisfy ASA's Participation Criteria (see below), ASA, in its sole discretion, may reject your Reservation Application.
- It is a condition of your tour that you agree to accept the directions of ASA's Tour Leaders in relation to your suitability to participate in activities planned on tour.
- ASA reserves the right to cancel your participation on a tour if your behaviour is in ASA's opinion causing undue distress or damage to any person or their property.
- If your participation is discontinued during a tour, ASA will assist by arranging your onward travel (if required) at your own cost, but you will not be refunded for forfeited parts of the tour.
- ASA tour groups are not accompanied by a medical practitioner. ASA recommends that you see your doctor for advice about your specific needs while overseas. You may also wish to contact a travel and vaccination clinic for advice. www.traveldoctor.com.au tel:1300 658 444; www.travelvax.com.au tel: 1300 360 164.
- Travel insurers require you to declare all existing medical conditions.
- Please carry a complete list of medications with you during the ASA tour. Include generic names of each medication (consult your local pharmacy for information).

Please mark \mathbf{X} in the YES or NO box to every question below and provide details where necessary:

Participation Criteria

To participate in an ASA tour, you must be reasonably fit, in good health and able to participate in all activities without assistance from Tour Leaders or other tour members. You must also be fully vaccinated against Covid-19. If you require assistance, a fit and able travel companion must undertake to accompany and assist you with all tasks for the duration of the whole tour. The responsibility of the Tour Leader is to ensure that the larger group enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing individual assistance to any one guest.

1.	Can you walk and stand unassisted for at least 2-3 hours a day in hot, humid conditions?	\bigcirc	0
2.	Can you walk unassisted on and over uneven surfaces?	\bigcirc	\bigcirc
3.	Can you climb at least 3 flights of stairs and/or walk up and down steep slopes unassisted?	Õ	Õ
4.	Can you walk at a steady pace and no less than 1km every 15 - 20 minutes unassisted?	\bigcirc	0
5.	Can you organise, manage and carry your own luggage?	\bigcirc	\bigcirc
6.	Can you follow and remember tour instructions and meet punctually at designated times and places?	Ο	0
7.	Can you administer your own medication?	\bigcirc	0

8.	You do NOT have impaired vision or hearing which may	
	impact your capacity to participate on this tour?	

Mobility and Fitness

As many of ASA's international sites do not provide access to wheelchairs or similar mobility aids, we regret that ASA tours are not suitable for people who require the use of a walking frame, wheeled walker, wheelchair or motorised scooter.

1. Do you suffer from any medical conditions that may compromise your mobility and/or fitness to participate on this program?

If yes, how will you manage this on tour?

Allergies and/or Food Intolerances

ASA will make reasonable endeavours to organise meals to suit you, provided that you give ASA adequate notice of your specific dietary requirements or allergies. You may be required to research dietary alternatives, as not all destinations may be able to offer suitable food substitutes.

YES NO

YES NO

- 1. Do you have any food allergies or intolerances? If yes, please specify
- 2. Have you ever had an anaphylactic reaction to anything? If yes, please specify

Do you carry an epipen?

 Do you have any other allergies or reactions to anything, including medical drugs?
 If yes, please specify

Existing Medical Conditions

You alone are responsible for managing any existing medical conditions, your medication and any medical equipment that you may need when on your tour. Please plan for contingencies and take extra medication, dietary supplements and/or fully charged batteries for medical equipment if your health and safety depends on these. You should take into consideration that power sources at some destinations may be unavailable, inadequate, inconvenient or unreliable.

 Have you any significant medical conditions that may impact your capacity to complete this tour? If yes, please specify

If yes, how will you manage this on tour?

2. Do you require some form of powered medical aid, such as a CPAP machine?

These machines may not be operable on certain international flights, modes of transport, in remote or other areas with inadequate or unreliable power sources without a fully charged independent long life battery or batteries.

Diabetics: You may be travelling and sightseeing for many hours at a time. Insulin dependent diabetics must carry extra supplies of insulin (as this medication cannot be obtained in some destinations), regulators, applicators, storage and refrigeration equipment, as well as any necessary supplements. Accommodation may not provide refrigerators in rooms.

3. Are you diabetic?

VES NO

Are you insulin dependent?

Do you suffer from travel sickness?
 Remember to use an appropriate medication while on tour.



Declaration, Liability and Booking Conditions

Declaration

I declare that: I have read and understood the ASA Tour Itinerary, Reservation Application and Booking Conditions. I am aware of ASA's terms as relating to refunds, cancellations, responsibility and liability. I understand that ASA relies upon this declaration when considering this Application. I accept the inherent dangers, risks and uncertainties in travel and those beyond ASA's control and understand they may occur before or during any tour. I have made full and complete disclosure and have not knowingly withheld any medical information about myself from ASA. I have completed this Reservation Application honestly and accurately. I warrant that I am able to participate independently in all activities described by ASA in the itinerary without assistance from any person.

I will advise ASA in writing if any aspect of my fitness and or health conditions change materially at any time before my departure date. I understand and accept that the itinerary, accommodation and lecturers scheduled for this tour may change.

I agree and consent that ASA may give my personal information in this Reservation Application to tour service providers and relevant authorities as required by law, but only for the purpose of making bookings with and engaging services associated with the tour. I understand that if I do not consent to the use of my personal information for this purpose, ASA will decline my Reservation Application.

In consideration of ASA's acceptance of my Reservation Application, I irrevocably release and indemnify ASA from all claims that I, or any other party, may have against ASA its employees, invitees, agents and contractors, however arising in respect of any loss, damage, injury, death or expense incurred in the course of booking, preparing for, travelling to, on and from or cancelling any tour.

I release and indemnify ASA with respect to:

- 1. Every general risk to which I or my personal belongings may be exposed in the course of preparing for, travelling to, on or from any ASA tour;
- 2. Every special risk, in particular medical risks, to which I may be exposed in the course of preparing for, travelling to, on or from any ASA tour arising from, including, but not limited to:
 - a. intermittent power cycles and/or the temporary or permanent loss of power (beware CPAP or any other medical machine users);
 - b. dietary, food or other allergies (ASA cannot guarantee that traces of items to which you are allergic are not present in food or drink you are served, medication you are administered or other substances with which you may come into contact);
 - c. any event or situation that may compromise the administration of necessary medication or my health, safety and wellbeing generally; and
 - d. any event or happening beyond ASA's control
- 3. All claims arising as a result of my or ASA's cancellation or termination of any tour, part of a tour or of my continued participation on a tour for any reason (subject to ASA's refund conditions below).

Limitation of Liability

ASA is not a carrier, event or tourist attraction host, accommodation or dining service provider. All bookings made and tickets or coupons issued by ASA for transport, event, accommodation, dining and the like are issued as an agent for various service providers and are subject to the terms and conditions and limitations of liability imposed by each service provider. ASA is not responsible for their products, services, terms and conditions. If a service provider cancels or does not deliver the product or service for which you have contracted, and does not give a refund, your remedy lies with the service provider, not ASA.

ASA will not be liable for any claim (e.g. sickness, injury, death, damage or loss) arising from any change, delay, detention, breakdown, border closures, cancellation, failure, accident, act, omission or negligence of any tour service provider or authority however caused (contingencies). You must take out such travel insurance as is available against such contingencies.

ASA's liability in respect of any tour cancelled or changed will be limited to the partial refund of amounts you have paid, less an administration fee of \$500 and other costs and charges of third party service providers. No compensation will be payable to you by ASA where ASA cancels or changes a tour, or any part of a tour.

ASA reserves the sole discretion to cancel any tour or to modify itineraries in any way it considers appropriate and in the best interests of health, safety and wellbeing of tour participants. Tour costs may be revised, subject to unexpected price increases or exchange rate fluctuations.

Booking Conditions

DEPOSITS

A non-refundable deposit of \$500.00 AUD per person is required to reserve a place on an ASA tour.

CANCELLATION FEES

If you cancel your booking the following charges apply:

More than 75 days before departure: your initial deposit of 500.00 is non-refundable.**

75-31 days prior 50% of total amount due

30-0 days prior 100% of total amount due

**\$250.00 of this amount (ie 50% of your deposit) may be credited to another ASA tour departing within 12 months of the original tour you booked. We regret, in this case early-bird discounts will not apply.

We take the day on which you cancel as being that on which we receive written confirmation of cancellation.

UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions or services of the tour, such as meals, entry fees, accommodation, flights or transfers.

WILL THE TOUR PRICE OR ITINERARY CHANGE?

If the number of participants on a tour is significantly less than budgeted, or if there is a significant change in exchange rates ASA reserves the right to amend the advertised price. We shall, however, do all in our power to maintain the published price. Occasionally circumstances beyond the control of ASA make it necessary to change airline, hotel or to make amendments to itineraries. We will inform you of any changes in due course.

TRAVEL INSURANCE

ASA requires all participants to obtain comprehensive travel insurance. A copy of your travel insurance certificate and the **reverse charge** emergency contact phone number must be received by ASA no later than 75 days prior to the commencement of the tour.

FINAL PAYMENT

The balance of the tour price will be due 75 days prior to the tour commencement date.

PLEASE READ THE ABOVE CAREFULLY, PRINT AND SIGN BELOW

I accept the conditions on this booking form

I have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I am able to meet these requirements

Applicant's Signature

Print Full Name

Dated



Payment Form

Tour / Course Name

lame of Traveller 1			
lame of Traveller 2			
have enclosed a payment to the value of (including CC or bank fee if applicable) for this tour			
The above amount is payable for:			
Intention to Travel Tour Deposit			
Balance of Payment Upgrade from Intention to Travel to a Deposit			
Travel Insurance Other (eg. Airfares, Accommodation)			

International Payments

Welcome to our international travellers! If you are making a payment and do not have an Australian bank account/credit card, we can only accept payment as follows:

- via credit card with the applicable fee the credit card company/bank will set the exchange rate
- via bank transfer; please give your surname and tour code (eg.Smith 21705) as a reference and ask your bank to allow for all charges. Bank cheques or personal cheques will not be accepted.

By Cheque (accept Australian cheques only) Please make cheques payable to <i>Australians Studying Abroad</i>	Credit Card Payment Credit card fees apply: Mastercard, Visa & American Express 2%		
 Direct Deposit or Internet Banking You will need to: Provide your bank with ASA's bank details (see below) and the amount you wish to transfer OR make a direct deposit through any ANZ branch Include any fees levied by the banks Provide a reference number (Mobile or last name recommended). 	Please debit my: Mastercard Visa American Express I authorise ASA to debit my credit card for the amount due plus the applicable fee as above Credit Card Number Credit Card Number Expiry Date Security Code (CVC)		
 Complete section below, including confirmation no. (given when transaction completed). 	Bank the Card is linked to (eg. NAB or ANZ)		
Australians Studying Abroad bank details	Cardholders Name		
BankANZBranch420 St Kilda Road, Melbourne VicSwift CodeANZBAU3MBSB013-423	Cardholders Billing Address		
Account No 3472-32759	Postcode		
Bank confirmation No.	State Country Phone		
Reference used: Mobile or last name recommended	Email		
Date Money Transferred	Cardholders Signature		

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